



# The 14<sup>th</sup> EMF Forum

The evolution of EMF science, technology  
and communication

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Tuesday, 30 September 2025







**Dr Jack Rowley**  
Senior Director,  
EMF & Deployment Policy  
GSMA

# Introduction



**Mike Wood**  
Telstra  
Chair GSMA EMF and Health

# Welcome



**Laszlo Toth**  
Head of Europe & CIS  
GSMA

# Opening remarks





**Dr Jack Rowley**  
Senior Director,  
EMF & Deployment Policy  
GSMA

## Setting the scene

# Event Recording | The GSMA 13th EMF Forum 2024: Learnings From Five Years of 5G EMF



Start: Tuesday 1 October 2024 09:00

End: Tuesday 1 October 2024 16:30

Venue: Le Louise Hotel Brussels - MGallery

Location: Brussels, Belgium

[+ google map](#)

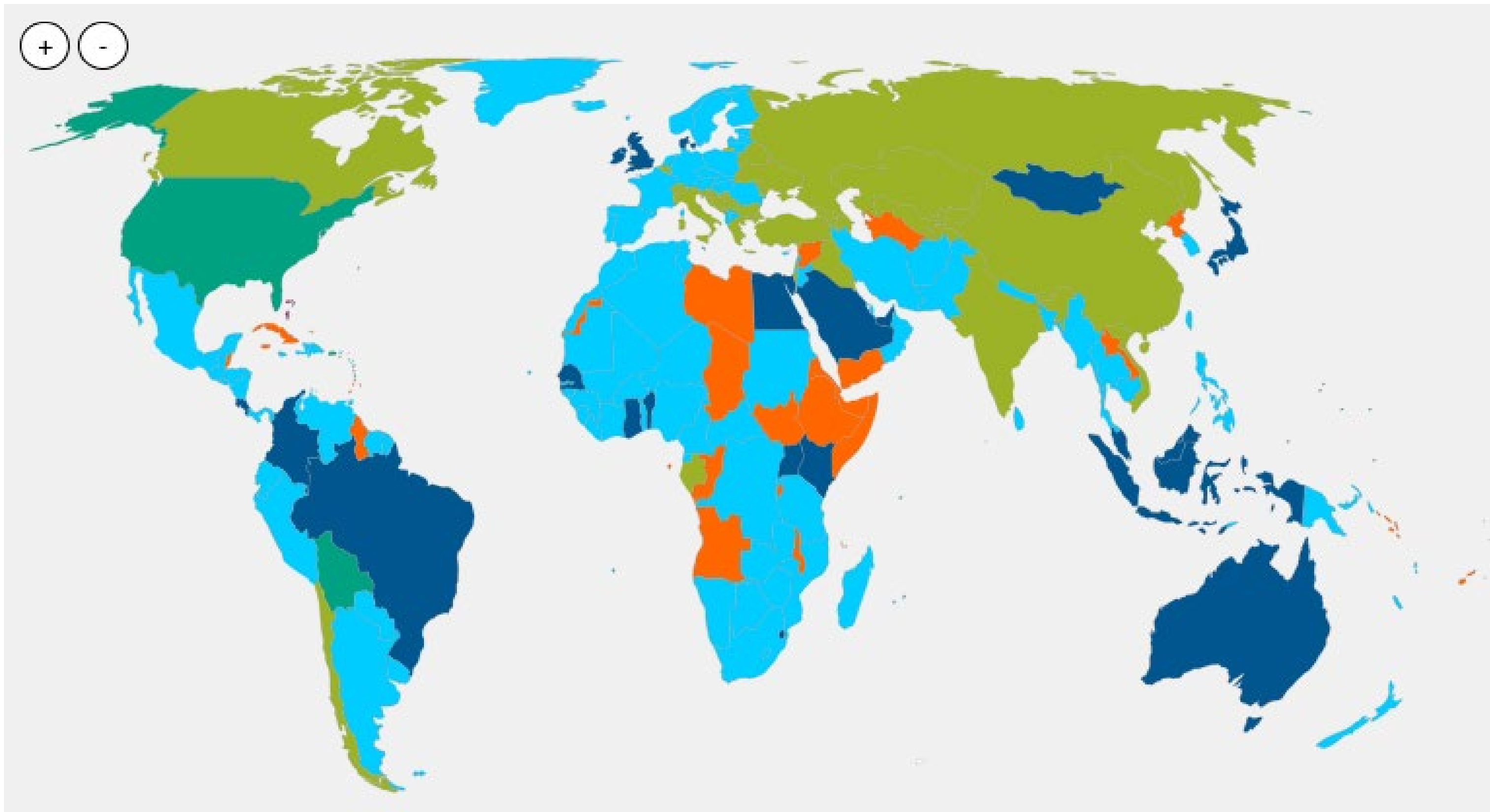
[https://www.gsma.com/solutions-and-impact/connectivity-for-good/public-policy/gsma\\_events/the-gsma-13th-emf-forum-2024/](https://www.gsma.com/solutions-and-impact/connectivity-for-good/public-policy/gsma_events/the-gsma-13th-emf-forum-2024/)



# ICNIRP (2020) adoption – mobile networks (public)

7

|      |                                   |      |                                                                                                                        |      |                                  |      |                                                     |      |                    |      |           |      |                                       |
|------|-----------------------------------|------|------------------------------------------------------------------------------------------------------------------------|------|----------------------------------|------|-----------------------------------------------------|------|--------------------|------|-----------|------|---------------------------------------|
| 2020 | Ireland, Mongolia, Norway, Uganda | 2021 | Australia, Benin, Malaysia, Malta, Mauritius, Netherlands, Saudi Arabia, Senegal, United Arab Emirates, United Kingdom | 2022 | Denmark, Egypt, Indonesia, Kenya | 2023 | Burkina Faso, Colombia, Eswatini, Ghana, Mauritania | 2024 | Brazil, Costa Rica | 2025 | Tanzania? | 2026 | Bahamas, Trinidad and Tobago? Europe? |
|------|-----------------------------------|------|------------------------------------------------------------------------------------------------------------------------|------|----------------------------------|------|-----------------------------------------------------|------|--------------------|------|-----------|------|---------------------------------------|



<https://www.gsma.com/solutions-and-impact/connectivity-for-good/public-policy/regulatory-environment/emf-and-health/emf-policy>



ICNIRP 2020 equivalent

# Necessity of actual maximum approach



IEC 62232

Edition 4.0 2025-04

**INTERNATIONAL  
STANDARD**

**NORME  
INTERNATIONALE**

Determination of RF field strength, power density and SAR in the vicinity of base stations for the purpose of evaluating human exposure

Détermination de l'intensité du champ de radiofréquences, de la densité de puissance et du DAS à proximité des stations de base dans le but d'évaluer l'exposition humaine

INTERNATIONAL  
ELECTROTECHNICAL  
COMMISSION

COMMISSION  
ELECTROTECHNIQUE  
INTERNATIONALE

ICS 13.280, 17.240

ISBN 978-2-8327-0316-8

Figure 12

## Representation of the actual maximum approach

Evaluate RF output distribution of cell segment(s)\*

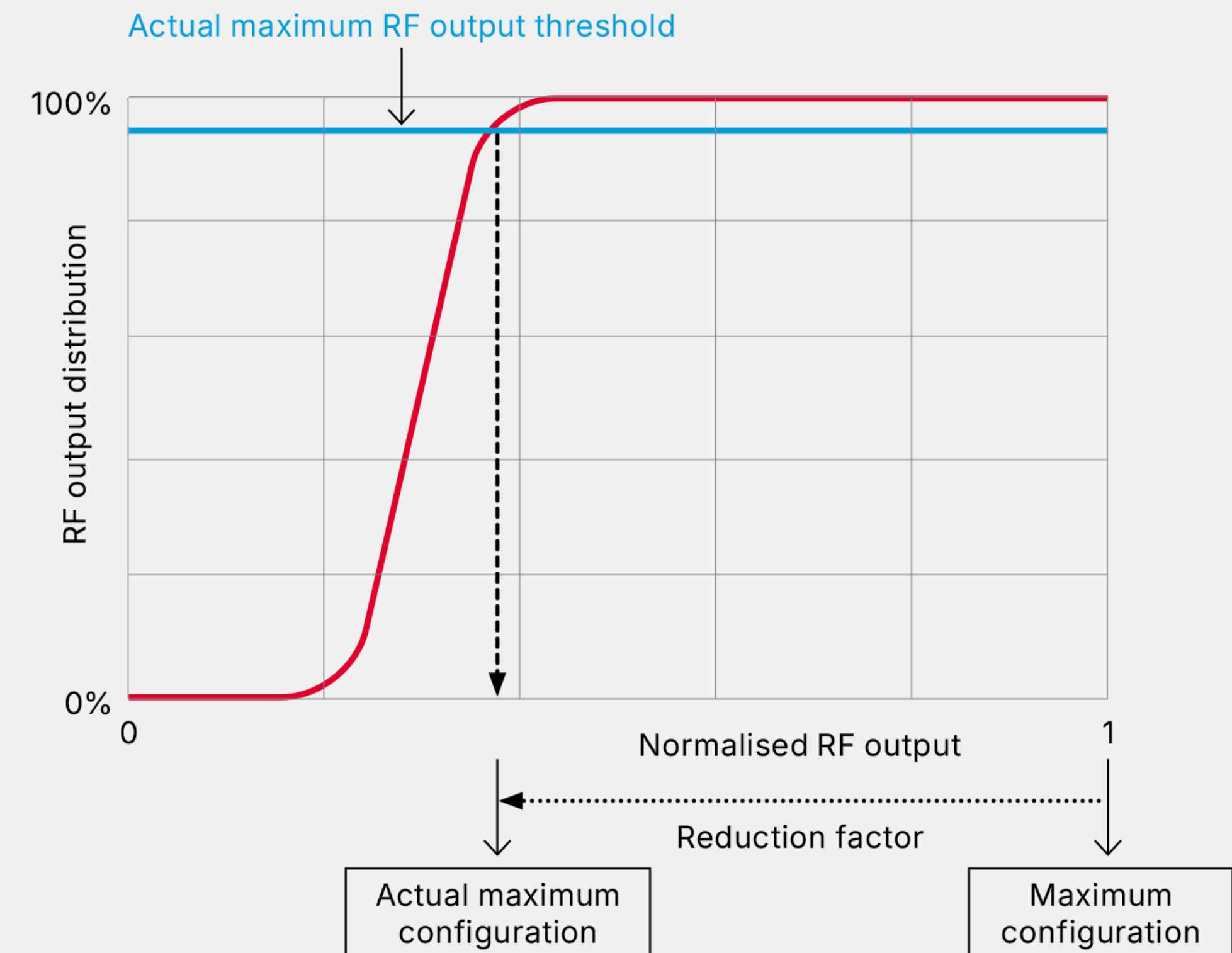
Select actual maximum RF output threshold(s)\*

Operator compliance based on actual maximum

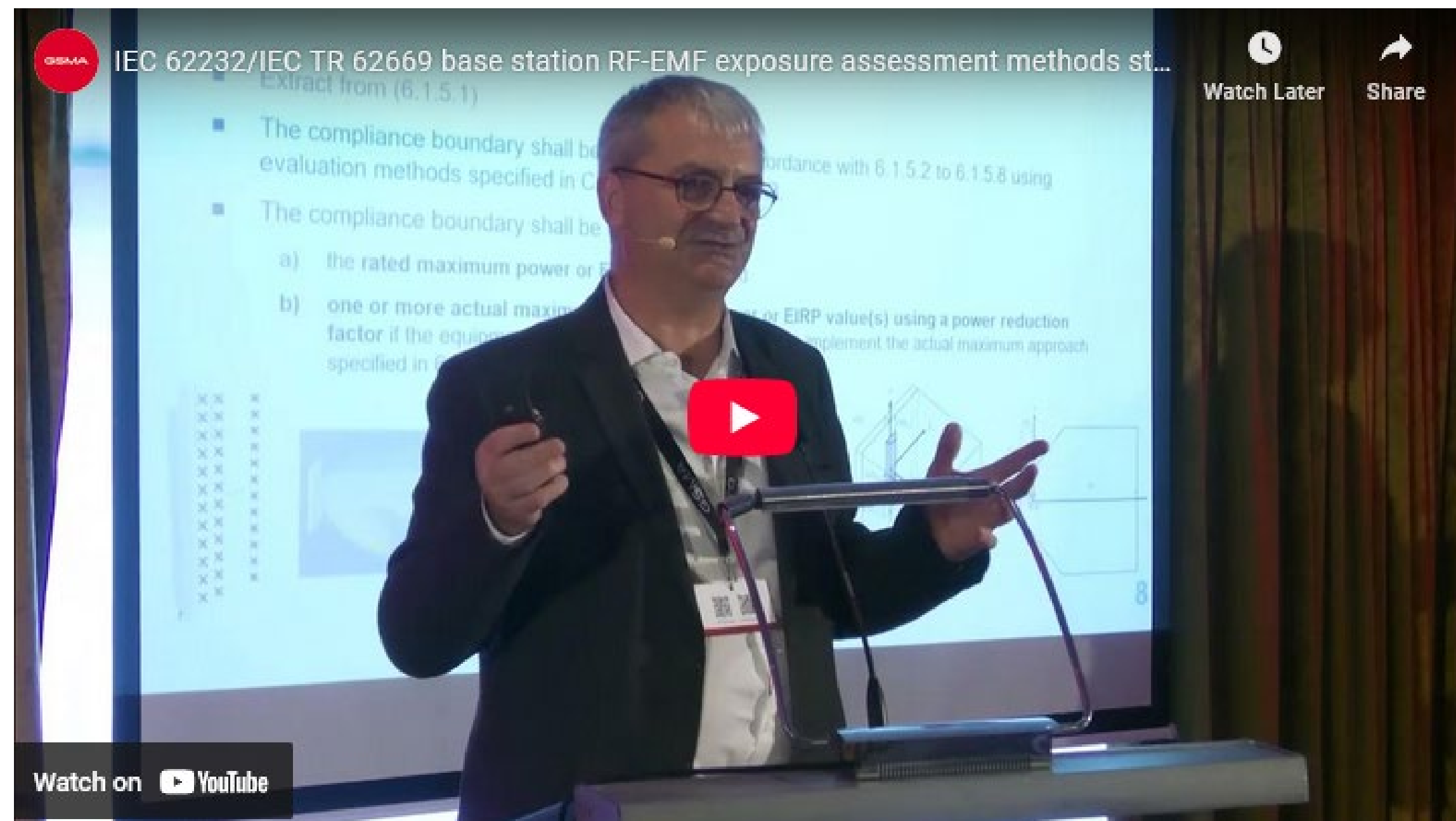
Monitor and/or control during operation

Review after change to cell segment(s) parameters

\*Can be applied for the total cell or per cell segment for base station with beam steering. See IEC 62232 for details.



# Application of IEC 62232/TR 62669



[https://www.gsma.com/solutions-and-impact/connectivity-for-good/public-policy/gsma\\_events/the-gsma-13th-emf-forum-2024](https://www.gsma.com/solutions-and-impact/connectivity-for-good/public-policy/gsma_events/the-gsma-13th-emf-forum-2024)



# 5G RF-EMF Surveys

Global results demonstrate low 5G levels

## 37 countries, including

|                                                                                                |                                                                                                  |
|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
|  Australia    |  Malta          |
|  Austria      |  Netherlands    |
|  Belgium      |  New Zealand    |
|  China        |  Nigeria        |
|  Colombia     |  Norway         |
|  Croatia      |  Poland         |
|  Denmark      |  Portugal       |
|  France     |  Romania      |
|  Germany    |  Saudi Arabia |
|  Greece     |  South Korea  |
|  Hungary    |  Spain        |
|  Ireland    |  Sweden       |
|  Italy      |  Switzerland  |
|  Japan      |  Taiwan       |
|  Luxembourg |  UK           |
|  Malaysia   |  USA          |

## Sources



**18**

Academia  
surveys



**9**

Operator  
surveys



**34**

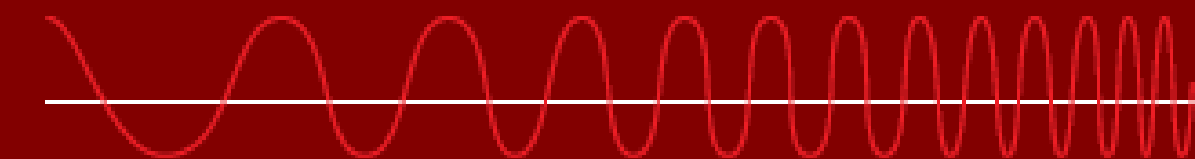
Government  
& regulator  
surveys

## Survey types

Measurements conducted  
on commercial and trial  
networks using normal and  
high data rate traffic

