Seminario Latinoamericano GSMA-LA

Dr. Edwin Jimenez Sancho
Presidente IDF-SACA

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Federacion Internacional diabetes

Who we are

Mission:

is to

'promote diabetes care, prevention and a cure worldwide'

Our strategic goals are to:

- Drive change at all levels, from local to global, to prevent diabetes and increase access to essential medicines.
- Develop and encourage best practice in diabetes policy, management and education.
- Advance diabetes treatment, prevention and cure through scientific research.
- Advance and protect the rights of people with diabetes, and combat discrimination

Why act on Diabetes?

- more than 371 million people have diabetes; the number of people with diabetes is increasing in every country;
- half of the people with diabetes are undiagnosed;
- 4.8 million people died due to diabetes, and:
- more than 471 billion USD were spent on healthcare for diabetes.

Why act on Diabetes?

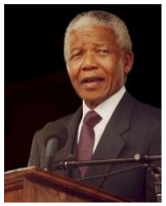
A Growing Pandemic

- It is estimated that worldwide in 2011
  - 366 million adults where diagnosed
  - 183 million people with diabetes were undiagnosed
  - 4.6 million death resulted from diabetes
  - 280 Million adults had prediabetes

By 2030, over 552 million people worldwide will have diabetes

	2011	2030
Total world population (billions) Adult population (aged 20-79, billions)	7.0 4.4	8.3 5.6
World diabetes and IGT (20-79 age group) Diabetes Comparative prevalence(%) Number of people with diabetes (millions	 8.5 366	 8.9 552
IGT Comparative prevalence (%) Number of people with diabetes (millions)	 6.5 280	 6.7 398

Lifestyle modification and dietary intervention: crucial components of therapeutic strategy



‘La educación es el arma más poderosa que podemos usar para cambiar al mundo’
Nelson Mandela

La educación en diabetes es un proceso continuo

- Aprendizaje
- Cambio de comportamiento
- Cambios clínicos
- Cambios en el estado de salud

La educación en diabetes es un proceso continuo

1. Comiendo saludablemente
2. Haciendo Actividad Física
3. Vigilando mis valores
4. Tomando mis medicamentos
5. Encontrando soluciones
6. Reduciendo mis riesgos
7. Adaptándome saludablemente