

Connected Society

Mobile Internet Skills Training Toolkit

A guide for training people in basic mobile internet skills



Accessolity

Bitesize Talning

Accessibility features for people with little or no vision



What is it?



Explain:

"Some people with low or no vision may find it difficult to see what is on the screen. There are features on the phone that can help them. We need to show a variety of options relevant to their needs. Often people use a combination of features."

Materials you will need



Android Phone



Accessibility Features
Posters

What can you use it for?

Explain: "Your mobile phone can help you if you cannot see it. Three of these ways are:"



Magnification (making things bigger on the screen): "Magnification is a function that makes everything on your phone look larger. Many people use magnification to help them view small things. For people with low vision it makes it possible for them to see whats on the screen."

"Michael uses magnification to read the news each day, he finds it easier to read stories with lots of text if the text is 3x normal size"

BITESIZE - ACCESSIBILITY FEATURES



Making the phone speak aloud: "'TalkBack' is when you can listen to your phone without needing to see the screen. When you do something on your phone it will speak to you and tell you what is happening, it will also vibrate to let you know what is happening."



• Changing colours and contrasts: "Some people find it difficult to see some colours and contrasts making it difficult to read what is on the screen. You can change the way the colour on the phones look to make it easier to use."

when using WhatsApp or email. She finds that she makes fewer mistakes



How does it work?

- **Ask** the person what they would like to do with their phone
- Trainer to check whether the trainee's phone has the accessibility features set up

Accessibility features for people who are hard of hearing or deaf





Explain:

"People who are hard of hearing or deaf can use phones like anybody else as mobile phones have features that can help."

Materials you will need



Android Phone



Accessibility Features Posters

What can you use it for?

Explain: "Your mobile phone can help you if you cannot hear it. Three of these ways are:"



• Amplification: "If you find it hard to hear what people are saying around you, your Android phone can help. There is something called 'Sound Amplifier' that will make sounds clearer for you to hear."

BITESIZE - ACCESSIBILITY FEATURES



Captions: "When your phone is playing a video or audio, you can turn on 'captions'. This means you can see the words on the screen of what is being said. It is very helpful when people find it difficult to hear a song or a video."



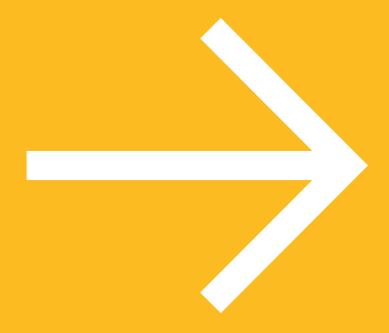
• Transcription: "Live Transcribe' is similar to captions. It means that when people are talking you can see text on the screen of what they are saying. For people with a little hearing or no hearing, 'Live Transcribe' can be very useful."

Make it relevant to the trainee: discuss how these features could be beneficial in the trainee's own life.



How does it work?