**5G maximum EMF levels  
typically less than 1%  
of international public limit**

## 65 surveys



**Low-band  
(<1 GHz)**

**6**



**Indoor  
small cell**

**3**

**Mid-band  
(1-8.4 GHz)**

**42**



**Smart  
apartment**

**1**

**High-band  
(>8.4 GHz)**

**11**



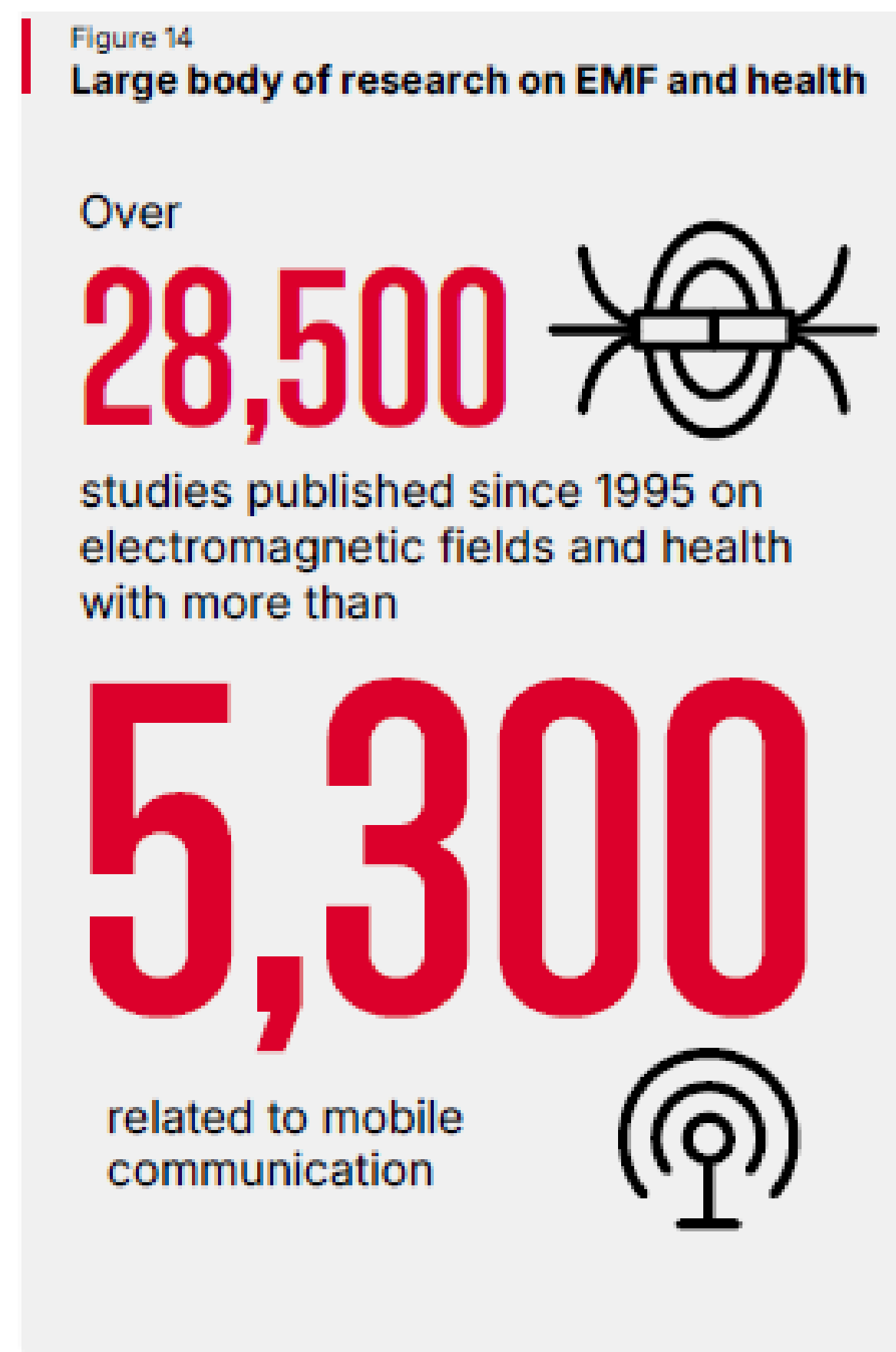
**Rooftop**

**2**



5G EMF levels across all surveys  
**0.0000005% to 8.5%**  
of public limit

# Continuous RF-EMF risk assessment

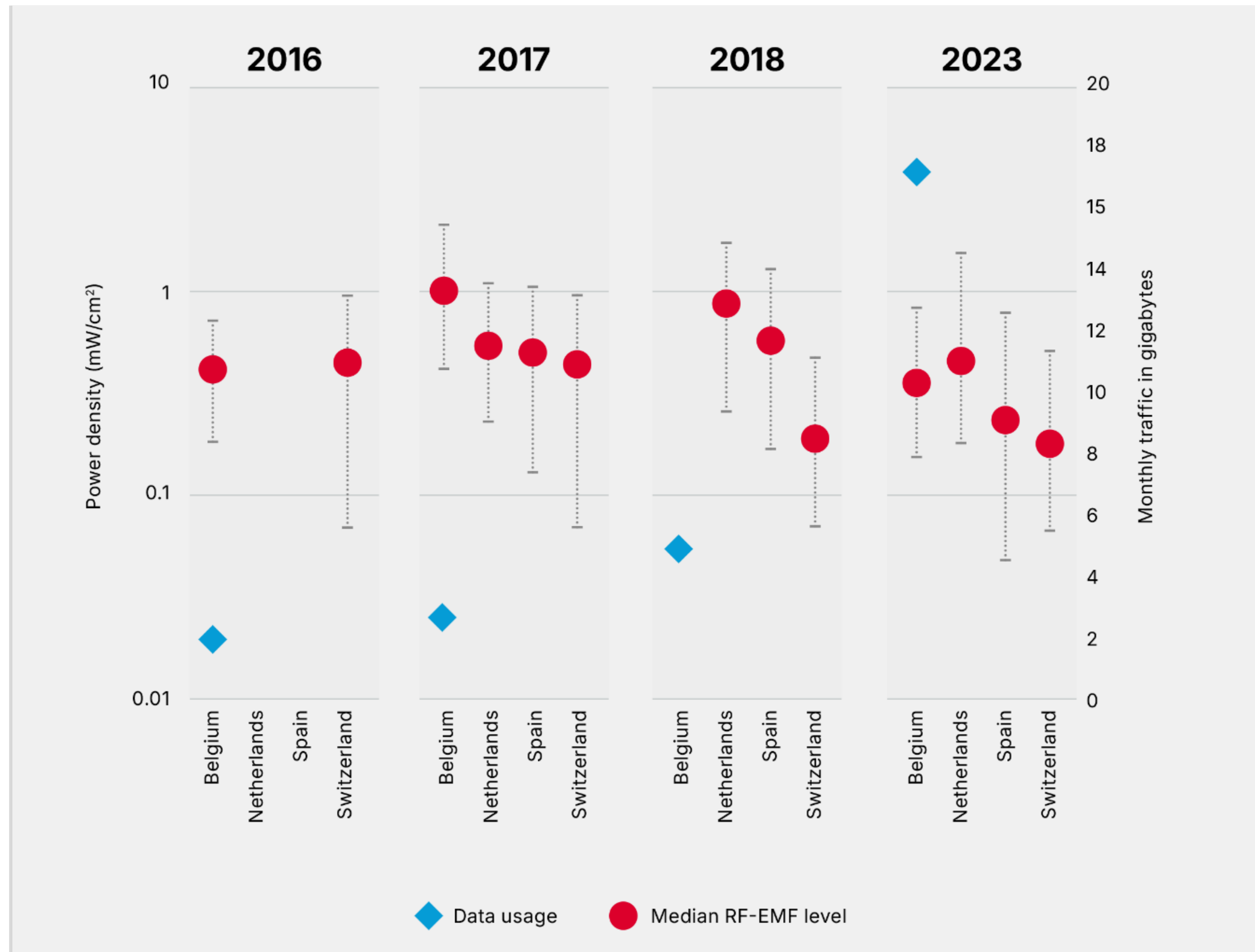


Data from EMF Portal, <https://www.emf-portal.org/>

WBF-Expertenforum 2024: Nach  
Prüfung der aktuellen Studienlage:  
Keine Gesundheitsgefährdung für  
den Menschen durch Mobilfunk

2025:04 Recent Research on  
electromagnetic fields and  
Health Risk, nineteenth report  
from SSM's Scientific Council  
on Electromagnetic Fields, 2024





**Typical average radio wave levels largely unchanged**

**8-fold increase in data traffic per smartphone**

**Similar to previous mobile technology transitions**



# Science is necessary but not sufficient

Science, Technology, & Human Values

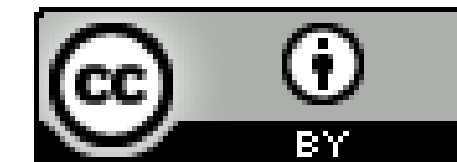
OnlineFirst

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<https://doi.org/10.1177/01622439251333090>

Sage Journals

Original Article

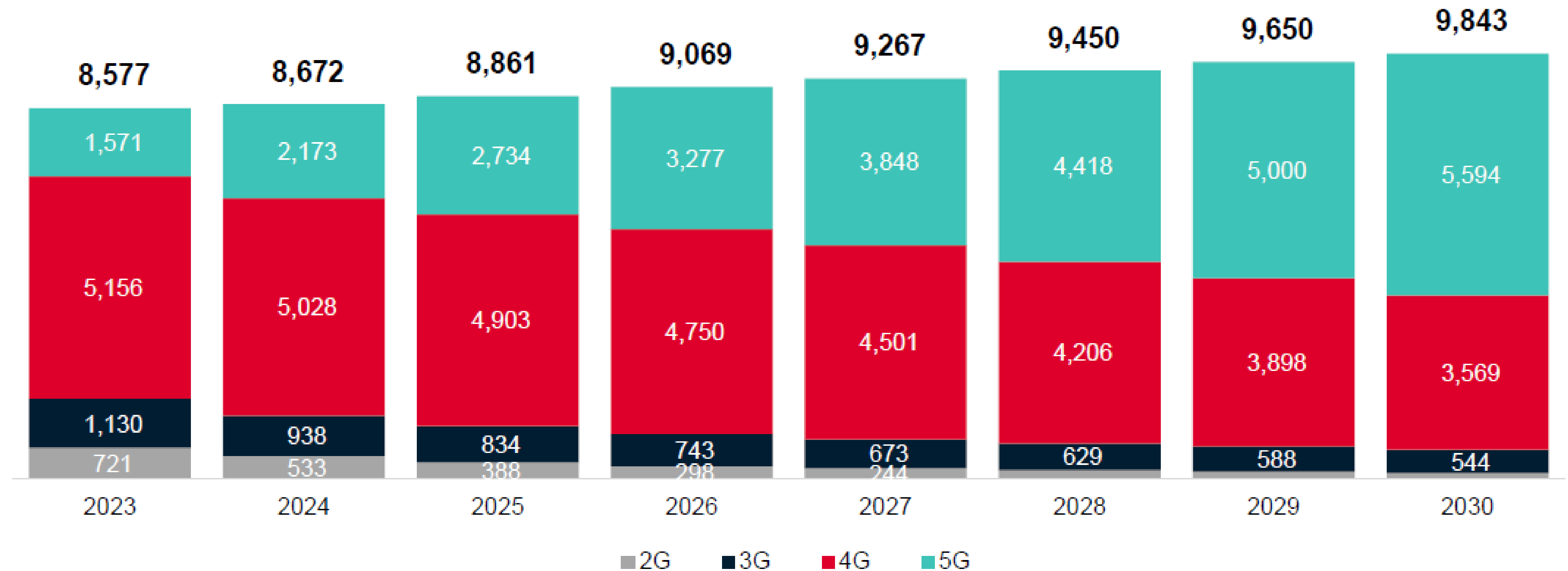


## ***“Bogeymen,” “Murderers,” and “Loonies”:* Emotions in Dutch Debates on 5G and Health**

Floortje Moes <sup>1</sup>, Christian Bröer <sup>2</sup>, and Klasien Horstman <sup>1</sup>

*‘... to gain a voice in the public debate, citizens, and policymakers are expected to present scientific evidence. Yet accumulating scientific data and technical insights did not settle the debate. Instead, polarized views grew more vehemently apart.’*

# Total mobile connections by generation (million) Global



Data as of July 2025  
Source: GSMA Intelligence

# Mobile technology evolution: RF-EMF

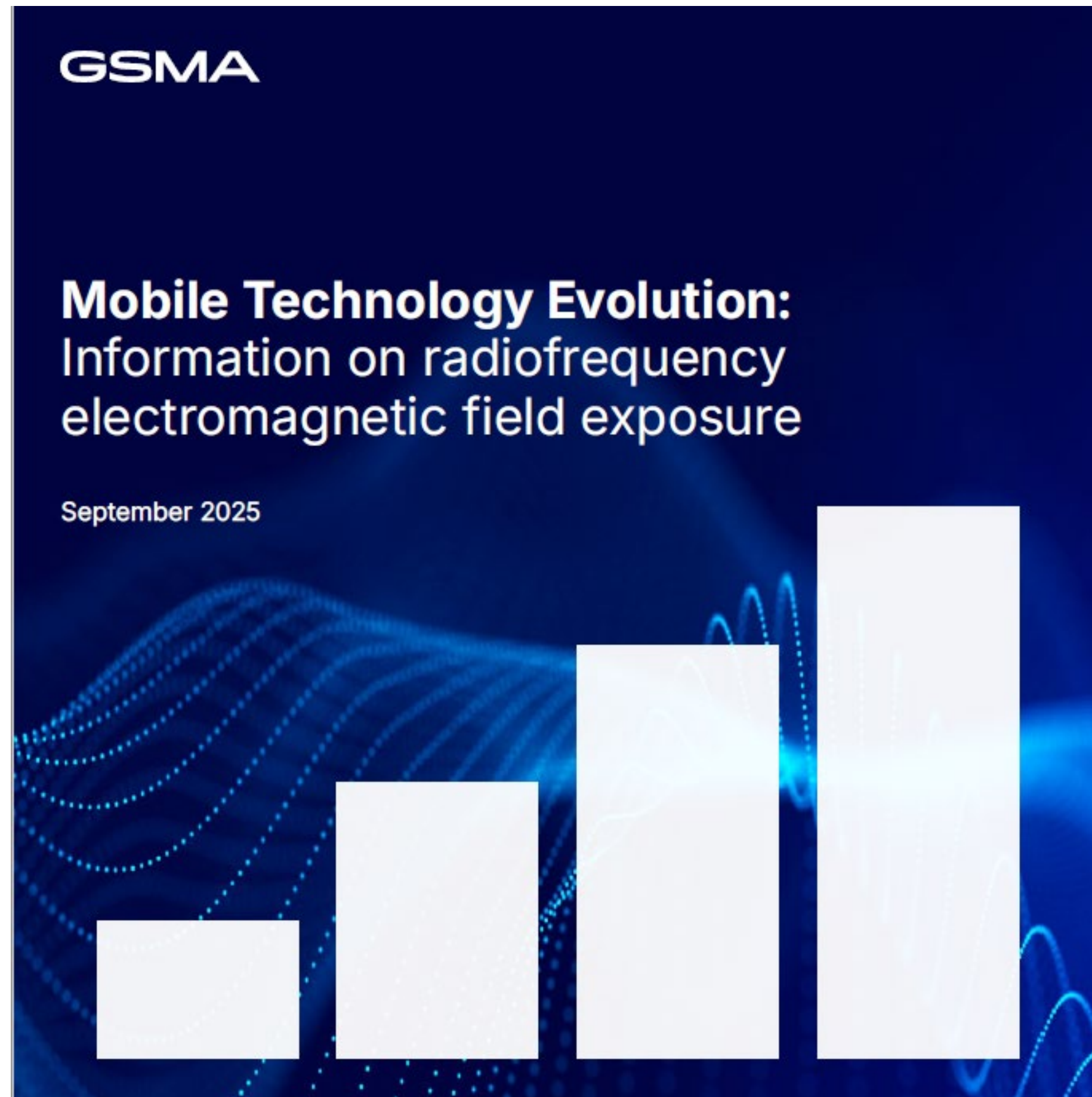




Figure 6

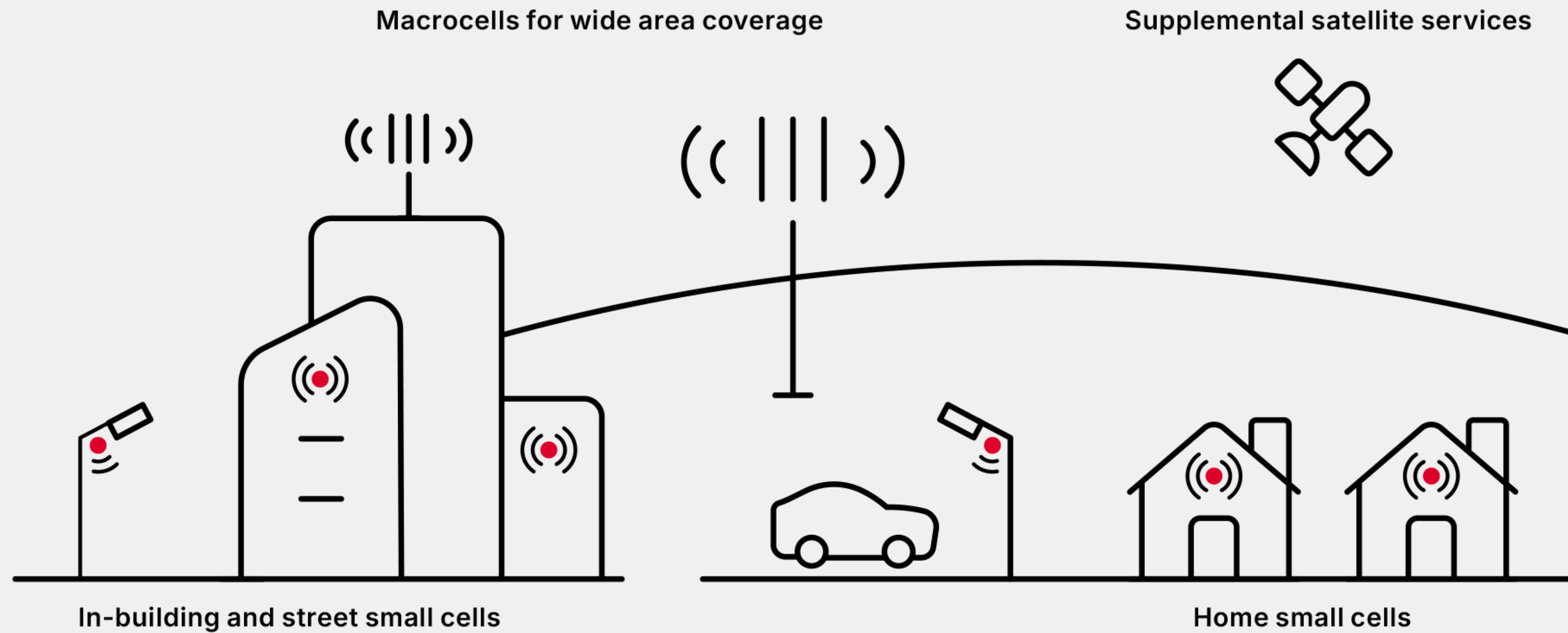
**Representation of the mix of mobile network cell types**

Figure 4

**5G can be deployed in three key frequency ranges**

**Frequency  
ranges**

**Low band**  
Sub 1 GHz

**Mid-band**  
1–8.4 GHz

**High band**  
24–71 GHz



**Other radio  
services**



Radio/TV



Mobile  
services



Wi-Fi



Wi-Fi



Mobile  
services



Satellite and  
fixed links



**Mobile network  
coverage**

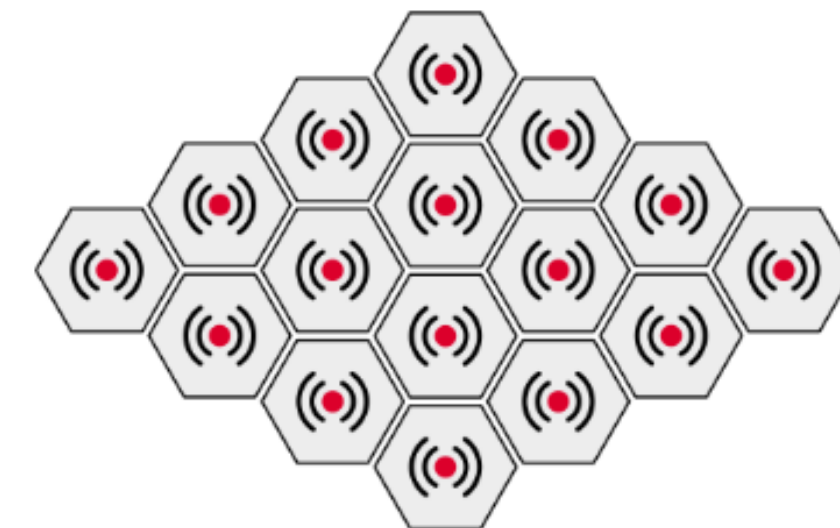
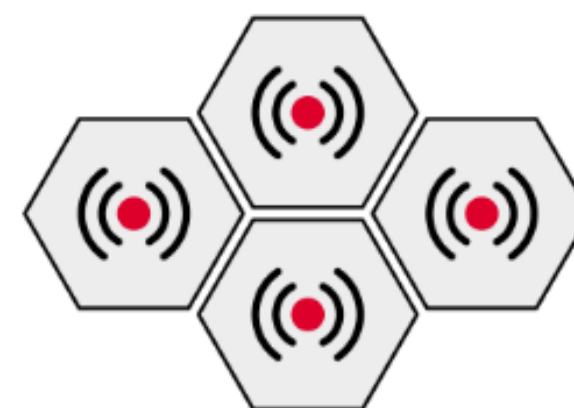
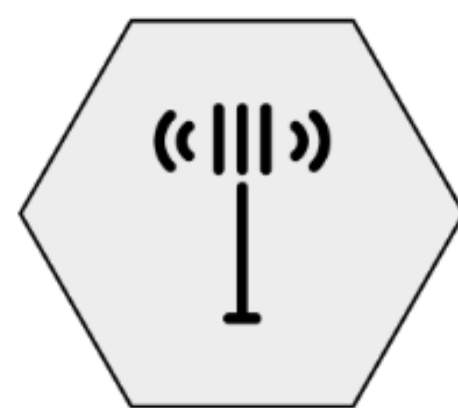


Figure 2

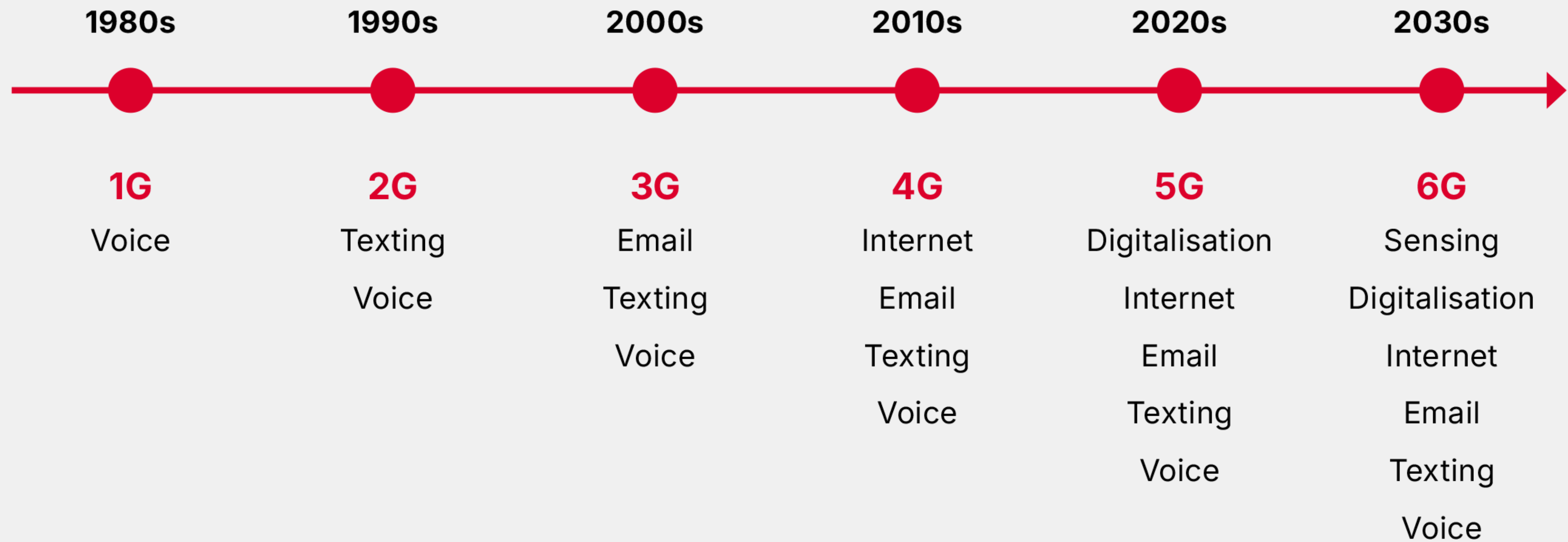
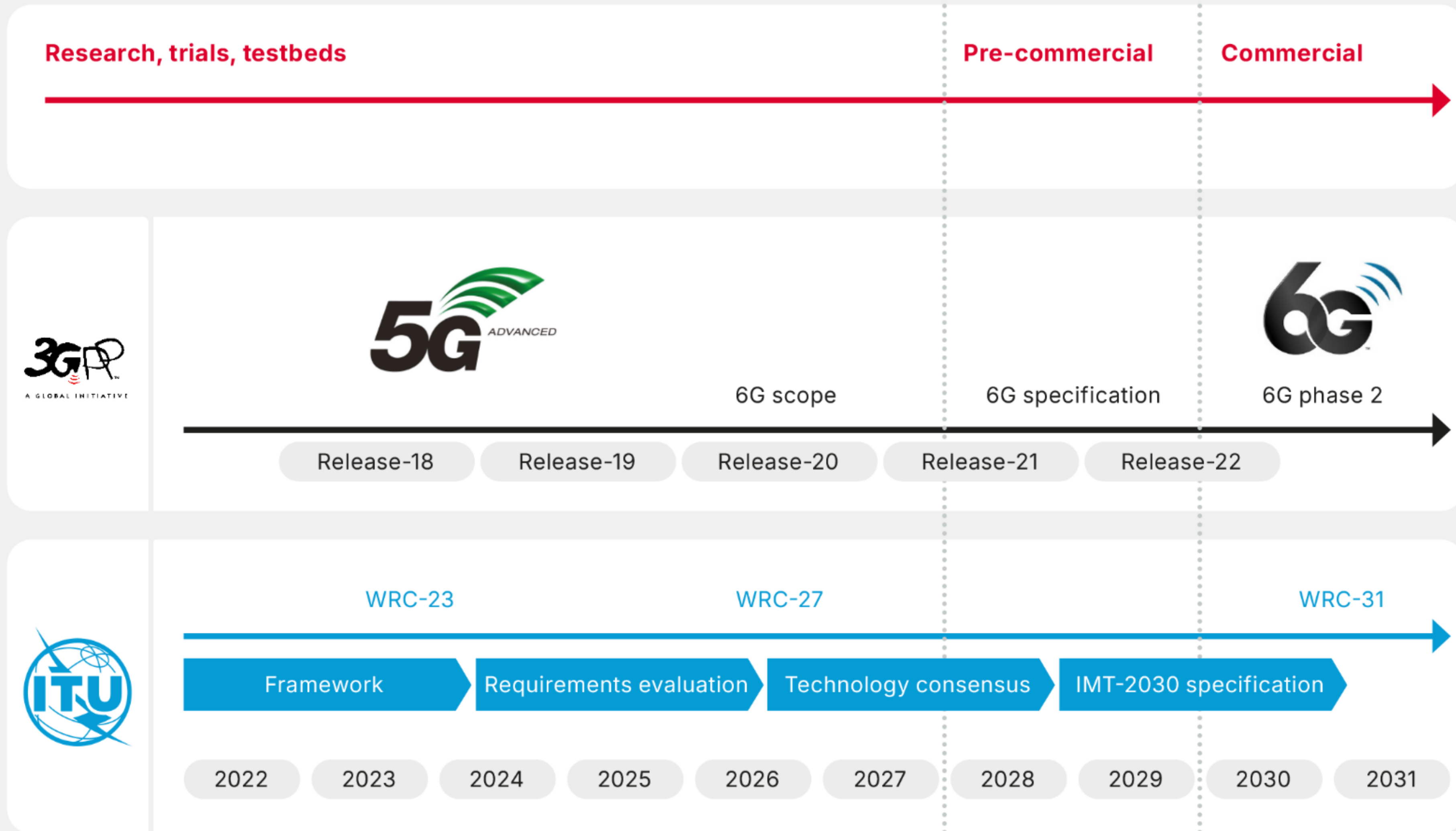
**Mobile technology evolution**



