# Mobile based Health Information Staying Healthy for Staying Productive

# Nokia Life

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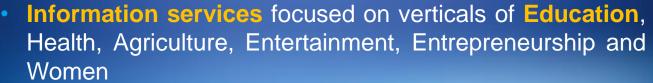
# Nokia Life in Brief







 100+ Million User base; Service Live in India, China, Indonesia, Nigeria, Kenya





Pre-embedded in millions of Nokia devices and Works anywhere with GSM coverage







# Content and Knowledge Platform



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Health

**Agriculture Entertainment**  **Entrepreneurship** 

Women



Learn English

**Exam Preparation** 

General Knowledge



**Live Healthy** 

**Parenting Advice** 

**Pregnancy** 

**Advice** 



**Market Prices** 

Weather

News and Advice



Music

News

**Sports** 



**Finance & Accounting** Communication

Networking & Marketing



Small business Health Life Skills

**Personalization** 

User data and demographics applied to make information personal

Localization

12 Million + unique messages delivered daily in 18 languages

Content

Relevant, reliable, profound, customized and fresh content information

Knowledge

Pedagogic framework to deliver easy to understand messages

# Strong Ecosystem



## **Knowledge Partners**

# **Accreditors**

### **Developmental Agencies**

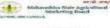
### **Information Sources**







































Cultural Organization .

















90+ Knowledge partners, 18 languages

## 20 Operators across 5 Countries



































# Health Services Portfolio



# Focused on Health Information for a Productive Life



Services

# **Live Healthy**

- Get tips on personal and household hygiene, common ailments, fitness, diet and well being
- Gender and age specific health tips to help you stay fit
- •Daily content delivered in local language



- Holistic child development information catering to physical, cognitive and social developmental needs
- •Get information on important milestones related to child growth
- Being a Parent information



# Gender Specifi

### **Pregnancy**

- •Be informed on what to expect from pregnancy and parenthood
- •Get information on important milestones related to child growth in pregnancy
- Understand nutritional and development needs of self and child

### Men's Health

•General Health Knowledge Designed for Men.

### Women's Health

•General Health Knowledge Designed for Women.



Specializeo

### **Health Topics**

- Be informed on select health topics most relevant for your country
- •Topics like Diabetes, Healthy Heart, Respiratory Health, Hepatitis, HIV, etc.
- Get tips that reduce the risk factors the onset of or help you to cope with certain health conditions



# Behavioural change through information



# Constant need for information in all health conditions

DIAGNOSIS

FIRST TREATMENT MEDICATION ADHERENCE

**COMPLICATIONS** 

**OUTCOME** 

AT ALL STAGES OF ILLNESS



# Nokia Life touch points to drive consumer reach and engagement









### Life+ WAP



### Life+ Webapp



Relevant, lifeenhancing information

Delivered via easy to adopt and consume experience

Gets people to richer mobile internet, in data efficient manner

# mHealth Initiatives from Nokia Life

Creating the first wave of awareness aimed at behavioural change



mDiabetes programme in collaboration with Aarogya world and Clinton Global Initiative – to create the first wave of awareness among masses towards behavioural change



### User feedback:

 More than 90% said they found the information valuable, and 85% said they would share the messages with friends.

# Campaign started on November 2012

- One million consumers enrolled; 185,691 consumers already completed six months programme in May 2013
  - Over 45 million text messages have been sent
  - Pre-intervention, interim and post-intervention evaluation





# mHealth Initiatives from Nokia Life

Field Force Learning & Performance Support



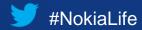
**Info Bidan** – Info Bidan, which literally means Information for Midwives, is a creative pilot program to boost the capacity of Indonesian midwives through a series of Nokia Life messages on maternal and child health.



### User feedback:

- Messages helpful 100% of users
- Messages read and comprehended clearly 98% users
- Messages communicated to patients 97% users

Started on July 2012 until end of June 2013



# mHealth Initiatives from Nokia Life

Public Health Innovation through Collaboration



### Public-Private Partnership: Text Messaging to aid Quitting Smoking in China

Gain access to hard-to-reach low income/rural populations
Develop innovative and effective means to deliver public health interventions
in a highly efficient way. And gains better understanding of priority public health
problems and the solutions



Study commenced on April 2013 and currently on-going

Methodology

- Recruit adult smokers from Nokia Life users
- 2. Participants randomized to control and test arms
- 3. Status on quitting smoking checked at different stages of the program
- 4. Analyze the influences of difference factors to the final outcome



# Successful engagements drive value





Preventive diabetes information in India

1 Million

Indians Reached

85%

found info useful and easy to understand



Info Bidan: Helping Midwives in Indonesia 2 major provinces

All midwives reached

100%

Found messages useful and 98% of them shared with their patients



# Nokia Life alignment with MDGs and more

Focused & targeted reach with relevant information to Millions - each as an Individual



Life Skills and Financial Literacy **Encourage Micro** Entrepreneurship

Hygiene, sanitation, tobacco control and fitness





**Functional English Skills** 

MDG 3: Gender Equality

and Women

**Empowerment** 

MDG 2: Universal **Primary Education**  MDG 5: Improve Maternal Health



Prevent Non-Communicable Diseases



Nokia Life

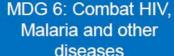




FOUNDATION ( Social CHANGE

MDG 8: Develop Global Partnership for Development

MDG 4: Reduce Child Mortality













# Recognitions and Awards







"Consumer Service Innovation Award" in the "Emerging Markets Service Innovation" category



UNESCO's Policy Guidelines for Mobile Learning & World Economic Forum Global Agenda Council: "Nokia Life is a successful initiative in large scale adoption of mobile learning by over tens of millions of users"



**REVIEWS & MENTIONS:** MIT Sloan Review, USAIDS mAgri, Forbes review,

Center for Health Market Innovations (CHMI)



**ACCREDITIONS:** UNICEF, PLAN and FSC have been involved in content pedagogy and content accreditations





**ASSOCIATIONS:** UN Women, FSC, UNDP, GSMA mWomen, Cherie Blair Foundation

Part of the change leadership and integral technology partners.