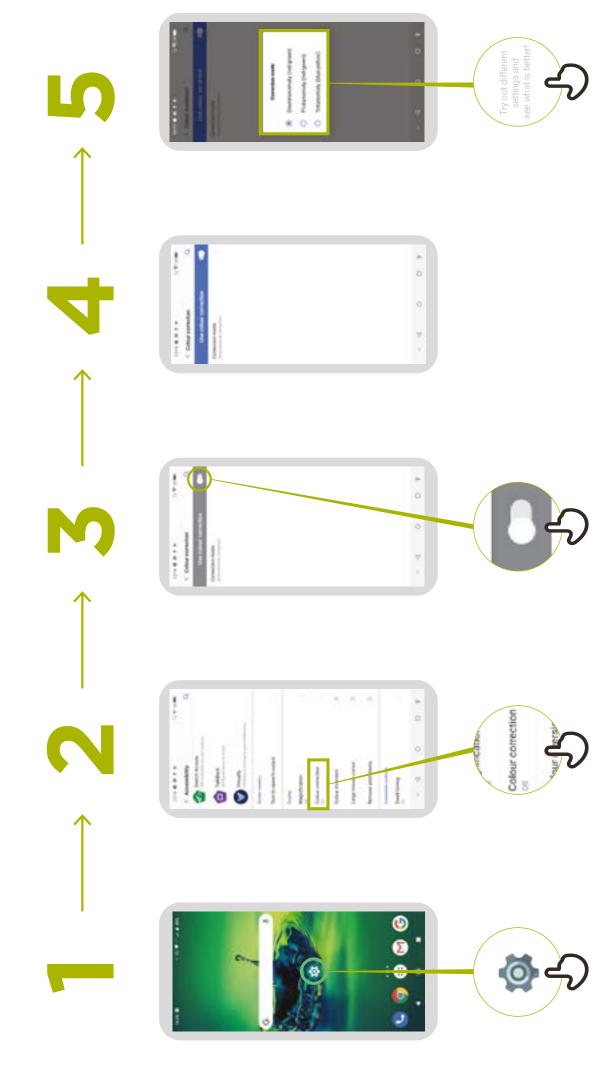
- **Ask** the person what they would like to do with their phone
- **Trainer** to check whether the trainee's phone has the accessibility features set up