Figure 3  
**5G and beyond 6G timeline forecast**







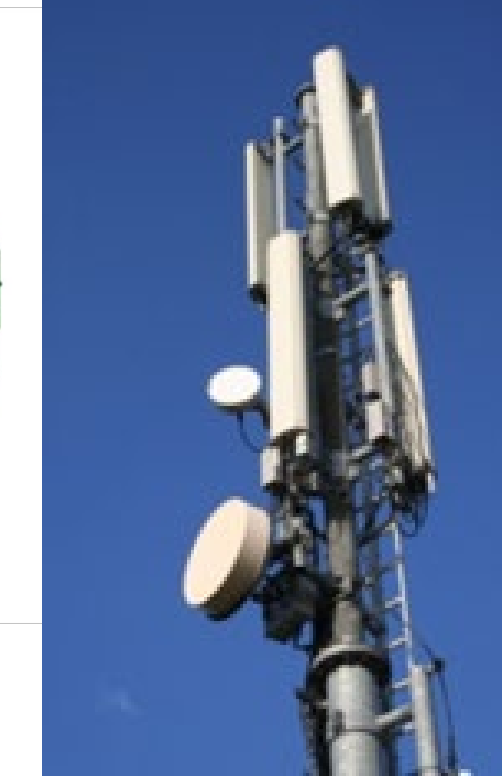
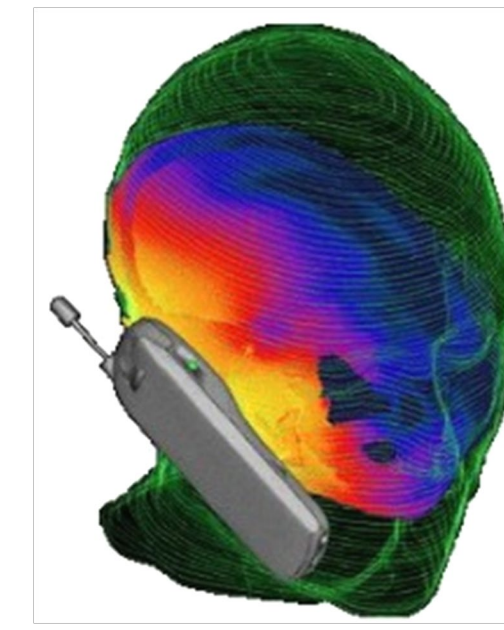
**DI Manfred Ruttner**  
A1 Telekom Austria  
GSMA EMF and Health  
Deputy Chair

# Introduction to session 1: WHO assessment of health effects of exposure to RF-EMF



**Professor Martin Röösli**  
Swiss Tropical and  
Public Health Institute,  
Switzerland

**WHO commissioned systematic reviews of RF-EMF effects on cancer and symptoms: epidemiological and human experimental evidence**



# Swiss TPH



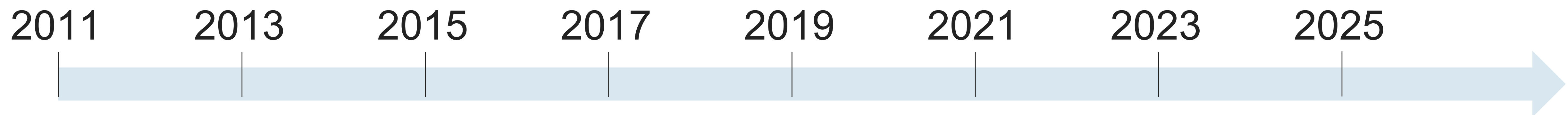
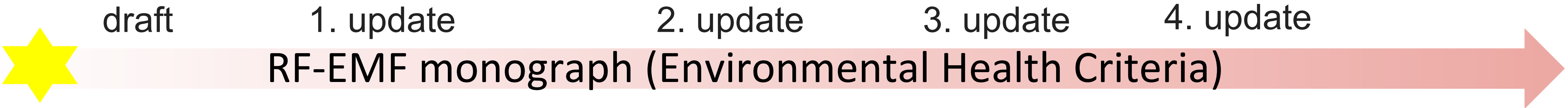
**EMF Forum 2025, Brussels 30. 09. 2025**

**WHO commissioned systematic reviews of  
RF-EMF effects on cancer and symptoms:  
epidemiological and human experimental  
evidence**

Martin Röösli on behalf of **Ken Karipidis**, Xavier Bosch-Capblanch, Dan Baaken, Tom Loney, Maria Blettner, Chris Brzozek, Mark Elwood, Clement Narh, Nicola Orsini, Marilia Silva Paulo, Susanna Lagorio, Stefan Dongus, Hamed Jalilian, John Eyers, Ekpereonne Esu, Chioma Moses Oringanje, Martin Meremikwu



# Schedule



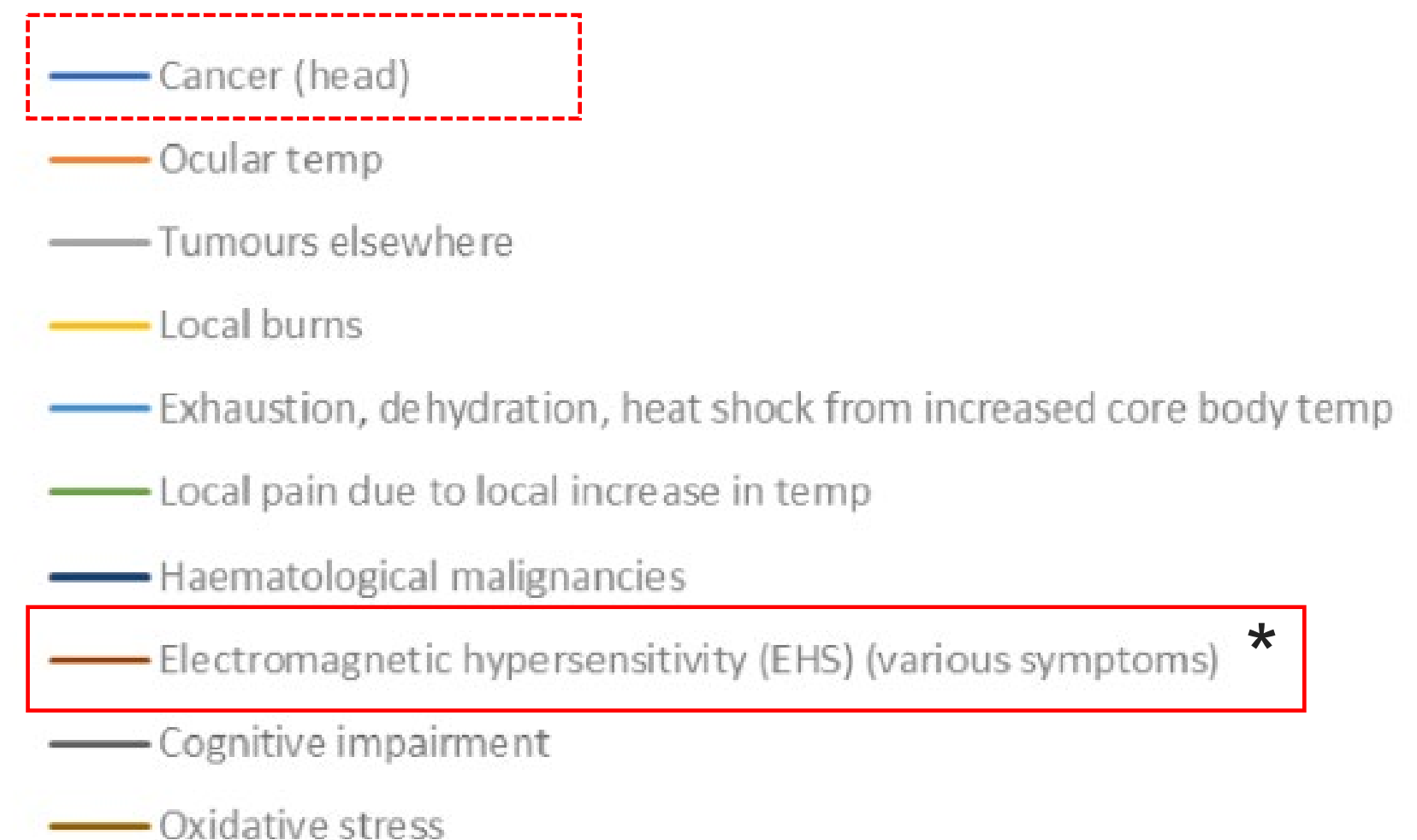
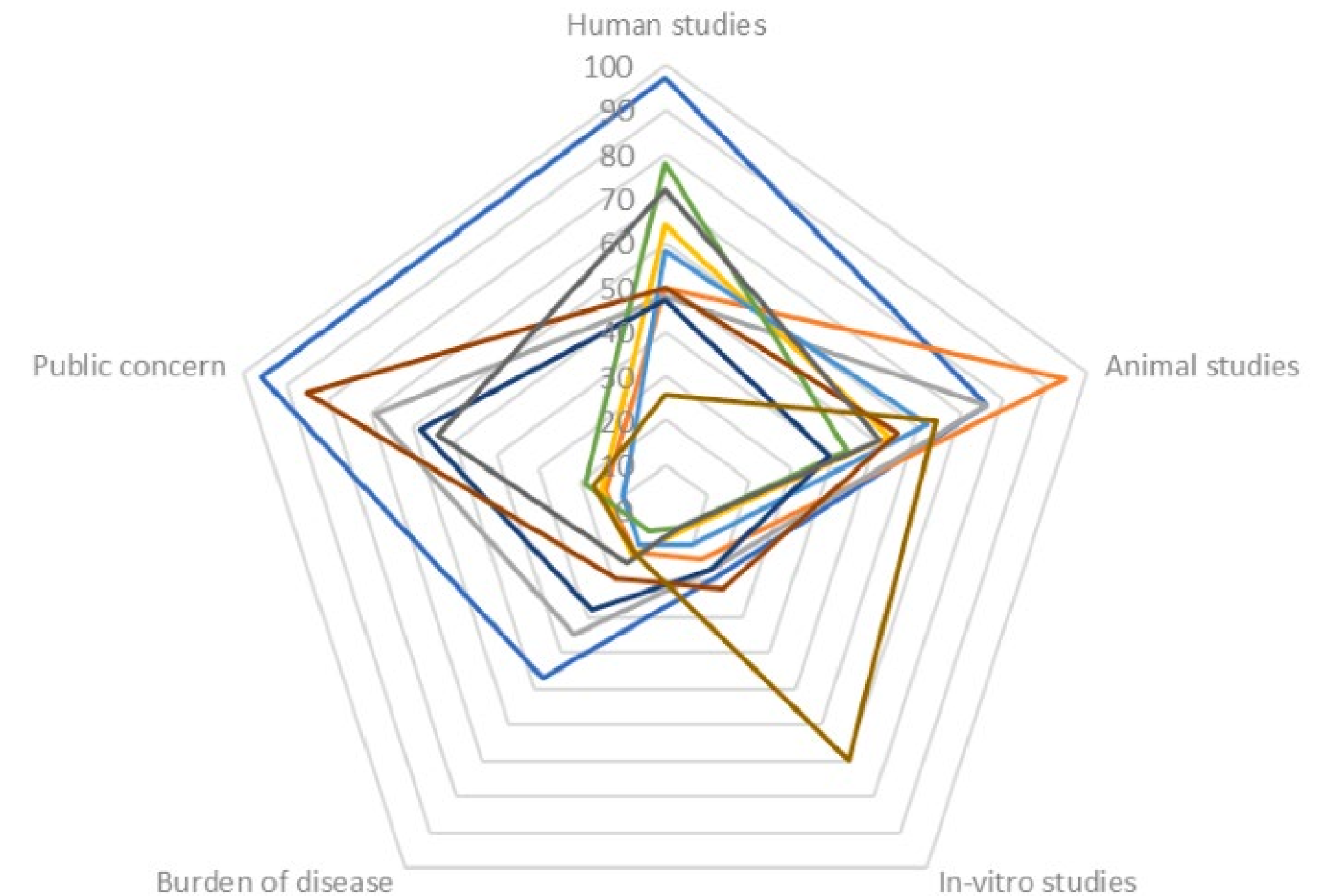


# Priority setting

- WHO survey with all health endpoints reported in the literature
- 300 RF EMF experts and researchers asked to prioritize
- 164 (54%) responded

\*IEI-EMF: Idiopathic environmental intolerance attributed to EMF

Verbeek, Env Int, 2021





# SR8: Self-reported symptoms - human experimental studies

Environment International 158 (2022) 106953



Contents lists available at ScienceDirect

Environment International

journal homepage: [www.elsevier.com/locate/envint](http://www.elsevier.com/locate/envint)



The effects of radiofrequency electromagnetic fields exposure on human self-reported symptoms: **A protocol** for a systematic review of human experimental studies

Xavier Bosch-Capblanch<sup>a,b</sup>, Ekpereonne Esu<sup>c</sup>, Stefan Dongus<sup>a,b</sup>, Chioma Moses Oringanje<sup>d</sup>, Hamed Jalilian<sup>e</sup>, John Eyers<sup>f</sup>, Gunnhild Oftedal<sup>g</sup>, Martin Meremikwu<sup>h</sup>, Martin Röösli<sup>a,b,\*</sup>

<sup>a</sup> Swiss Tropical and Public Health Institute, Socinstrasse 57, CH-4051 Basel, Switzerland

<sup>b</sup> University of Basel, Petersplatz 1, CH-4003 Basel, Switzerland

<sup>c</sup> Department of Public Health, College of Medical Sciences, University of Calabar, Calabar, Nigeria

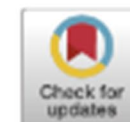
<sup>d</sup> Department of Biology, College of Art & Sciences, Xavier University, Cincinnati, OH 45247, United States

<sup>e</sup> Department of Occupational Health Engineering, Research Center for Environmental Pollutants, Faculty of Health, Qom University of Medical Sciences, Qom, Iran

<sup>f</sup> Independent Consultant & Senior Research Fellow, 3ie, c/o LIDC, 20 Bloomsbury Square, London WC1A 2NS, UK

<sup>g</sup> Department of Electronic Systems, Norwegian University of Science and Technology – NTNU, Trondheim, Norway

<sup>h</sup> Faculty of Medicine, College of Medical Sciences, University of Calabar, Calabar, Nigeria



Environment International 187 (2024) 108612



Contents lists available at ScienceDirect

Environment International

journal homepage: [www.elsevier.com/locate/envint](http://www.elsevier.com/locate/envint)



Full length article

The effects of radiofrequency electromagnetic fields exposure on human self-reported symptoms: A systematic review of human experimental studies

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<sup>a</sup> Swiss Tropical and Public Health Institute, Kreuzstrasse 2, 4123 Allschwil, Switzerland

<sup>b</sup> University of Basel, Petersplatz 1, CH-4003 Basel, Switzerland

<sup>c</sup> Department of Public Health, College of Medical Sciences, University of Calabar, Calabar, Nigeria

<sup>d</sup> Department of Biology, College of Art & Sciences, Xavier University, Cincinnati, OH 45247, USA

<sup>e</sup> Independent Consultant & Senior Research Fellow, 3ie, c/o LIDC, 20 Bloomsbury Square, London WC1A 2NS, United Kingdom

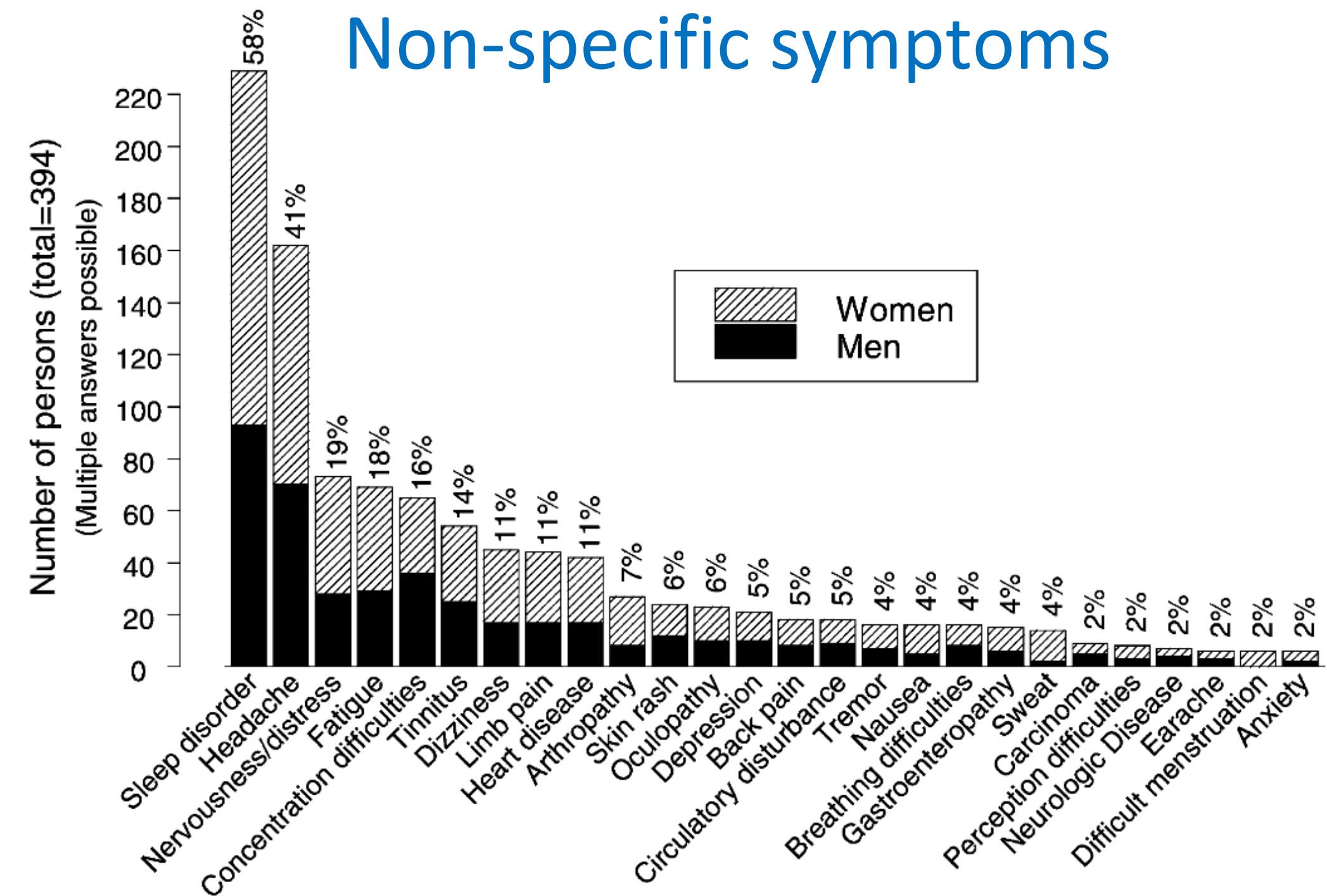
<sup>f</sup> Faculty of Medicine, College of Medical Sciences, University of Calabar, Calabar, Nigeria