Posters Cut-outs And Info-sheets

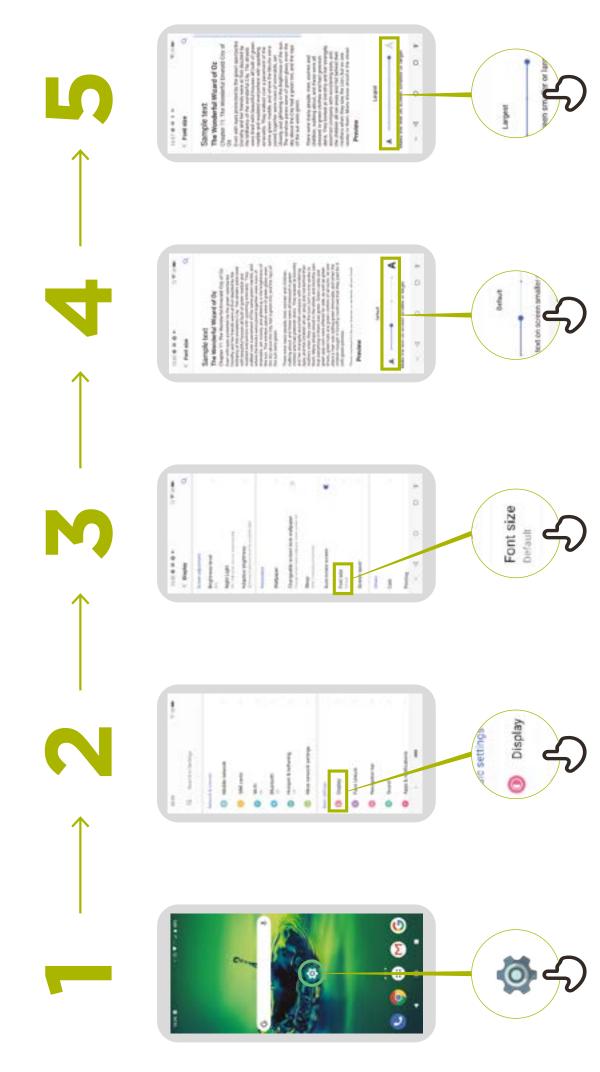
Changing and correcting colours





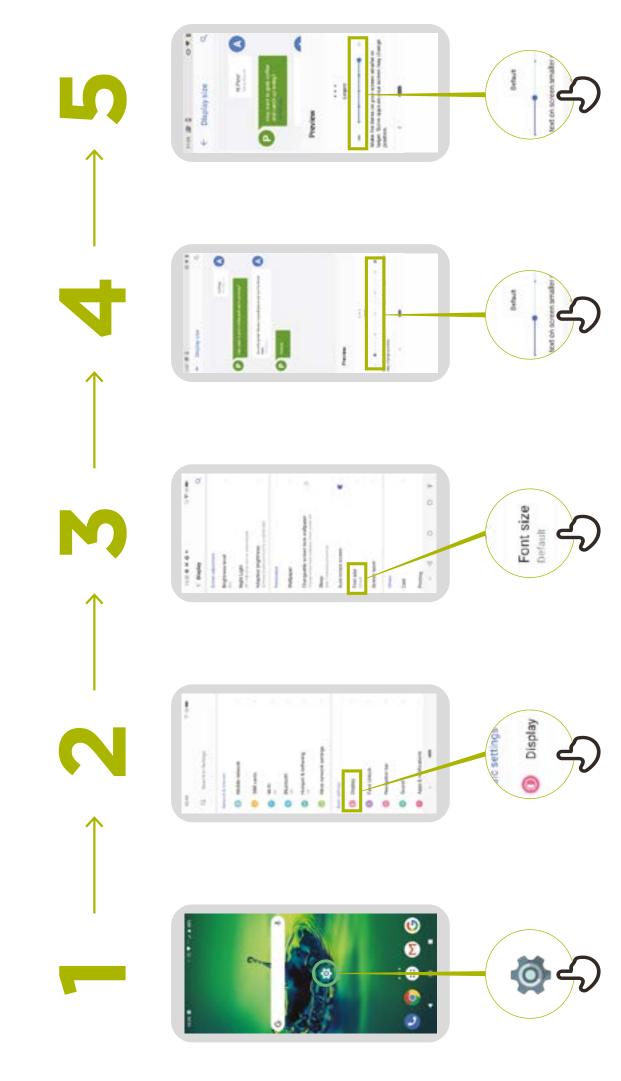
Changing font sizes





Changing display





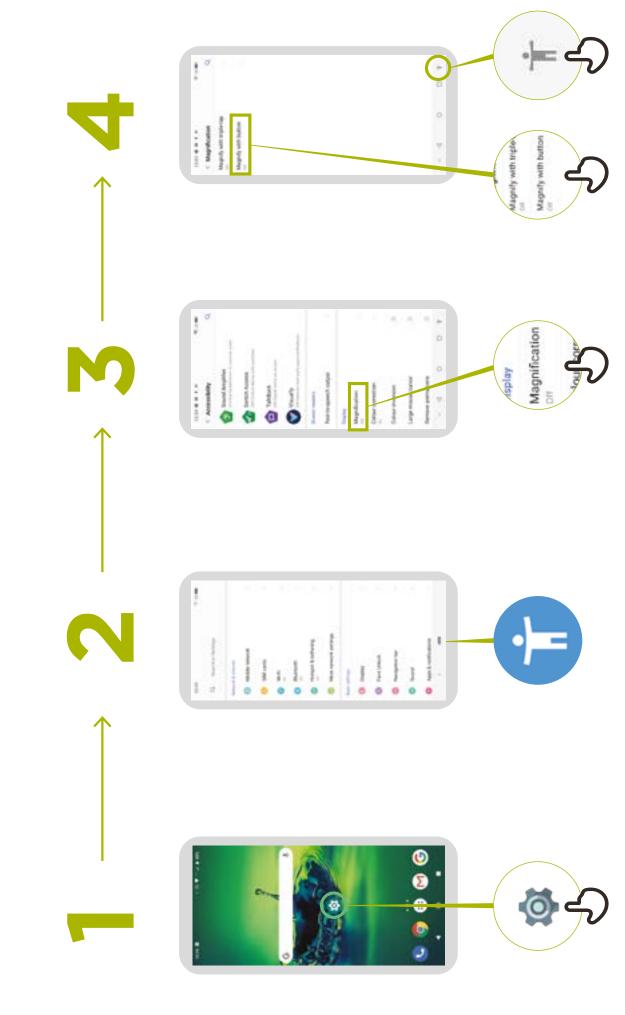
Turning on 'Night Light'