Special issue in Env. Int. With all protocol and result papers



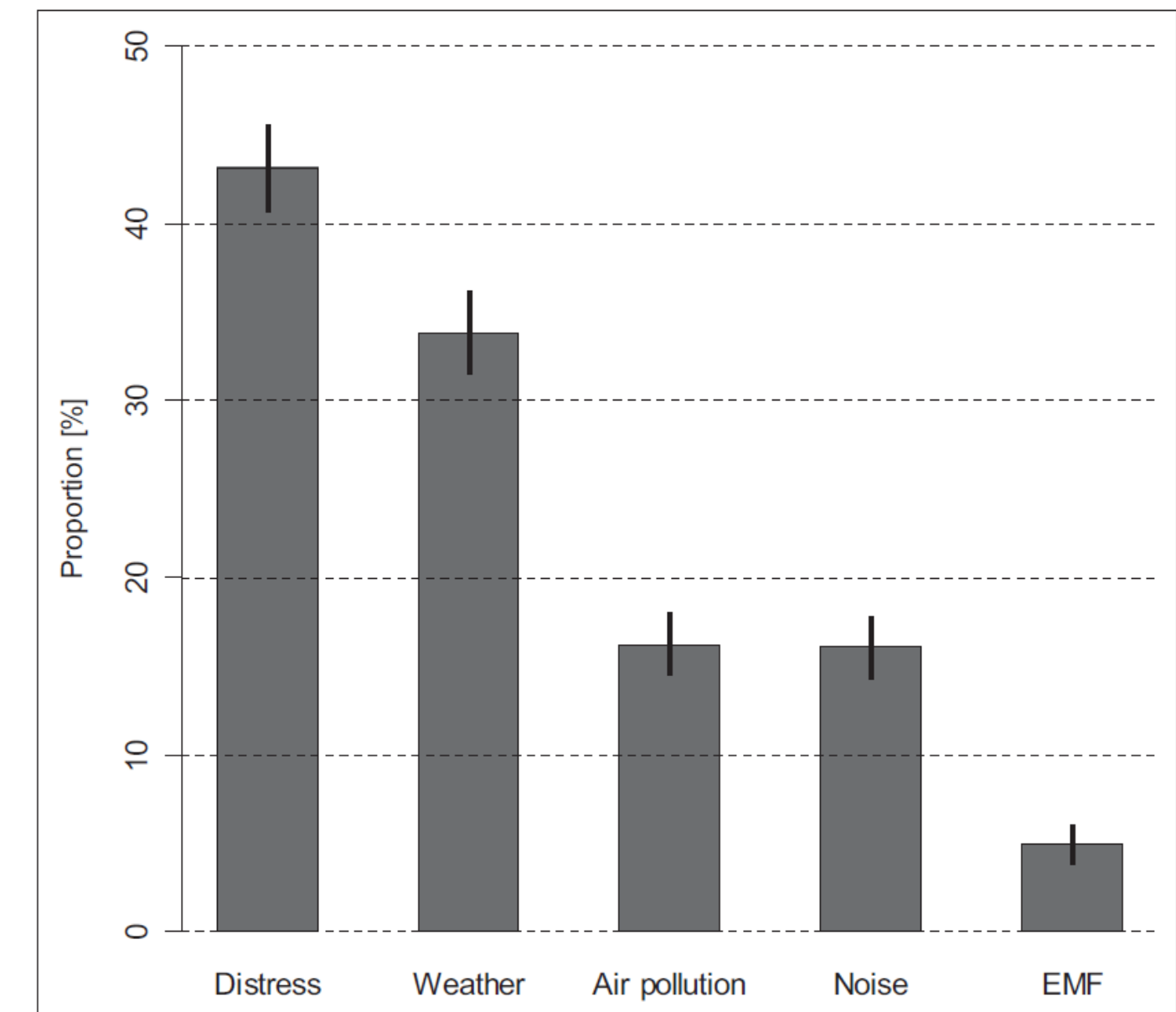
# Background: my first EMF study

Survey of 394 Swiss individuals ascribing symptoms to EMF



Röösli et al, IJHEH, 2004

Attribution of health effects to...



Schreier et al. SPM, 2006

- No distinct symptoms related to a specific field source could be identified
- A substantial part of EHS individuals claimed to immediately perceive low level EMF when they are exposed (56%) and to develop symptoms within a few minutes (53%).

# PECO

## Population

Volunteers with IEI-EMF and without IEI-EMF

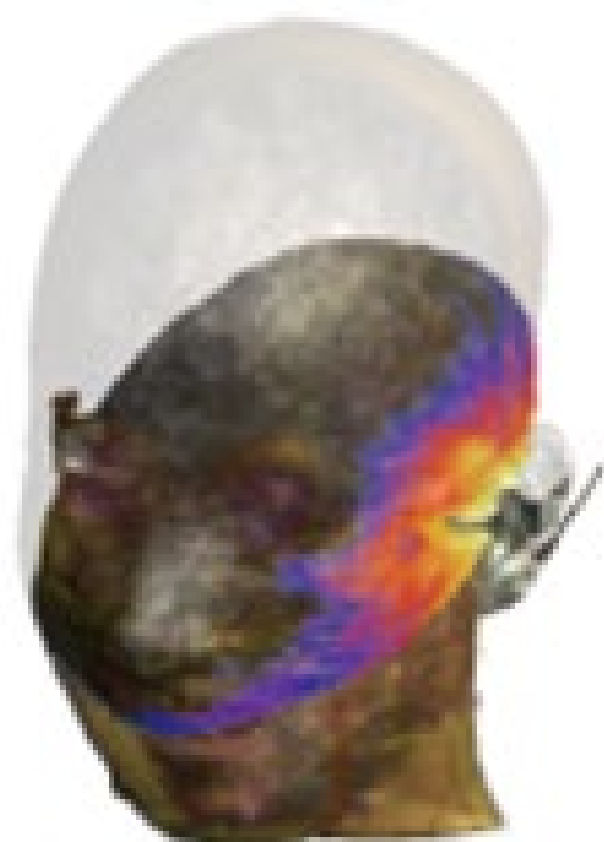
## Exposure

RF-EMF, near and far field

Bosch-Capblanch et al. 2024, Environ Int



# RF-EMF: Two types of exposure



**close to body** BAFU, 2019  
**(near field)**



Regel, 2006  
**environmental**  
**(far field)**



mobile phone  
cordless phone

W-LAN

broadcast transmitter  
mobile phone base station  
*mobile and cordless phones*

Specific Absorption Rate  
SAR (W/kg)

Electric Field (V/m)

# PECO

## Population

Volunteers with IEI-EMF and without IEI-EMF

## Exposure

RF-EMF, near or far field

## Comparator

at least one active and one control (sham) condition

## Outcome

### Non-specific symptoms

- Headache
- Sleep disturbances
- Composite scores
- ...

### Ability to perceive EMF

Bosch-Capblanch et al. 2024, Environ Int

# Literature search

## Identification of studies via databases and registers

### Identification

Records identified from:  
databases (n = 8,908)

- Cochrane: 2,888
- EMBASE: 542
- Epistemonikos: 438
- MEDLINE: 1,654
- PsycInfo: 587
- Web of Science: 2,780
- Manual: 19

Records removed *before*  
*screening*:  
Duplicate records removed  
(n = 1,470)  
Records removed for other  
reasons (n = 0)

### Included

Studies included in review  
(n = 40)

2857 study participants

Mainly crossover design  
(ideally randomized,  
counterbalanced and  
double blind)

Bosch-Capblanch et al.  
Environ Int 2024b

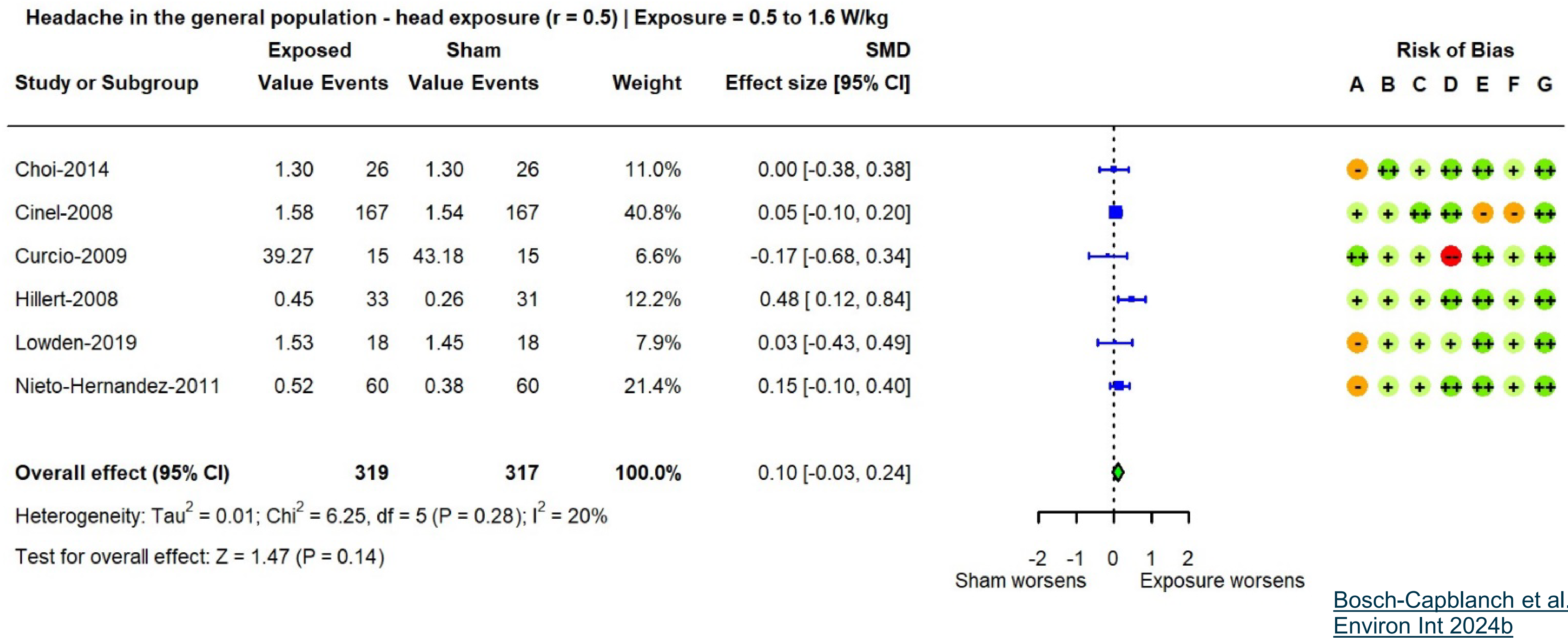


# Risk of Bias (adapted from OHAT)

Example:

|                                            |               |                                                                                                               |
|--------------------------------------------|---------------|---------------------------------------------------------------------------------------------------------------|
| <b>A - Randomisation of exposures</b>      | -             | Information not available                                                                                     |
| <b>B - Allocation concealment</b>          | -             | Information not available                                                                                     |
| <b>C - Blindness to exposure condition</b> | ++            | Blindness was described                                                                                       |
| <b>D - Attrition</b>                       | ++            | No drop out.                                                                                                  |
| <b>E - Characterisation of exposure</b>    | ++            | [0.405 W/kg] Signal generator   Sham                                                                          |
| <b>F - Outcomes assessments</b>            | --            | Participants were asked but without any particular tool to collect or standard mechanisms to collect outcomes |
| <b>G - Outcomes reporting</b>              | -             | Ad hoc reporting in the manuscript (further information obtained by email)                                    |
| <b>I - Funding source</b>                  | See narrative | Exclusively public funded                                                                                     |
| <b>J - Other biases</b>                    | See narrative | No remark                                                                                                     |

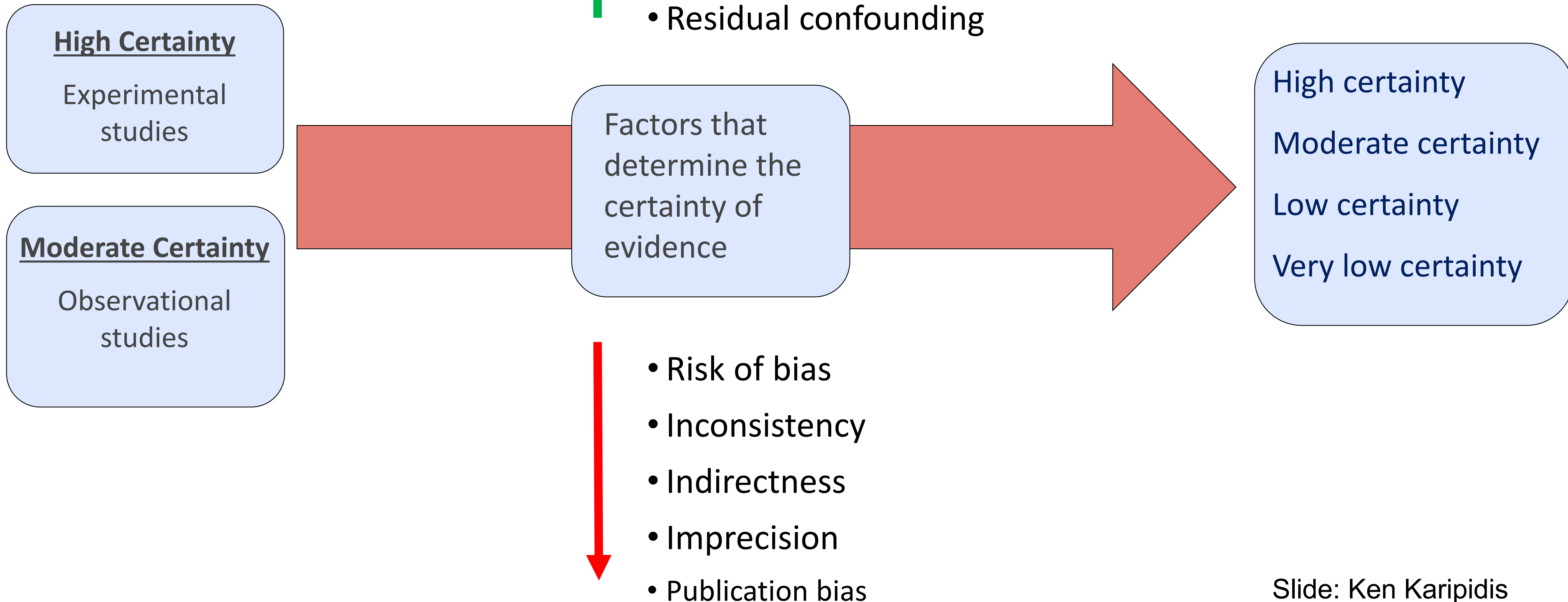
# Meta-Analysis: Head exposure and headache in the general population



# Certainty of evidence rating

Initial certainty

Final certainty



Slide: Ken Karipidis



# Human studies: overview of evidence

| Certainty assessment |                                                                       |               |                  |               |             |                  | Summary of findings |            |                       |           |
|----------------------|-----------------------------------------------------------------------|---------------|------------------|---------------|-------------|------------------|---------------------|------------|-----------------------|-----------|
| N of studies         | Study design                                                          | Risk of bias  | Inconsistency    | Indirectness  | Imprecision | Publication bias | Number of events    |            | SMD (95% CI)          | Certainty |
|                      |                                                                       |               |                  |               |             |                  | Exposure            | Comparison |                       |           |
| General population   |                                                                       |               |                  |               |             |                  |                     |            |                       |           |
| 1 Outcome            | Headache - head exposure   Exposure = 0.5 to 1.6 W/kg                 |               |                  |               |             |                  |                     |            |                       |           |
| 6                    | Trial                                                                 | Some concerns | No concerns      | No concerns   | No concerns | No concerns      | 319                 | 317        | 0.08 (-0.07 to 0.24)  | Moderate  |
| 2 Outcome            | Headache - whole body exposure   Exposure = 1.0 and 19.4 V/m          |               |                  |               |             |                  |                     |            |                       |           |
| 2                    | Trial                                                                 | No concerns   | No concerns      | No concerns   | No concerns | No concerns      | 132                 | 132        | 0.09 (-0.35 to 0.54)  | High      |
| 3 Outcome            | Sleeping disturbances - head exposure   Exposure = 1.0 to 6.0 W/Kg    |               |                  |               |             |                  |                     |            |                       |           |
| 8                    | Trial                                                                 | Some concerns | No concerns      | No concerns   | No concerns | No concerns      | 196                 | 196        | -0.01 (-0.22 to 0.20) | Moderate  |
| 4 Outcome            | Sleeping disturbances - whole body exposure   Exposure = NA           |               |                  |               |             |                  |                     |            |                       |           |
| 1                    | Trial                                                                 | Some concerns | Some concerns    | No concerns   | No concerns | No concerns      | 363                 | 363        | 0.00 (-0.15 to 0.15)  | Low       |
| 5 Outcome            | Composite symptoms - head exposure   Exposure = 0.4 to 1.6 W/kg       |               |                  |               |             |                  |                     |            |                       |           |
| 3                    | Trial                                                                 | Some concerns | Some concerns    | Some concerns | No concerns | No concerns      | 54                  | 56         | 0.13 (-0.51 to 0.76)  | Very low  |
| 6 Outcome            | Composite symptoms - whole body exposure   Exposure = 1.9 to 19.4 V/m |               |                  |               |             |                  |                     |            |                       |           |
| 4                    | Trial                                                                 | No concerns   | No concerns      | No concerns   | No concerns | No concerns      | 572                 | 572        | -0.05 (-0.17 to 0.07) | High      |
| IEI-EMF individuals  |                                                                       |               |                  |               |             |                  |                     |            |                       |           |
| 7 Outcome            | Headache - head exposure   Exposure = 0.8 to 1.4 W/kg                 |               |                  |               |             |                  |                     |            |                       |           |
| 3                    | Trial                                                                 | Some concerns | No concerns      | No concerns   | No concerns | No concerns      | 161                 | 163        | -0.16 (-0.38 to 0.06) | Moderate  |
| 8 Outcome            | Headache - whole body exposure   Exposure = 19.4 V/m (all)            |               |                  |               |             |                  |                     |            |                       |           |
| 1                    | Trial                                                                 | No concerns   | Some concerns    | No concerns   | No concerns | No concerns      | 58                  | 58         | 0.11 (-0.29 to 0.52)  | Moderate  |
| 9 Outcome            | Composite symptoms - head exposure   Exposure = 0.8 W/kg (all)        |               |                  |               |             |                  |                     |            |                       |           |
| 2                    | Trial                                                                 | Some concerns | Serious concerns | No concerns   | No concerns | No concerns      | 84                  | 85         | 0.05 (-0.58 to 0.68)  | Very low  |
| 10 Outcome           | Composite symptoms - whole body exposure   Exposure = 1.9 to 19.4 V/m |               |                  |               |             |                  |                     |            |                       |           |
| 3                    | Trial                                                                 | No concerns   | No concerns      | No concerns   | No concerns | No concerns      | 139                 | 139        | -0.19 (-0.46 to 0.07) | High      |

Bosch-Capblanch  
Environ Int 2024b



# EMF perception

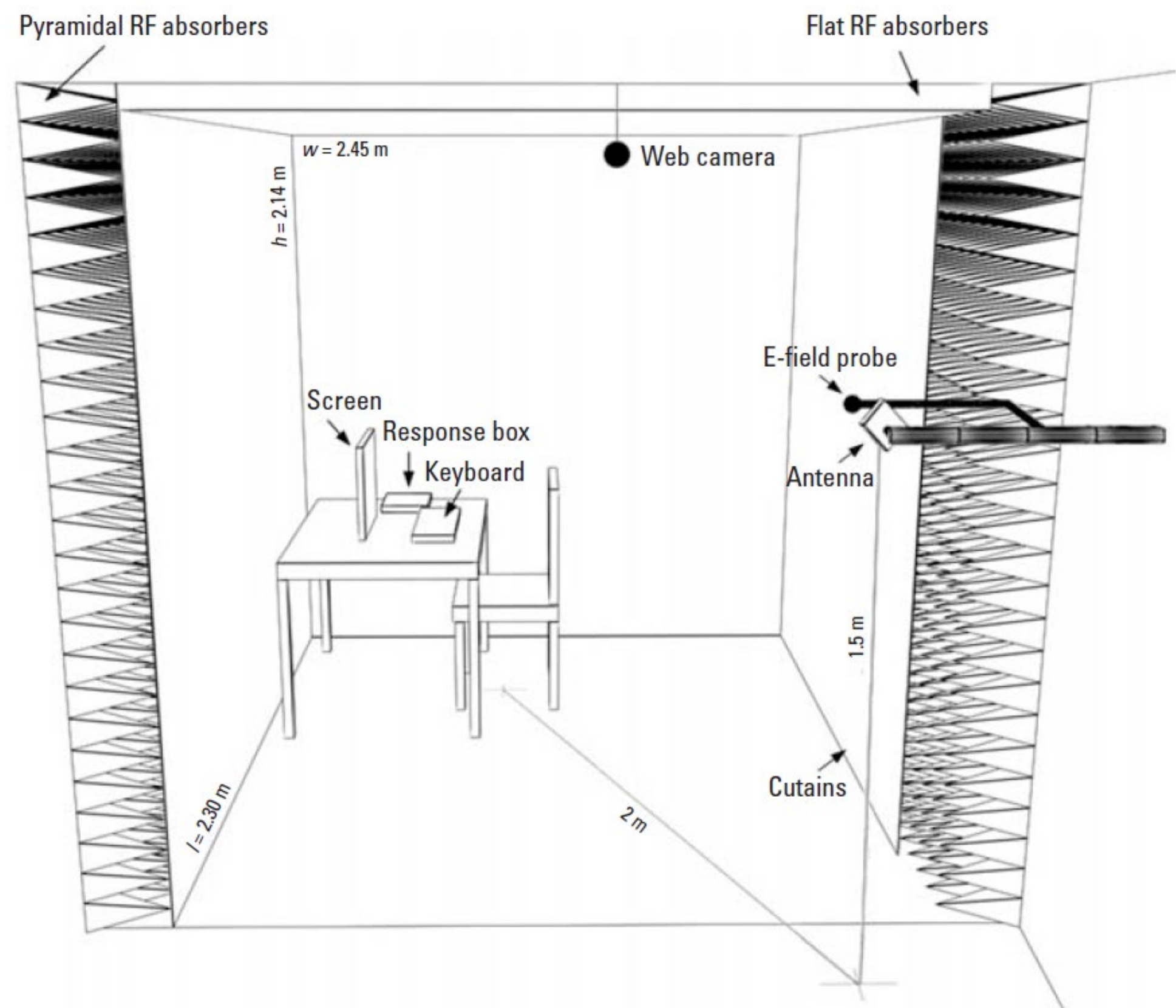
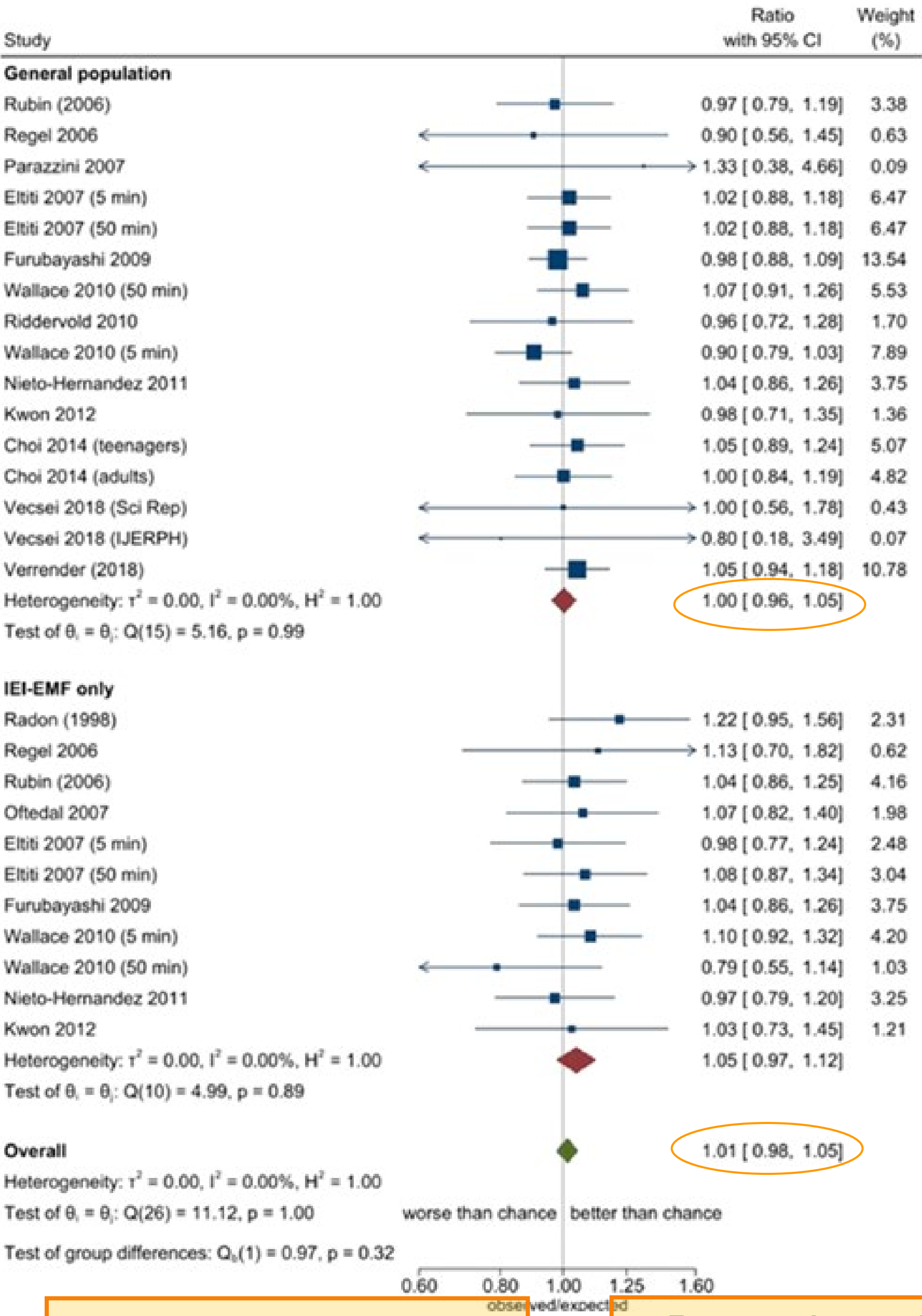


Figure from [Regel et al, 2006](#)



General population

IEI-EMF

[Bosch-Capblanch et al. 2024, Environ Int](#)

## Conclusion SR 8

- 40 studies with a total of 2,857 participants.
- No or small non-significant effects of exposure on symptoms with
  - high (three comparisons),
  - moderate (four comparisons),
  - low (one comparison) and very low (two comparisons) certainty of evidence.
- No indications that volunteers or IEI-EMF individuals could perceive exposure.
- Limitations of evidence:
  - experimental conditions are substantially different from real-life situations in the duration, frequency, distance and position of the exposure.
  - Most studies were conducted in young, healthy volunteers, who might be more resilient to RF-EMF than the general population.
- Interpretation: available evidence suggests that acute RF-EMF below regulatory limits does not cause symptoms and corresponding claims in the everyday life are related to perceived and not to real EMF exposure status.



# SR7: Self-reported symptoms - human observational studies



The effects of radiofrequency electromagnetic fields exposure on tinnitus, migraine and non-specific symptoms in the general and working population: A protocol for a systematic review on human observational studies

Martin Röösli<sup>a,b,\*</sup>, Stefan Dongus<sup>a,b</sup>, Hamed Jalilian<sup>c</sup>, Maria Feychting<sup>d</sup>, John Eyers<sup>e</sup>, Ekpereonne Esu<sup>f</sup>, Chioma Moses Oringanje<sup>g</sup>, Martin Meremikwu<sup>h</sup>, Xavier Bosch-Capblanch<sup>a,b</sup>

<sup>a</sup> Swiss Tropical and Public Health Institute, Socinstrasse 57, CH-4051 Basel, Switzerland

<sup>b</sup> University of Basel, Petersplatz 1, CH-4003 Basel, Switzerland

<sup>c</sup> Department of Occupational Health Engineering, Research Center for Environmental Pollutants, Faculty of Health, Qom University of Medical Sciences, Qom, Iran

<sup>d</sup> Unit of Epidemiology, Institute of Environmental Medicine, Karolinska Institutet, Stockholm, Sweden

<sup>e</sup> International Initiative for Impact Evaluation, 31e, c/o LIDC, 20 Bloomsbury Square, London WC1A 2NS, United Kingdom

<sup>f</sup> Department of Public Health, College of Medical Sciences, University of Calabar, Calabar, Nigeria

<sup>g</sup> Department of Biology, College of Art & Sciences, Xavier University, Cincinnati, OH, USA

<sup>h</sup> Faculty of Medicine, College of Medical Sciences, University of Calabar, Calabar, Nigeria



The effects of radiofrequency electromagnetic fields exposure on tinnitus, migraine and non-specific symptoms in the general and working population: A systematic review and meta-analysis on human observational studies

Martin Röösli<sup>a,b,\*</sup>, Stefan Dongus<sup>a,b</sup>, Hamed Jalilian<sup>a,b</sup>, John Eyers<sup>c</sup>, Ekpereonne Esu<sup>d</sup>, Chioma Moses Oringanje<sup>e</sup>, Martin Meremikwu<sup>f</sup>, Xavier Bosch-Capblanch<sup>a,b</sup>

<sup>a</sup> Swiss Tropical and Public Health Institute, Kreuzstrasse 2, CH-4123 Allschwil, Switzerland

<sup>b</sup> University of Basel, Petersplatz 1, CH-4003 Basel, Switzerland

<sup>c</sup> International Initiative for Impact Evaluation, 31e, c/o LIDC, 20 Bloomsbury Square, London WC1A 2NS, UK

<sup>d</sup> Department of Public Health, College of Medical Sciences, University of Calabar, Calabar, Nigeria

<sup>e</sup> Department of Biology, College of Art & Sciences, Xavier University, Cincinnati, OH, USA

<sup>f</sup> Faculty of Medicine, College of Medical Sciences, University of Calabar, Calabar, Nigeria

Special issue in Env. Int. With all protocol and result papers

# PECO

## Population

General population or workers

## Exposure

Continuous or repeated local and whole human body RF-EMF exposure of one week or longer

## Comparator

per-unit increase

## Outcome

**tinnitus, migraine and nonspecific symptoms**

5 primary hypotheses:

1. Tinnitus

2. Migraine

3. Headaches

4. Sleep disturbances

5. Composite symptom scores

} brain exposure



} whole body exposure

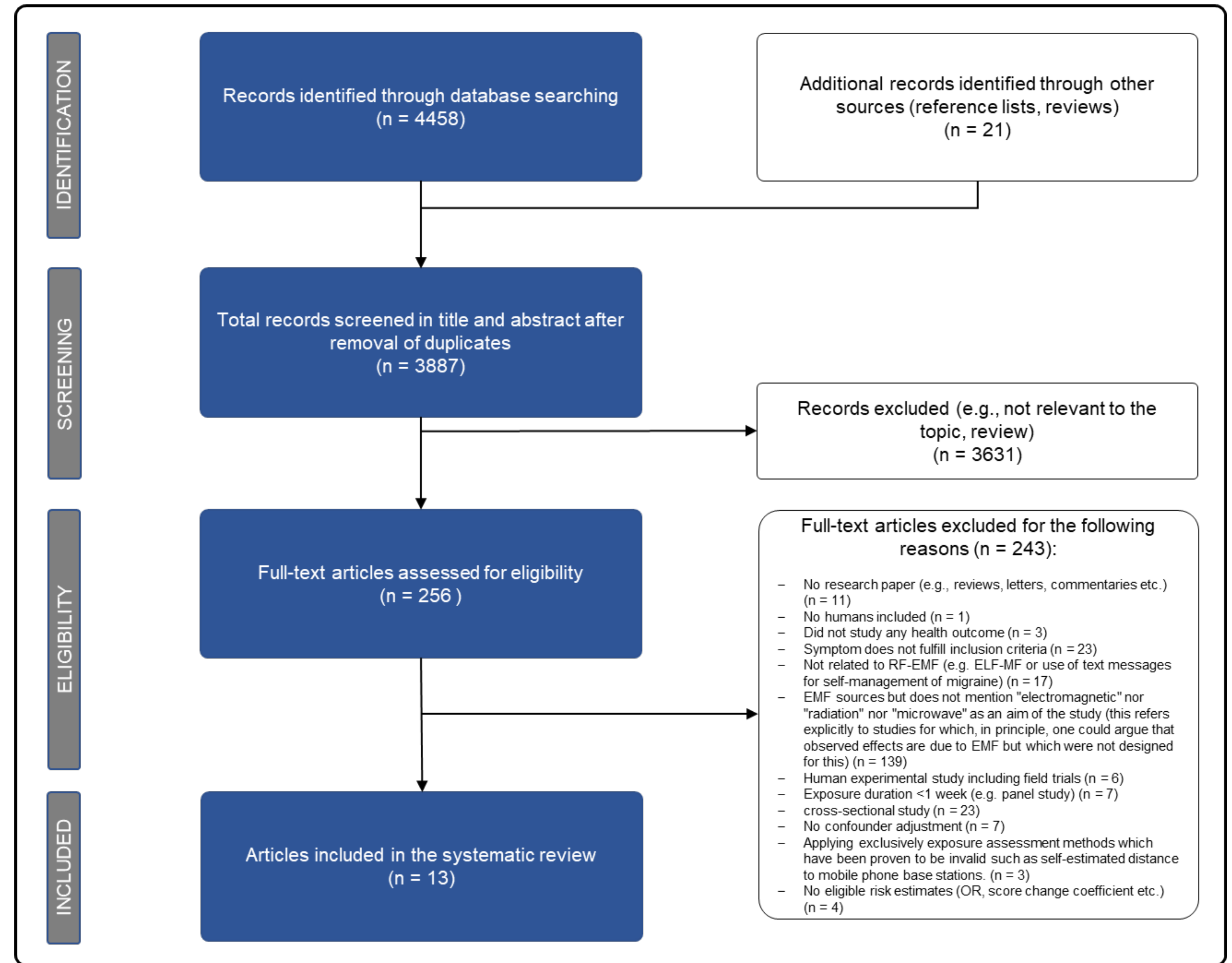


Röösli et al. 2024, Environ Int

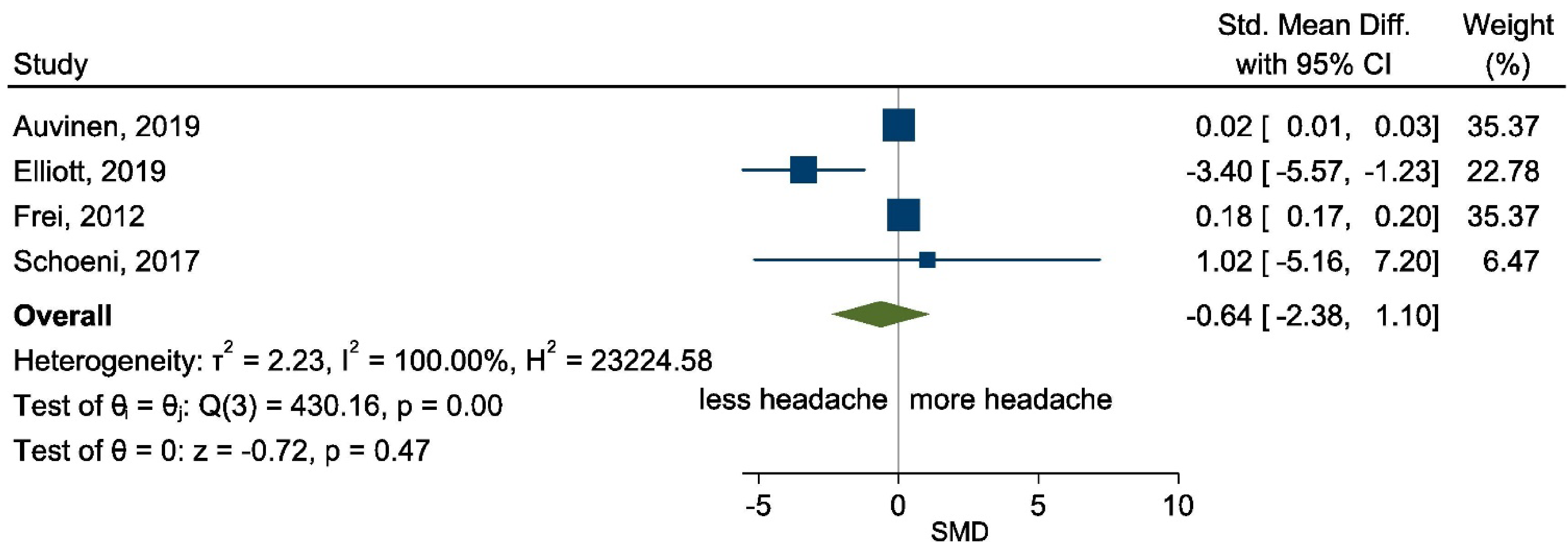


# Literature search

Röösli et al. 2024, Environ Int



# Headache in relation to exposure sources close to the brain



Random-effects REML model

SMD per 100 min wireless phone usage per week.  
SMD: standardized mean difference

Röösli, Env Int, 2024

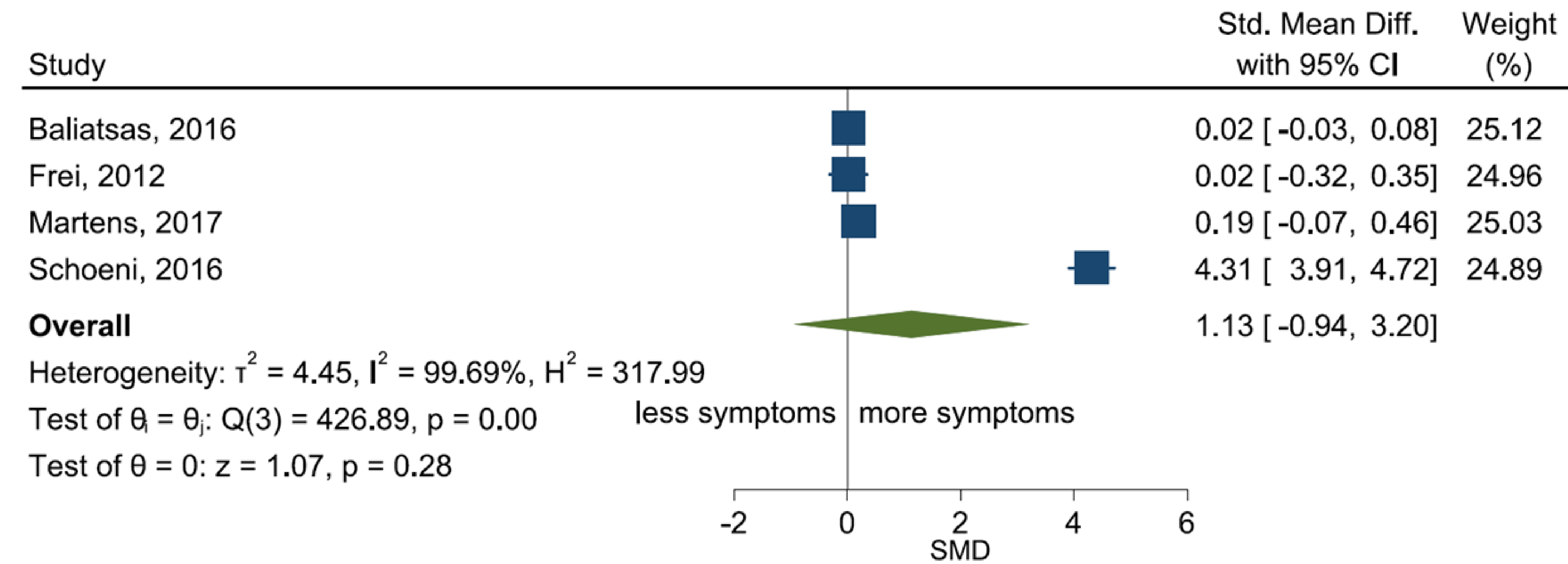
# Risk of Bias (adapted from OHAT)

Example:

|                                        |    |                                                                                                                                                                   |
|----------------------------------------|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Selection/participation bias</b>    | ++ | Nationwide study                                                                                                                                                  |
| <b>Confounding</b>                     | –  | No adjustment for socioeconomic status and a measure of distress                                                                                                  |
| <b>Attrition/exclusion bias</b>        | +  | Linkage with national data bases: no indication for attrition                                                                                                     |
| <b>Exposure assessment errors</b>      | –  | Only mobile phone subscription status available. Exposure misclassification from non-private subscriptions                                                        |
| <b>Outcome assessment errors</b>       | ++ | Use of hospital discharge register                                                                                                                                |
| <b>Selective reporting</b>             | +  | No indication for selective reporting                                                                                                                             |
| <b>Appropriate statistical methods</b> | +  | Use of standard analysis methods                                                                                                                                  |
| <b>Reverse causality</b>               | –  | No information whether patients have suffered from disease before exposure period. Disease may thus have affected the decision to get a mobile phone subscription |