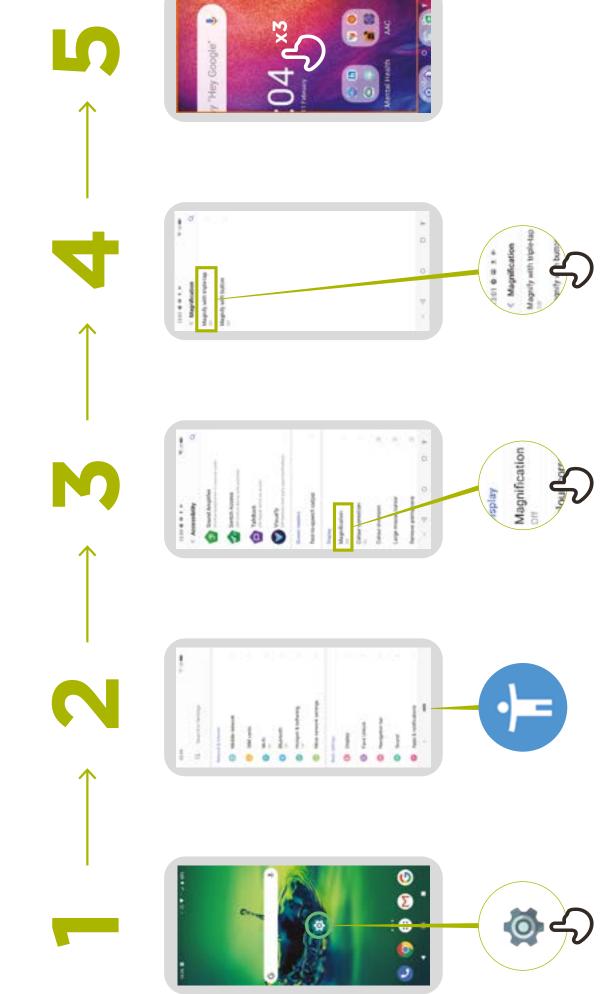
Magnification for people with low vision