# Composite symptom scores in relation to whole-body RF-EMF exposure



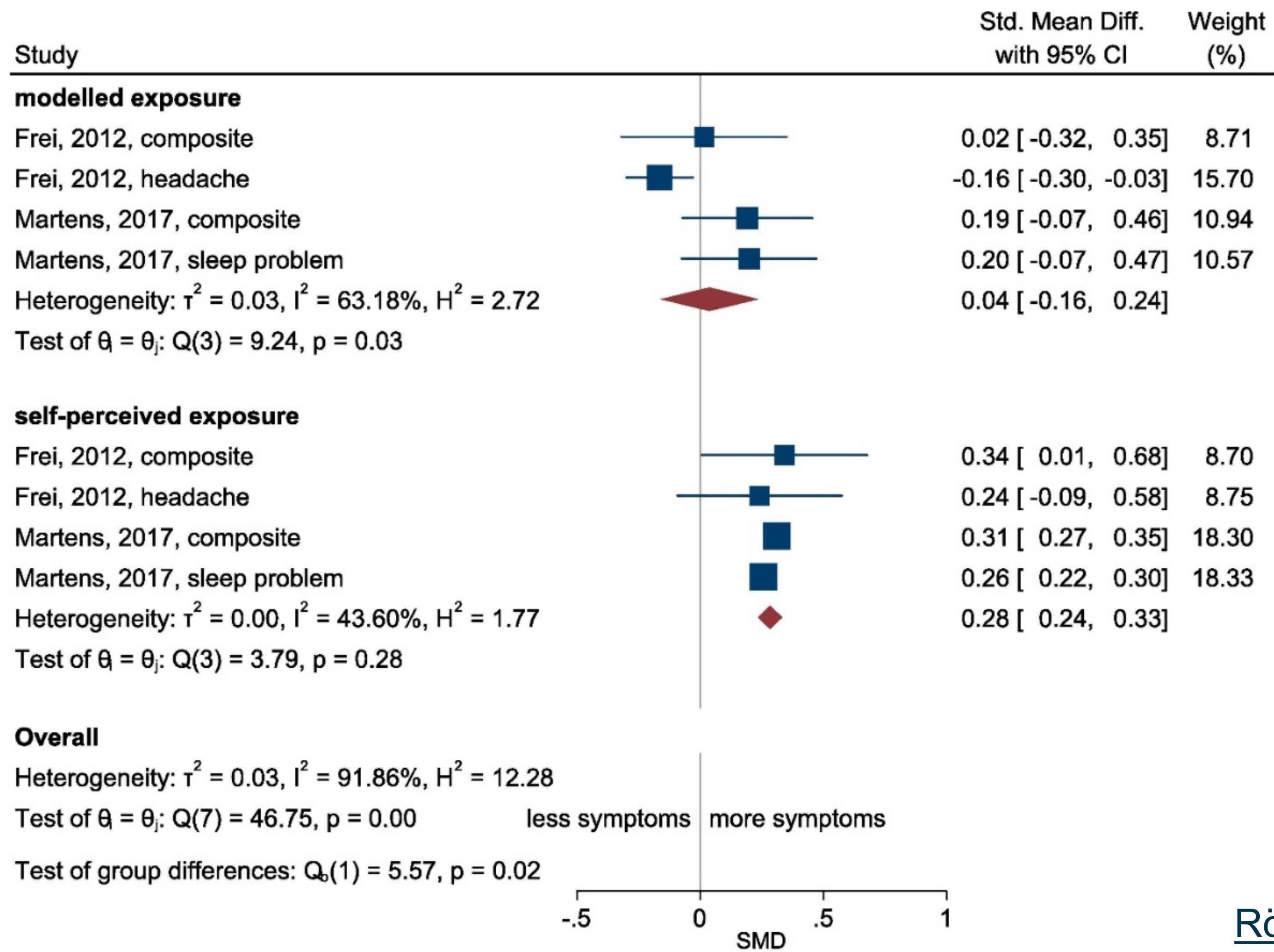
Random-effects REML model  
SMD per 1 V/m  
SMD: standardized mean difference

Röösli, Env Int, 2024

# Modelled vs. perceived exposure

modelled

Self-perceived



Random-effects REML model

Röösli, Env Int, 2024

# Evidence rating for no association

| Outcome            | Type of exposure | Start rating | Factors decreasing confidence |               |              |             |                  | Factors increasing confidence |                            |                      | Overall certainty of evidence |
|--------------------|------------------|--------------|-------------------------------|---------------|--------------|-------------|------------------|-------------------------------|----------------------------|----------------------|-------------------------------|
|                    |                  |              | Risk of bias                  | Inconsistency | Indirectness | Imprecision | Publication bias | Strength of association       | Exposure-response gradient | Residual confounding |                               |
| Tinnitus           | Brain            | 3            | -2                            | -1            | -1           | -1          | 0                | 0                             | 0                          | 0                    | <0 (very low)                 |
| Migraine           | Brain            | 3            | -2                            | -1            | -1           | 0           | 0                | 0                             | 0                          | 0                    | <0 (very low)                 |
| Headache           | Brain            | 3            | 0                             | -1            | -1           | -1          | 0                | 0                             | 0                          | 0                    | 0 (very low)                  |
| Sleep disturbances | Whole-body       | 3            | -1                            | -1            | 0            | -1          | 0                | 0                             | 0                          | 0                    | 0 (very low)                  |
| Composite symptoms | Whole-body       | 3            | -1                            | -1            | 0            | -1          | 0                | 0                             | 0                          | 0                    | 0 (very low)                  |

Röösli, Env Int, 2024



# Conclusion SR 7

- 8 cohort and 1 case-control studies with 486,558 participants (13 papers).
- Available research suggest that RF-EMF exposure below guideline values does not cause symptoms, but the evidence is very uncertain.
- No indications that volunteers or IEI-EMF individuals could perceive exposure.
- Limitations of evidence:
  - Long term exposure assessment is challenging.
  - Near field (mobile phone) use is related to lifestyle (-> confounding, reverse causality).
- Interpretation: no indication that RF-EMF below guideline values causes symptoms. However, inherent limitations of the research results in substantial uncertainty.



# SR1: Cancer - human observational studies

Environment International 157 (2021) 106828



Contents lists available at [ScienceDirect](#)

Environment International

journal homepage: [www.elsevier.com/locate/envint](http://www.elsevier.com/locate/envint)



The effect of exposure to radiofrequency fields on cancer risk in the general and working population: A **protocol** for a systematic review of human observational studies

Susanna Lagorio<sup>a,\*</sup>, Maria Blettner<sup>b</sup>, Dan Baaken<sup>b</sup>, Maria Feychting<sup>c</sup>, Ken Karipidis<sup>d</sup>, Tom Loney<sup>e</sup>, Nicola Orsini<sup>f</sup>, Martin Röösli<sup>g</sup>, Marilia Silva Paulo<sup>h</sup>, Mark Elwood<sup>i</sup>

<sup>a</sup> Department of Oncology and Molecular Medicine, National Institute of Health (Istituto Superiore di Sanità), Rome, Italy  
<sup>b</sup> Institute of Medical Biostatistics, Epidemiology and Informatics (IMBEI), University of Mainz, Germany  
<sup>c</sup> Institute of Environmental Medicine, Karolinska Institutet, Stockholm, Sweden  
<sup>d</sup> Australian Radiation Protection and Nuclear Safety Agency (ARPANSA), Yallambie, VIC, Australia  
<sup>e</sup> College of Medicine, Mohammed Bin Rashid University of Medicine and Health Sciences, Dubai, United Arab Emirates  
<sup>f</sup> Department of Global Public Health, Karolinska Institutet, Stockholm, Sweden  
<sup>g</sup> Swiss Tropical and Public Health Institute, Basel, Switzerland; University of Basel, Basel, Switzerland  
<sup>h</sup> Institute of Public Health, College of Medicine and Health Sciences, United Arab Emirates University, Al Ain, United Arab Emirates  
<sup>i</sup> University of Auckland, New Zealand

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Environment International 191 (2024) 108983



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The effect of exposure to radiofrequency fields on cancer risk in the general and working population: A systematic review of human observational studies – **Part I: Most researched outcomes**

Ken Karipidis<sup>a,\*</sup>, Dan Baaken<sup>b,d</sup>, Tom Loney<sup>c</sup>, Maria Blettner<sup>d</sup>, Chris Brzozek<sup>a</sup>, Mark Elwood<sup>e</sup>, Clement Narh<sup>f</sup>, Nicola Orsini<sup>g</sup>, Martin Röösli<sup>h,i</sup>, Marilia Silva Paulo<sup>j</sup>, Susanna Lagorio<sup>k</sup>

Environment International 196 (2025) 109274



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Full length article

The effect of exposure to radiofrequency fields on cancer risk in the general and working population: A systematic review of human observational studies – **Part II: Less researched outcomes**

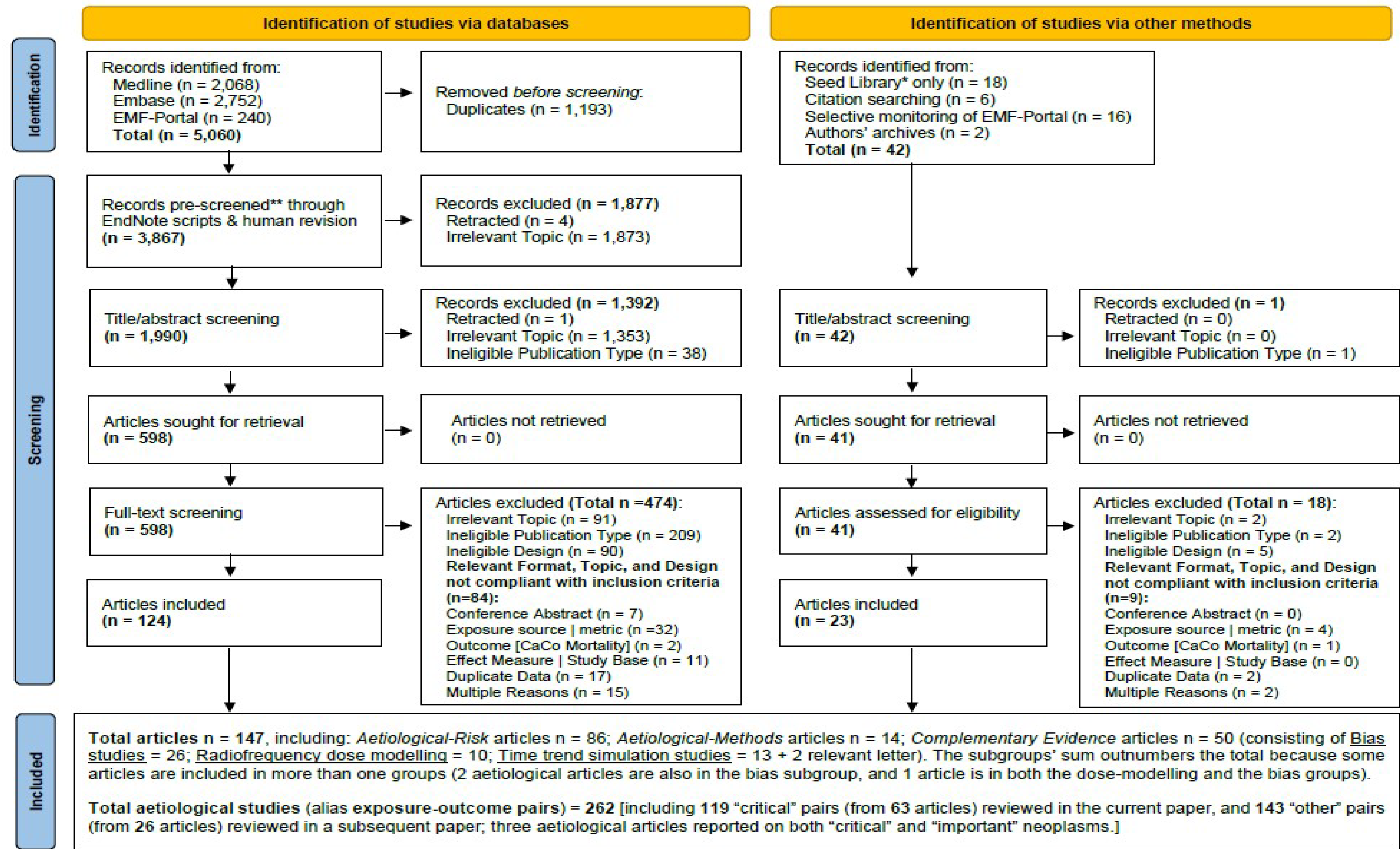
Ken Karipidis<sup>a,\*</sup>, Dan Baaken<sup>b,d,1</sup>, Tom Loney<sup>c</sup>, Maria Blettner<sup>d,1</sup>, Rohan Mate<sup>a</sup>, Chris Brzozek<sup>a</sup>, Mark Elwood<sup>e</sup>, Clement Narh<sup>f</sup>, Nicola Orsini<sup>g</sup>, Martin Röösli<sup>h</sup>, Marilia Silva Paulo<sup>i</sup>, Susanna Lagorio<sup>j,2</sup>

| PECO              | SR-A                                                                                                                                                                                                  | SR-B                                                                                                                                                                 | SR-C                                                                                          |
|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| <b>Population</b> | General population                                                                                                                                                                                    |                                                                                                                                                                      | Workers                                                                                       |
| <b>Exposure</b>   | Near field (phone)                                                                                                                                                                                    | Far field (transmitters)                                                                                                                                             | Near & far field                                                                              |
| <b>Comparator</b> | Never/non-regular use                                                                                                                                                                                 | No or low-level exposure                                                                                                                                             |                                                                                               |
| <b>Outcome</b>    | <b>Critical:</b><br>Glioma/brain cancer in adults; paediatric brain tumours; meningioma; acoustic neuroma; pituitary gland tumours; salivary gland tumours<br><b>Important:</b><br>Any other neoplasm | <b>Critical:</b><br>Childhood leukaemia, paediatric brain tumours, glioma/brain cancer in adults, and leukaemia in adults<br><b>Important:</b><br>Any other neoplasm | <b>Critical:</b><br>Glioma/brain cancer, leukaemia<br><b>Important:</b><br>Any other neoplasm |

Lagoria et al. 2021, Environ Int



# Literature search



Karipidis et al. 2024, Environ Int

# Risk of bias (adapted from OHAT)

**Table 7**

Heat map illustrating the risk of bias assessment results.

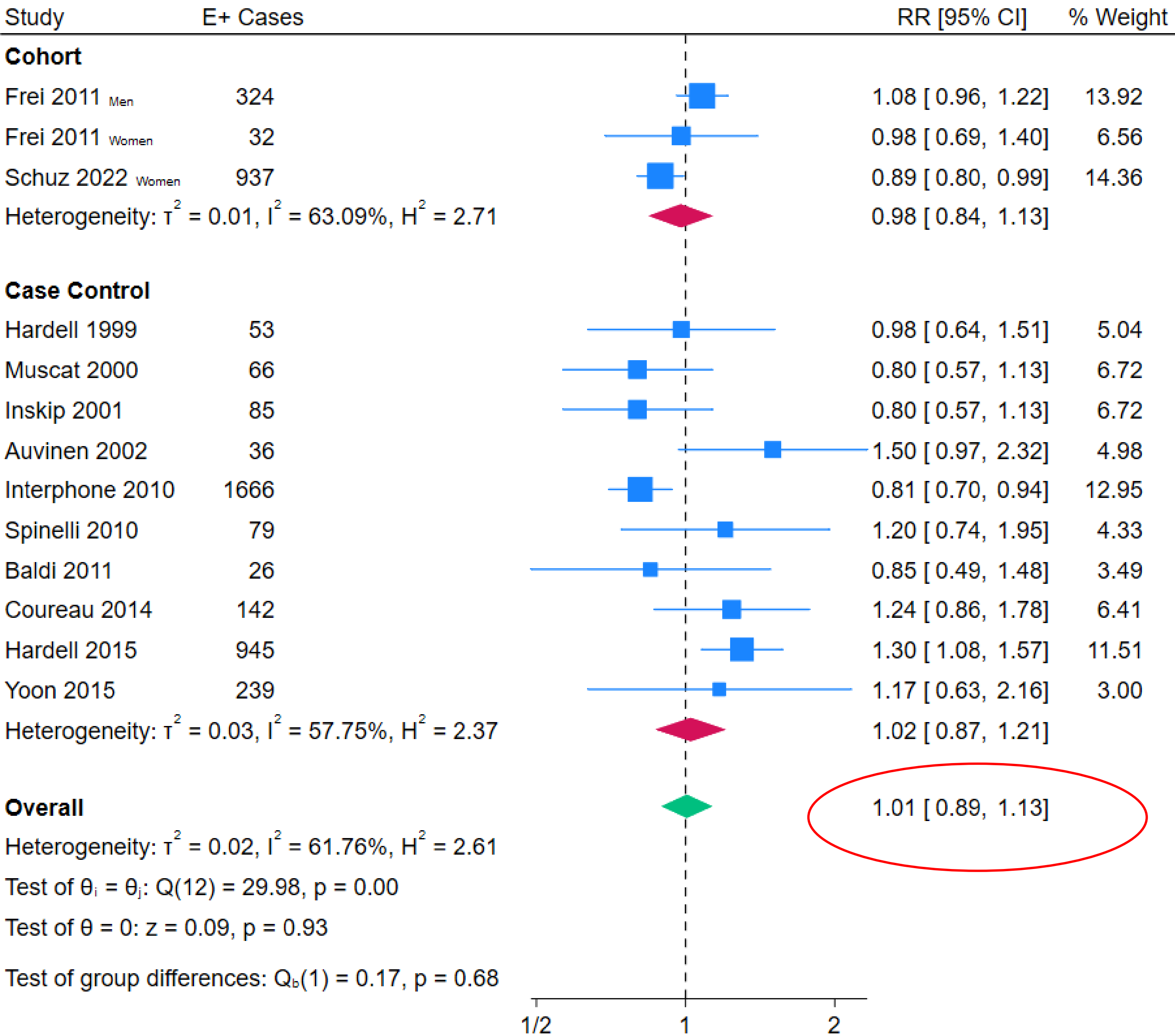
| SR-A Mobile phones              | Selection | Attrition | Exposure | Outcome | Confounding | Selective reporting | Statistical methods | Summary bias tier |
|---------------------------------|-----------|-----------|----------|---------|-------------|---------------------|---------------------|-------------------|
| <b>Paediatric Brain Tumours</b> |           |           |          |         |             |                     |                     |                   |
| Aydin et al. 2011b              | (+)       | (++)      | (+)      | (++)    | (+)         | (++)                | (++)                | 1                 |
| Feltbower et al. 2014           | (+)       | (NR)      | (+)      | (++)    | (+)         | (++)                | (++)                | 2                 |
| Castano-Vinyals et al. 2022     | (+)       | (++)      | (+)      | (++)    | (+)         | (++)                | (++)                | 1                 |
| <b>Glioma</b>                   |           |           |          |         |             |                     |                     |                   |
| Hardell et al. 1999             | (NR)      | (--)      | (NR)     | (++)    | (NR)        | (++)                | (++)                | 2                 |
| Muscat et al. 2000              | (+)       | (+)       | (NR)     | (++)    | (+)         | (+)                 | (++)                | 1                 |
| Inskip et al. 2001              | (+)       | (+)       | (+)      | (++)    | (+)         | (++)                | (++)                | 1                 |
| Auvinen et al. 2002             | (+)       | (++)      | (+)      | (++)    | (+)         | (++)                | (++)                | 1                 |
| Hardell et al. 2002b            | (NR)      | (--)      | (--)     | (++)    | (NR)        | (++)                | (++)                | 2                 |
| Christensen et al. 2005         | (++)      | (+)       | (+)      | (++)    | (+)         | (++)                | (++)                | 1                 |
| Lonn et al. 2005                | (+)       | (+)       | (+)      | (++)    | (+)         | (++)                | (++)                | 1                 |
| Hardell et al. 2006             | (--)      | (--)      | (--)     | (++)    | (+)         | (++)                | (++)                | 2                 |
| Hepworth et al. 2006            | (+)       | (+)       | (+)      | (++)    | (+)         | (++)                | (++)                | 1                 |
| Schuz et al. 2006a              | (+)       | (+)       | (+)      | (++)    | (+)         | (+)                 | (++)                | 1                 |
| Hours et al. 2007               | (+)       | (NR)      | (+)      | (++)    | (+)         | (++)                | (++)                | 2                 |

Karipidis et al. 2024, Environ Int



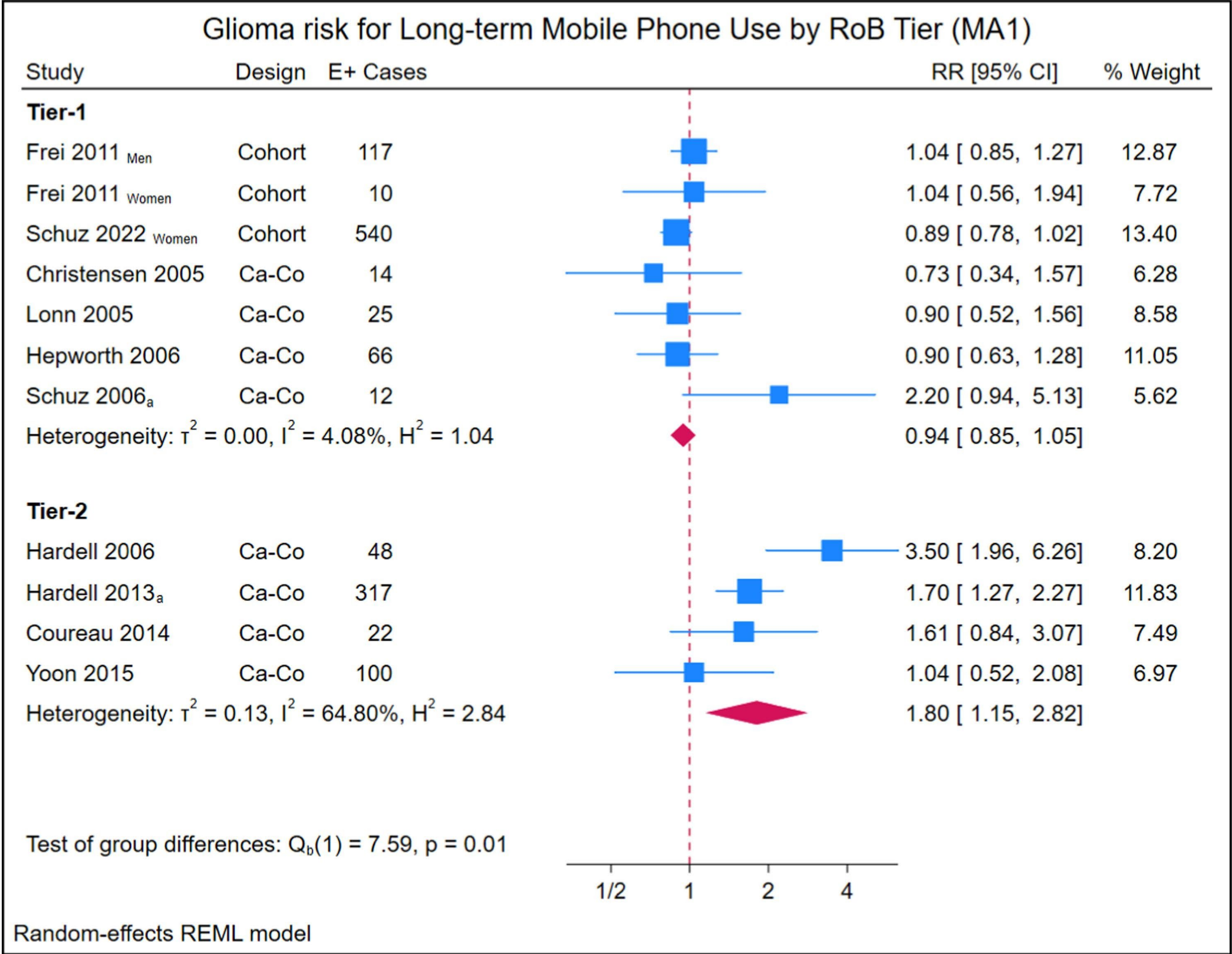
# Main Results

Mobile Phone Use (Ever|Regular) and Glioma Risk (MA5)