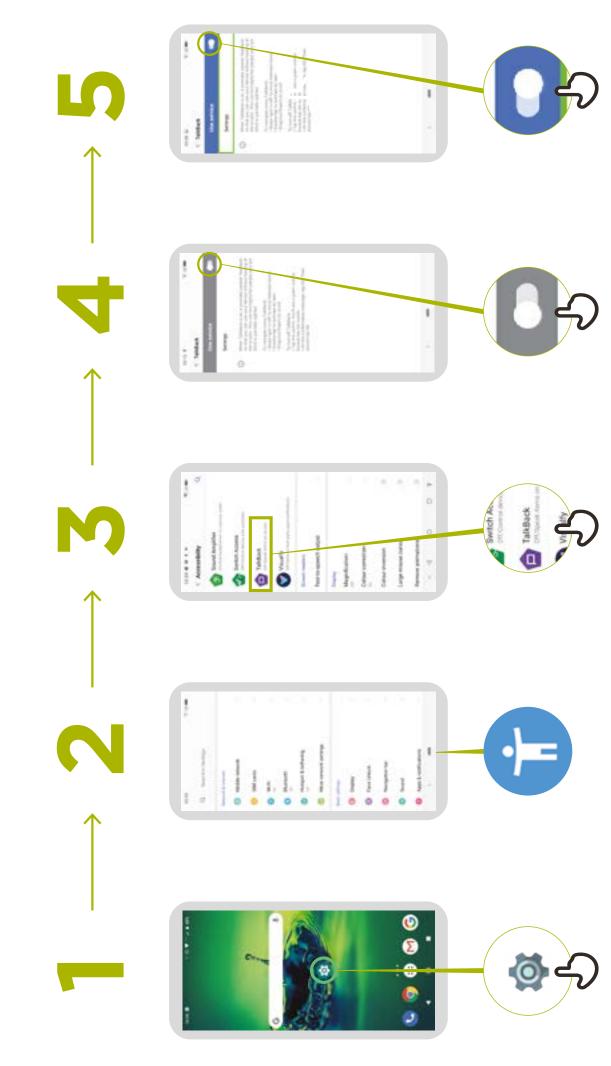
Temporary magnification



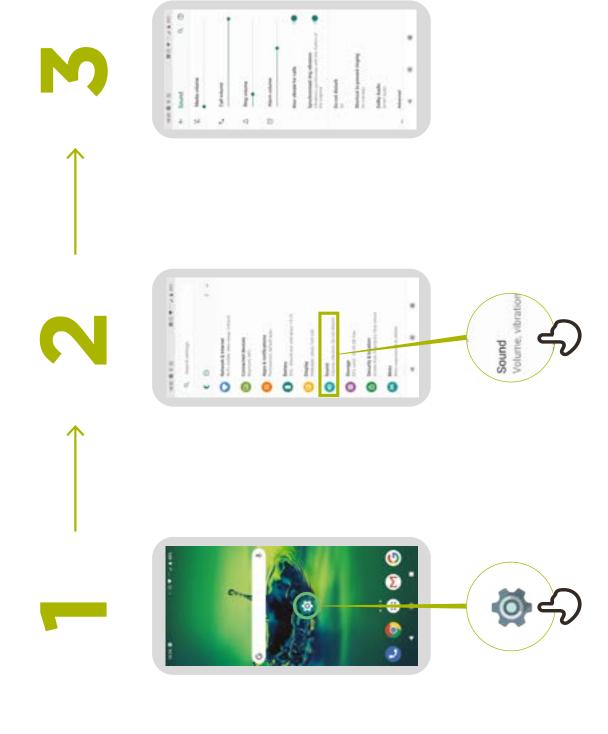


Set up TalkBack





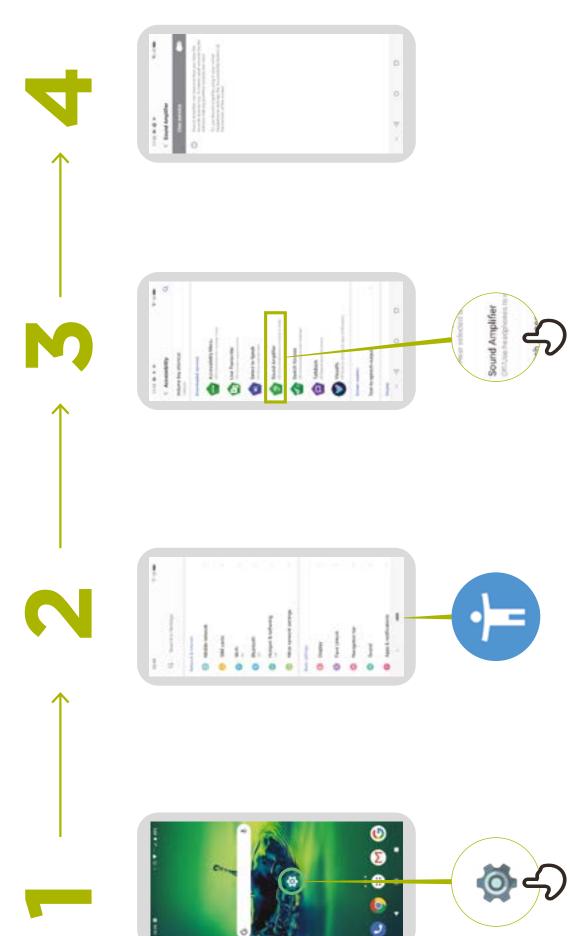
Sound enhancement





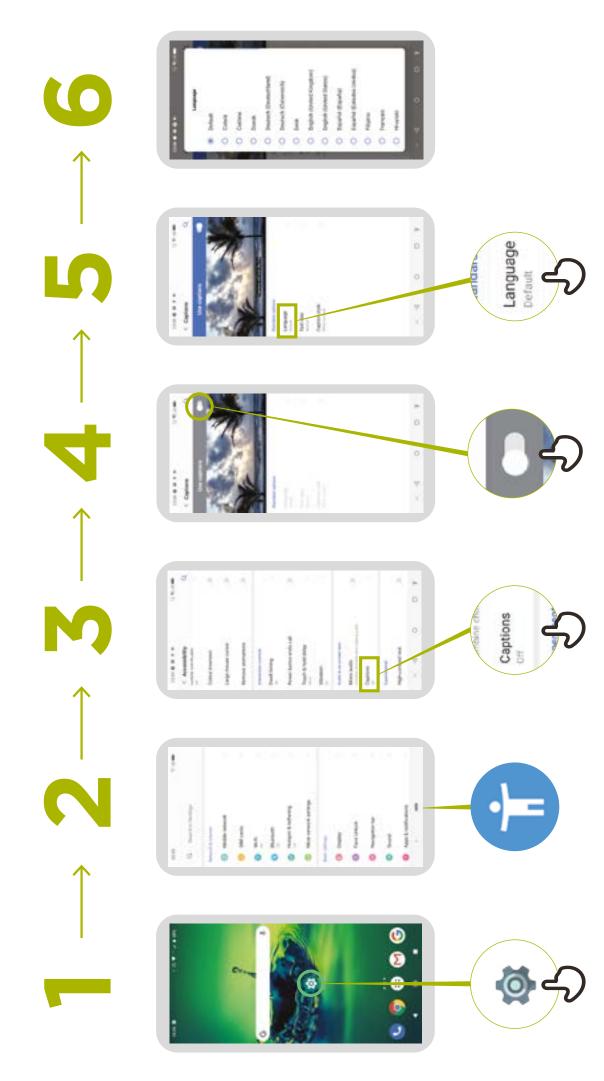
Sound amplification





Set up captions





Set up live transcriptions





Top tips for communicating with customers with a disability



Speak directly rather than through a companion or any sign language interpreter who may be present.



If you offer help, wait until it is accepted. Then listen or ask for instructions.



Treat adults as adults. Address people with disabilities by their first names only when extending that same familiarity to all others.



Do not lean against or hang on someone's wheelchair or scooter or play with a guide dog.



Listen carefully to those who have difficulty speaking, give them time to finish. If necessary, ask questions that require short answers.



Never pretend to understand; check with the person if you are unclear.



Relax. Don't be embarrassed if you happen to use common expressions such as "See you later" or "Did you hear about this?" that seem to relate to a person's disability.



- **Get the person's attention before speaking.** There are many ways of attracting attention like a gentle touch on the arm. Ask the person for suggestions.
- Speak clearly and at a moderate pace. Raising your voice volume excessively, and shouting is not helpful.
- Look directly at the person while speaking and be at the same eye level if possible.
 - When giving information, ask the person if they have understood, (e.g. "Did that make sense?").
- Feel comfortable to **show facial and body expressions**, smiling, pointing etc. all help to communicate.
 - Be aware that your face may be in shadow, and that light behind you might make it harder for the person to learn from your expression.
- Reduce background noises where possible, background noises can make listening very difficult.
- Use pencil and paper to supplement your communication if necessary. In a noisy environment, writing down keywords may assist those who are hard of hearing.
- When in doubt, ask the person with a hearing loss for suggestions to improve your communication.
- Many people with a hearing impairment use **hearing** aids. Find out if the person is using an aid and ask how you can help them in using it.
- Be patient, confident and relaxed.





Introduce yourself. Not everyone recognises voices or remembers them.



Don't shout. Being visually impaired or blind does not mean you can't hear clearly.



Let people know when you are moving. Don't leave a person who is blind talking to themselves.



Avoid hand signals as it can be hard to understand directions and gestures if you cannot see them well.



Don't worry about words such as, "See" or "Look". People with visual impairments understand that these words are part of regular conversations.



Don't push, pull or grab a person who is blind.



Do offer your arm for assistance. Ask how someone prefers to be guided.



If the person has a guide dog, avoid talking or playing with the dog. Never stroke, feed, or direct a service dog whilst they are wearing a harness or vest: they are there to help and are not a pet.





CERTIFICATE

has completed

BASIC MOBILE INTERNET SKILLS

training



Date



Signed





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