Karipidis et al. 2024, Environ Int

# Long-term use, stratified by study quality



Karipidis et al. 2024, Environ Int

# Brain cancer results



**Moderate certainty evidence** that RF exposure from mobile phones is not associated with brain cancer in adults or children

---



**Low certainty evidence** that RF exposure from base stations or broadcast antennas is not associated with brain cancer in children

---

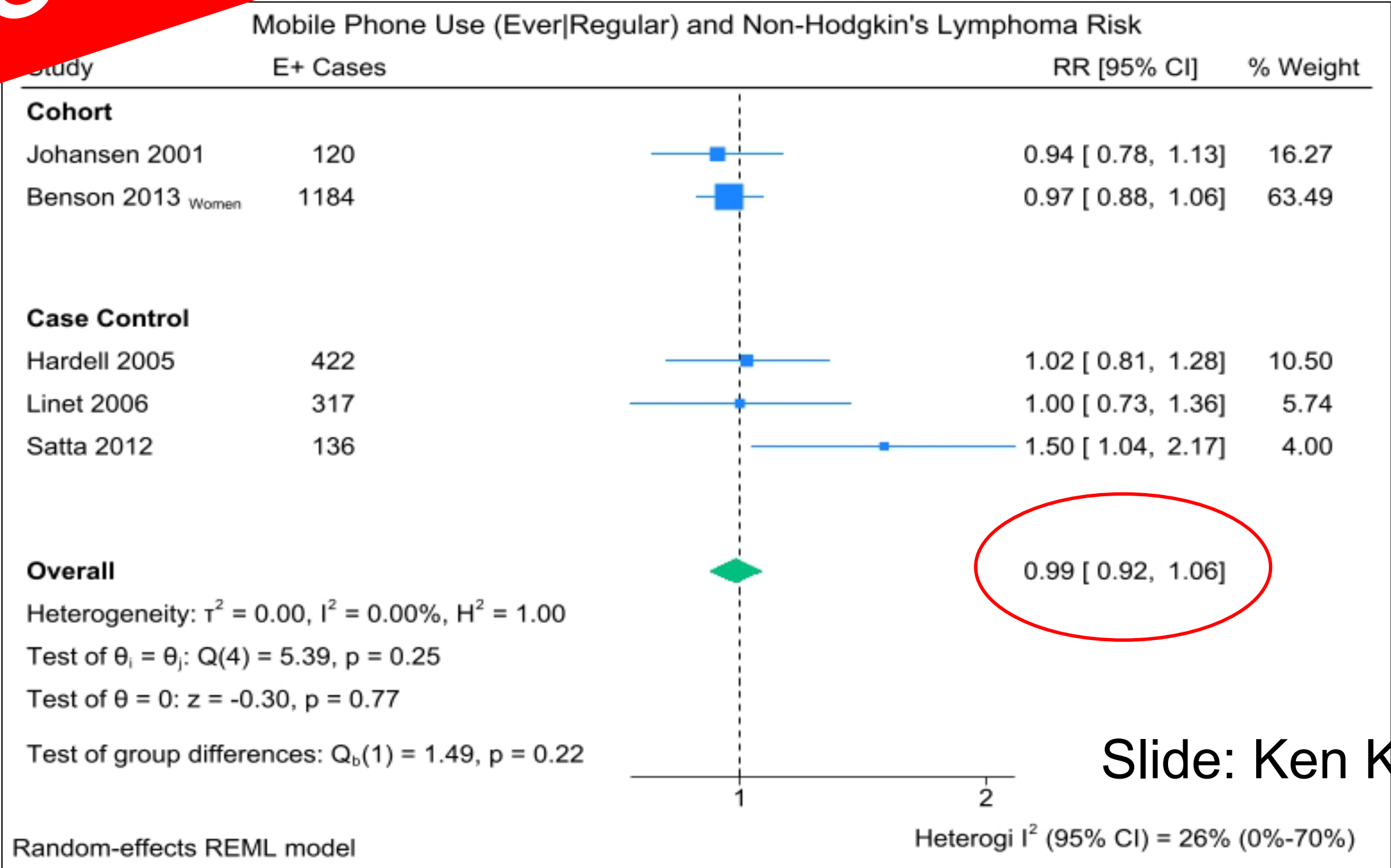
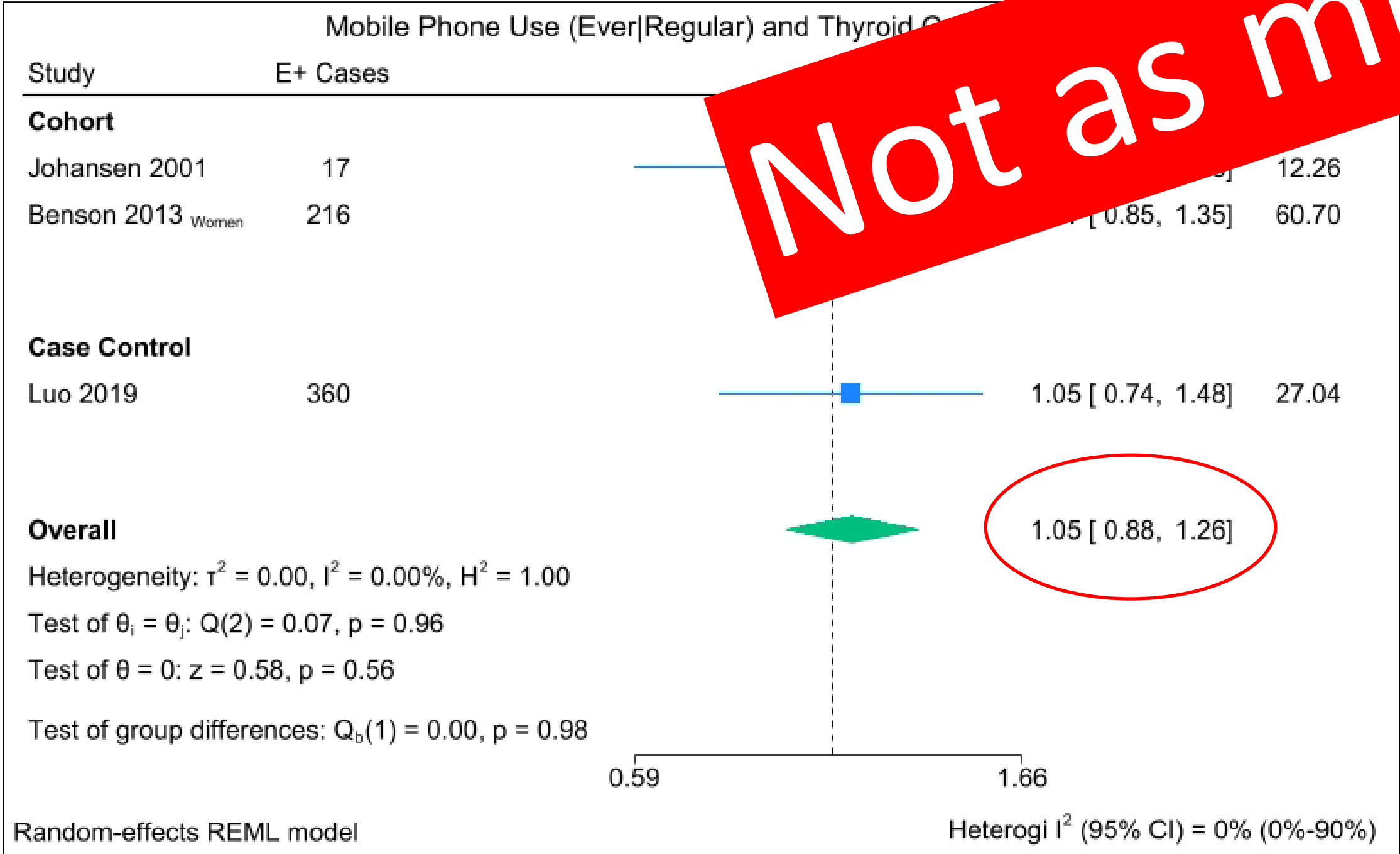
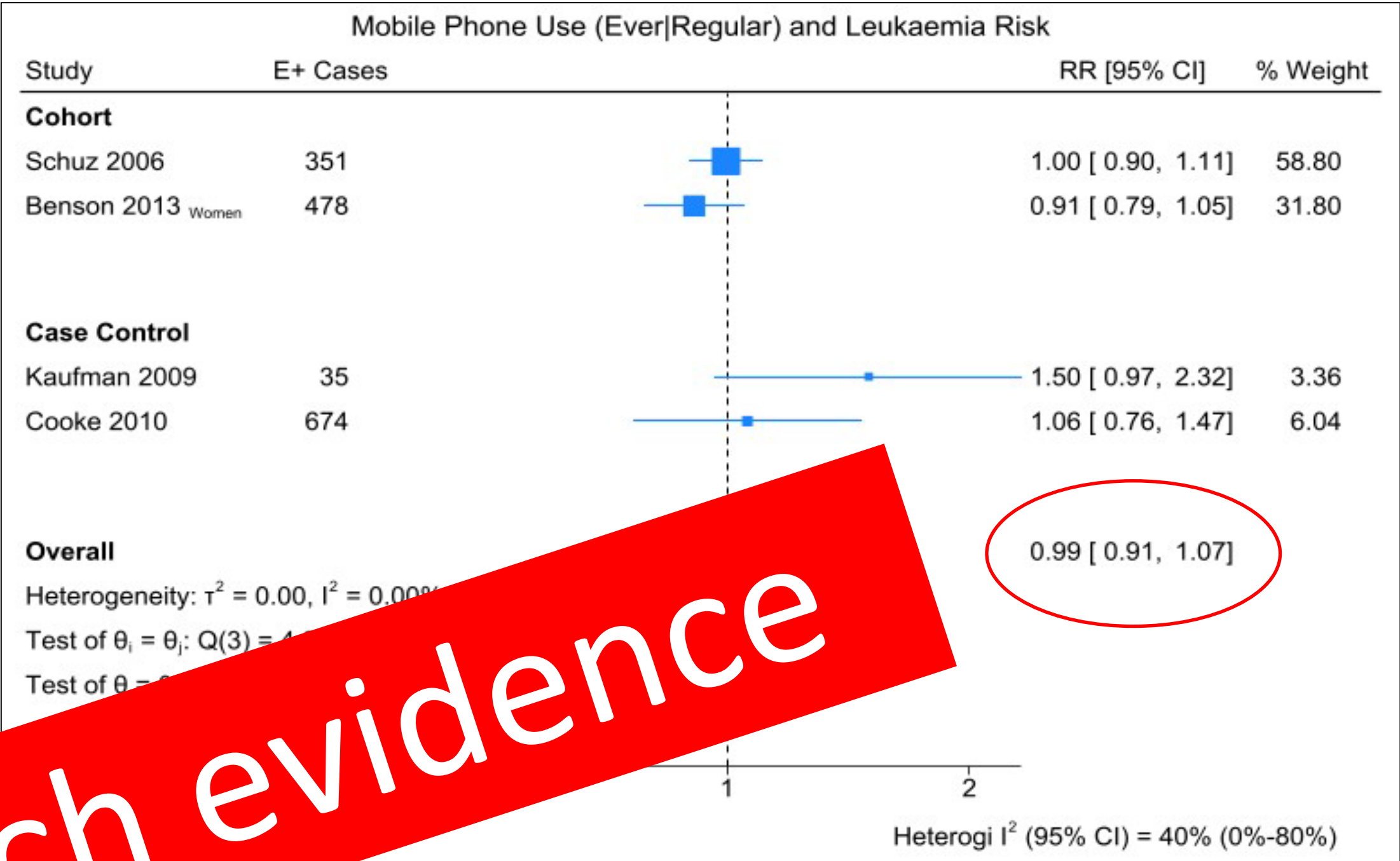


**Low certainty evidence** that occupational RF exposure is not associated with brain cancer

Slide: Ken Karipidis

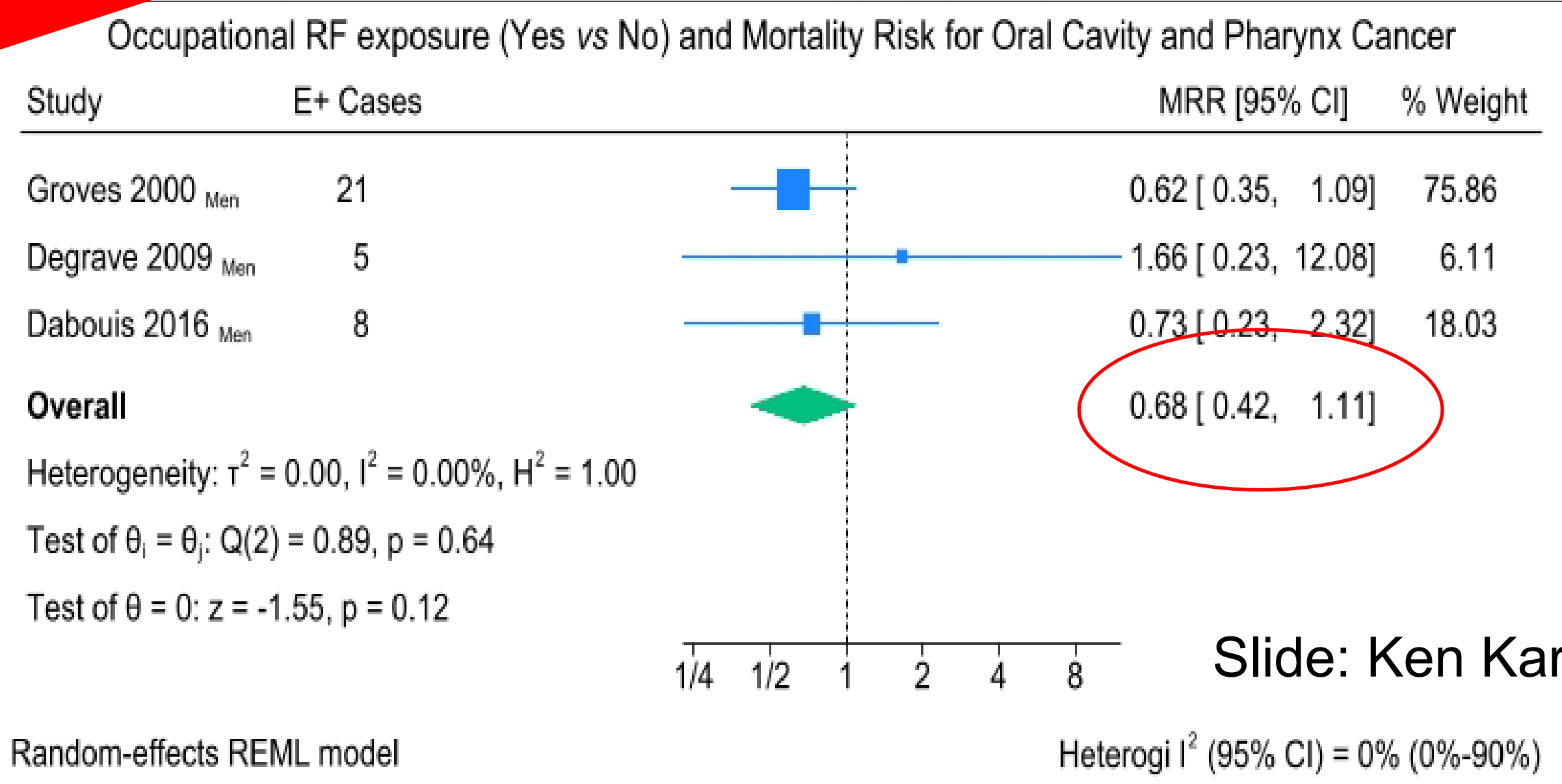
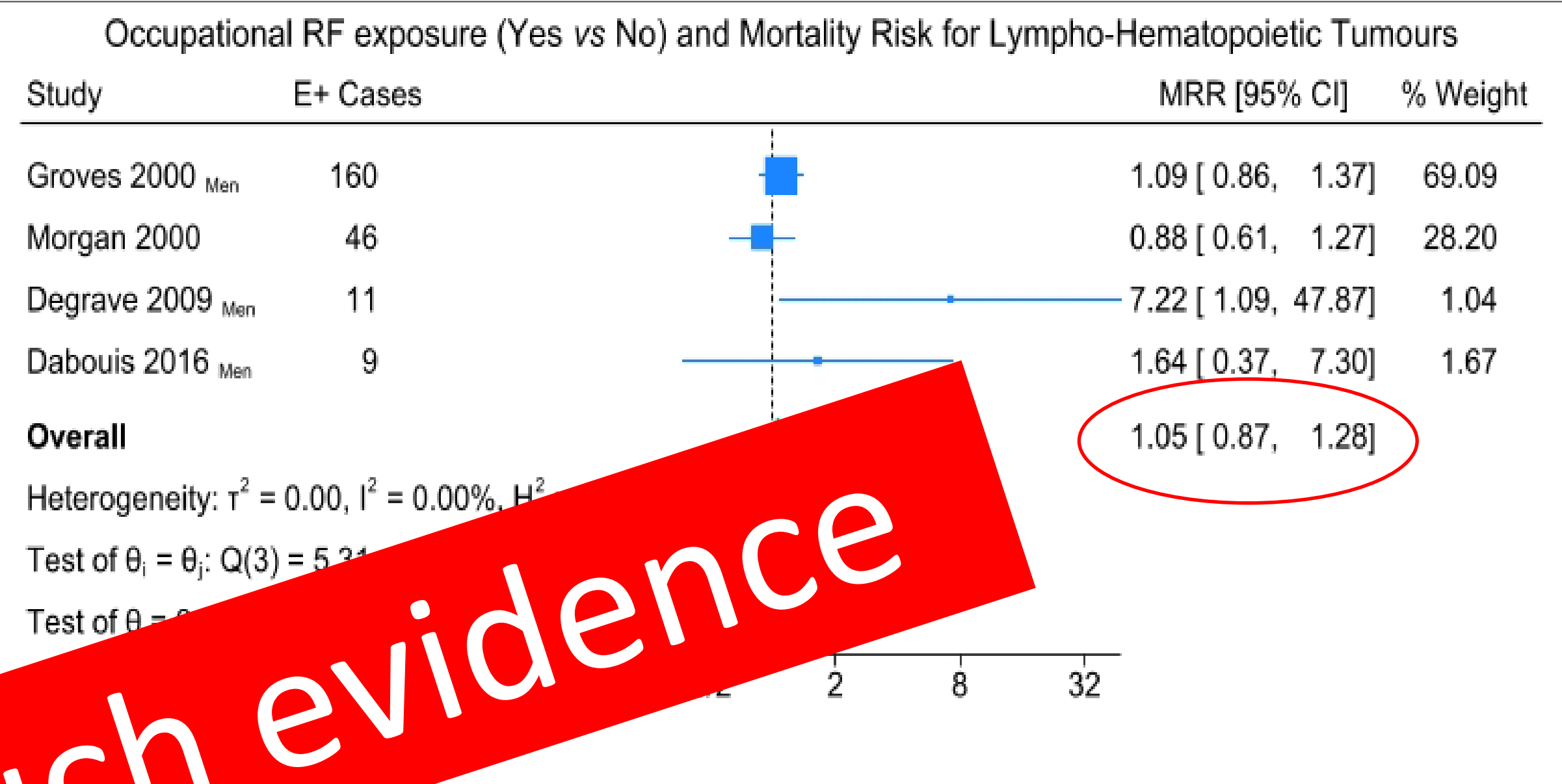


# Mobile phone use and other cancers





# Occupational exposure and other cancers



Slide: Ken Karipidis

Random-effects REML model

Heterogi  $I^2$  (95% CI) = 0% (0%-90%)

# Conclusion for other cancers



**Low certainty evidence** that RF exposure from mobile phones is not associated with leukaemia, non-Hodgkin's lymphoma or thyroid cancer.

---



**Not enough evidence** on base stations or broadcast antennas

---



**Low certainty evidence** that occupational RF exposure is not associated with blood cancers or mouth cancer

# Conclusion SR 1

- Critical outcomes: 63 aetiological articles on 119 different E-O pairs  
Important outcomes: 26 articles on 143 different E-O pairs (65 types of neoplasms)
- Available research does not indicate increased cancer risk with varying degree of certainty
- Complementary evidence from time-trend studies indicate that the increased risks observed in some case-control studies are incompatible with the actual incidence rates in several countries.



All reviews

| Outcome  |                                           | Human Studies                                                                                                                                                               | Animal Studies                                                                                                                                                               |
|----------|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| My talks | Non-specific symptoms and general effects | <b>Experimental:</b> General symptoms – whole body (all) & headaches (general population) with whole-body exposure, perception [Bosch-Capblanch 2024] [---]                 | Oxidative stress in rodents (blood serum, thymus, testes) [Meyer 2024] [ + ]                                                                                                 |
|          |                                           | <b>Experimental:</b> headaches -head exposure (all) – whole body (EHS) sleep – head exposure (general population) [Bosch-Capblanch 2024] [ -- ]                             |                                                                                                                                                                              |
|          |                                           | <b>Experimental:</b> sleep – whole body (general population), general symptoms – head exposure (all) [Bosch-Capblanch 2024] [ -- ]                                          | Oxidative stress (inconsistent brain, liver, blood in animals & cell cultures) [Meyer 2024] [ - ]                                                                            |
|          |                                           | <b>Observational:</b> tinnitus, migraine, headache – head exposure, sleep, general symptoms – whole body [Röösli 2024] [ - ]                                                |                                                                                                                                                                              |
|          | Tumors                                    | <b>Observational:</b> glioma, meningioma, acoustic neuroma, pituitary & salivary gland tumors (near field)[Karipidis 2024] [ -- ]                                           | Glioma, heart schwannoma [Mevissen 2025] [ +++ ]                                                                                                                             |
|          |                                           | <b>Observational:</b> Leukemia, lymphoma, thyroid cancer (near-field) [Karipidis 2025]; brain tumors in children (far-field); glioma (occupational) [Karipidis 2024] [ - ]  | Lymphomas, kidney, liver, lung cancers [Mevissen 2025] [ ++ ]                                                                                                                |
|          |                                           |                                                                                                                                                                             | gastrointestinal/digestive, kidney, mammary gland, urinary, endocrine, musculoskeletal, reproductive, auditory , immune , pituitary, skin, urinary [Mevissen 2025] [ - / + ] |
|          | Reproduction & fertility                  | <b>Observational:</b> Reproduction – Women; general population and occupational exposure (birth weight, preterm birth, stillbirths, fetal development) [Johnson 2024] [ - ] | Female fertility (litter size/offspring number) [Cordelli 2023] [ -- ]                                                                                                       |
|          |                                           | <b>Observational:</b> Reproduction – Men; general population (sperm count, concentration, motility, morphology) [Kenny 2024] [ - ]                                          | Male fertility (litter size/offspring number) [Cordelli et al. 2024] [ -- ]                                                                                                  |
|          |                                           |                                                                                                                                                                             | Female reproduction (offspring infertility, sex ratio) [Cordelli 2023] [ - ]                                                                                                 |
|          |                                           | <b>Ex vivo:</b> Male semen quality [Cordelli 2023] [ + ]                                                                                                                    | Male fertility (frequency of non-pregnancy) [Cordelli et al. 2024] [ ++ ]                                                                                                    |
|          |                                           | <b>Ex vivo:</b> Male semen quality DNA [Cordelli et al. 2024] [ - ]                                                                                                         | Infertile animals, sperm & DNA quality, testis health, sperm production, testosterone [Cordelli 2024] [ + ]                                                                  |
|          | Cognition & development disturbances      | <b>Experimental:</b> short-term memory, attention, reaction time [Pophof 2024] [ --- ]                                                                                      | Female reproduction in animals (brain development of offspring [Cordelli 2023] [ -- ]                                                                                        |
|          |                                           | <b>Experimental:</b> Perception, motor skills, conceptualization, processing [Pophof 2024] [ -- ]                                                                           | Female reproduction in animals (reduced fetal weight) [Cordelli 2023] [ ++ ]                                                                                                 |
|          |                                           | <b>Experimental:</b> Speed of motor Functions [Pophof 2024] [ + ]                                                                                                           | Female reproduction in animals (fetal abortions, malformations; offspring learning, memory, motor/sensory functions [Cordelli 2023] [ + ]                                    |

Legend of Evidence Reliability

|                                         |
|-----------------------------------------|
| [ --- ] High certainty of no effects    |
| [ -- ] Moderate certainty of no effects |
| [ - ] (Very) low certainty of no        |
| [ +++ ] High certainty of effects       |
| [ ++ ] Moderate certainty of effects    |
| [ + ] (Very) low certainty of effects   |





Swiss TPH 

Questions?

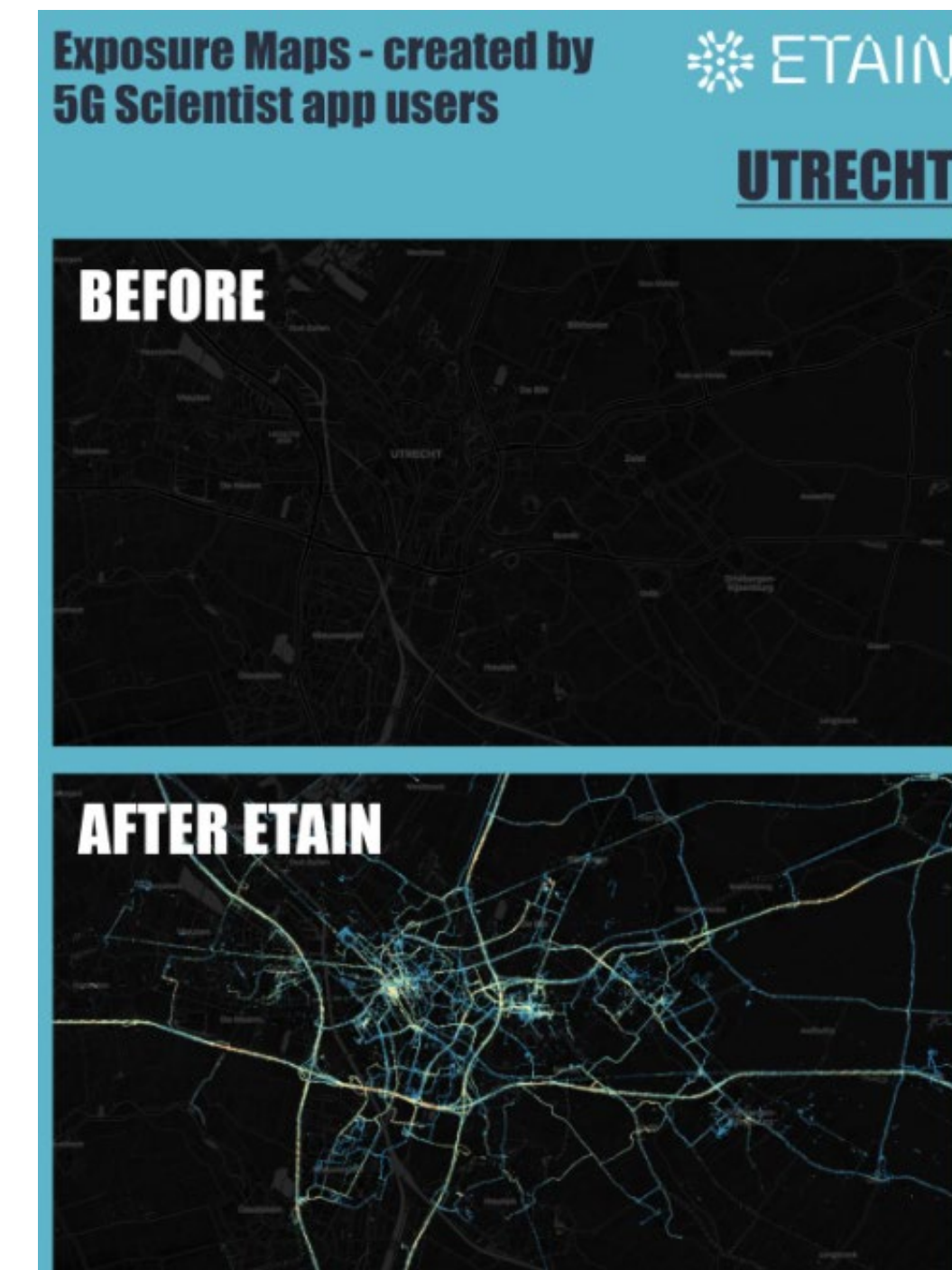
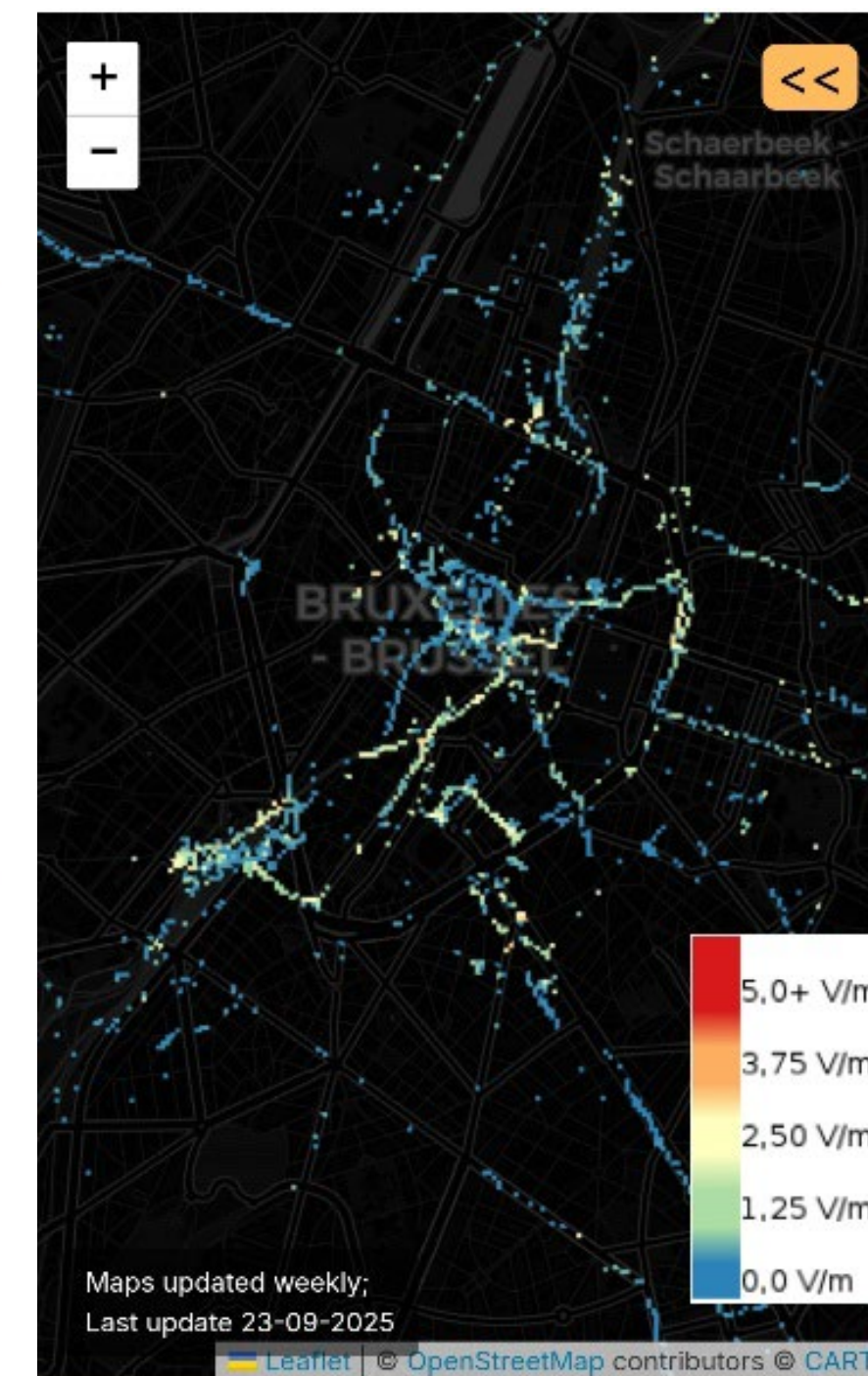
E-mail: [martin.roosli@swisstph.ch](mailto:martin.roosli@swisstph.ch)

Improved exposure assessment:



ETAIN 5G Scientist  
App

<https://www.etaiproject.eu/eta-in-5g-scientist>







**Dr Jos Verbeek**  
WHO Task Group on  
Radiofrequency Fields and  
Health Risks, 2023

# WHO assessment of health effects of exposure to RF-EMF



# Assessing health risks from exposure to Radiofrequency Electromagnetic Fields (RF-EMF): The systematic reviews

Dr Emilie van Deventer  
Radiation and Health Unit  
World Health Organization, Geneva, Switzerland  
[vandeventere@who.int](mailto:vandeventere@who.int)

Dr Jos Verbeek  
Guideline methodologist, WHO consultant  
[jos@jverbeek.eu](mailto:jos@jverbeek.eu)

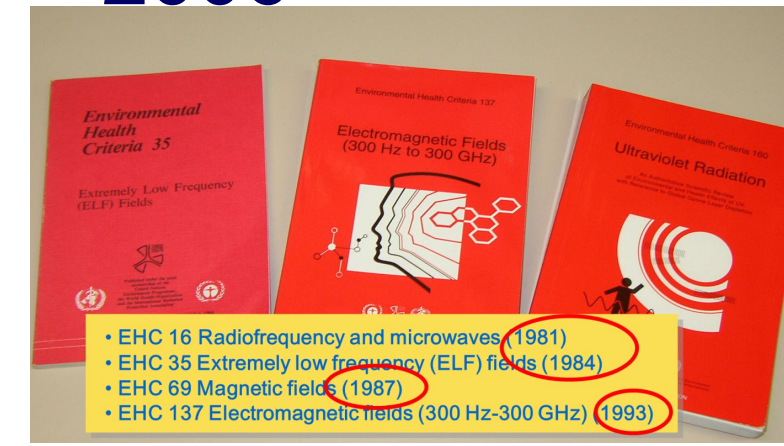
# WHO RF EMF project



2006



2007



2002

2013



Prioritizing health outcomes when assessing the effects of exposure to radiofrequency electromagnetic fields: A survey among experts

Jos Verbeek<sup>a,\*</sup>, Gunnhild Oftedal<sup>b</sup>, Maria Feychting<sup>c</sup>, Eric van Rongen<sup>d</sup>, Maria Rosaria Scarfi<sup>e</sup>, Simon Mann<sup>f</sup>, Rachel Wong<sup>g</sup>, Emilie van Deventer<sup>h</sup>

<sup>a</sup> Amsterdam University Medical Center, Cochrane Work Review Group, Amsterdam, the Netherlands  
<sup>b</sup> Department of Electronic Systems, Norwegian University of Science and Technology - NTNU, Trondheim, Norway  
<sup>c</sup> Unit of Epidemiology, Institute of Environmental Medicine, Karolinska Institute, Stockholm, Sweden  
<sup>d</sup> Health Council of the Netherlands, Den Haag, the Netherlands  
<sup>e</sup> National Research Council, Institute for Electromagnetic Sensing of the Environment, Naples, Italy  
<sup>f</sup> Public Health England, Chilton, Didcot, United Kingdom  
<sup>g</sup> University of Toronto, Toronto, Canada  
<sup>h</sup> Department of Environment, Climate Change and Health, World Health Organization, Geneva, Switzerland

2021



2022



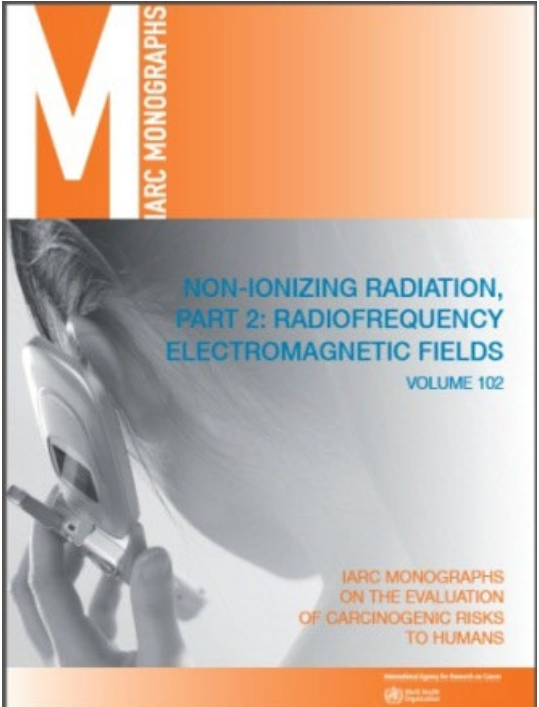
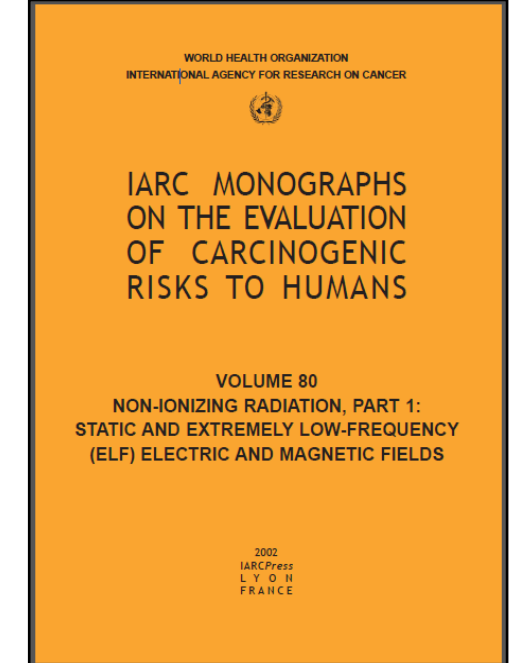
2025



2025



2026



# Systematic reviews

| Human<br>Observational<br>studies              | Human<br>Experimental<br>studies               | Animal<br>Experimental<br>studies      | In-vitro studies                       |
|------------------------------------------------|------------------------------------------------|----------------------------------------|----------------------------------------|
| SR1 - Cancer                                   |                                                | SR2 - Cancer                           |                                        |
| SR3 - Adverse reproductive<br>outcomes         |                                                | SR4 - Adverse reproductive<br>outcomes | SR4 - Adverse reproductive<br>outcomes |
| SR5 - Cognitive impairment                     | SR6 - Cognitive impairment                     |                                        |                                        |
| SR7 - Symptoms                                 | SR8 – Symptoms                                 |                                        |                                        |
|                                                |                                                | SR9 - Oxidative stress                 | SR9 - Oxidative stress                 |
| SR10 – Heat and pain, burns,<br>cataract, etc. | SR10 – Heat and pain,<br>burns, cataract, etc. |                                        |                                        |



# Systematic Review (SR) results

- Each SR includes a Summary of Findings table that presents:
  - All evaluated outcomes relevant to the topic
  - For each outcome, the table provides:
    - A **numerical result**, e.g., Risk Ratio , Relative Risk (RR) or Standardized Mean Difference (SMD)
    - A **95% Confidence Interval (CI)** indicating the range of likely values
    - An **assessment of certainty** attached to the result
- Example: The RR of glioma associated with mobile phone exposure compared to no exposure is **1.01**, with a **95% CI of 0.90 to 1.14**, assessed with **moderate certainty**

# How to judge a result?

1. Effect: Direction and Magnitude
  - $RR > 1 \rightarrow$  Suggests a harmful effect
  - $RR < 1 \rightarrow$  Suggests a beneficial effect
  - $RR = 1 \rightarrow$  Indicates no effect
2. Statistical certainty/confidence
  - Reflects the range of values that are plausible given statistical uncertainty
  - If the 95% CI includes 1, the RR is not statistically significantly different from 1 (similar to  $p < 0.05$ )
3. Certainty of the evidence
  - Indicates how confident we are that the observed result reflects the **true effect**

# How to judge a Relative Risk (RR)?

- **Example:** Glioma RR=1.01
  - Indicates a 1% increase in risk
  - From individual perspective
    - This increase is negligible
    - The small risk disappears against other risks
  - From population perspective
    - Widespread exposure means even small risks can affect many people
    - Cumulative impact can be significant
- **Comparison:** Air pollution and mortality
  - RR for mortality with  $10 \mu\text{g}/\text{m}^3$  increase in  $\text{PM}_{2.5} = 1.08$
  - Global burden of disease: 7 to 8 million premature deaths per year



# How to judge a 95% Confidence Interval (CI)?

- Wider CI – indicates greater statistical uncertainty

## Example 1: Small study

- Study A: 10 RF EMF-exposed and control participants and risk for cancer
- RR = 5 (95% CI: 0.1 to 105) statistically non-significant
- Example 2: Large study
  - Study B: 10,000 RF EMF-exposed and control participants and risk for cancer
  - RR = 1.2 (95% CI: 0.9 to 1.4) statistically non-significant
- What narrows the 95% CI?
  - More events, larger study populations, more studies

# How to judge a 95% CI

- **Example:** Glioma RR = 1.01, 95% CI: 0.9 to 1.14
  - If the study were repeated, the **true effect** would likely fall within this range
  - The CI still includes possibilities of **meaningful benefit or harm**
    - Especially relevant from a **population health perspective**
- **Comparison:** Air Pollution and Mortality
  - WHO systematic review:
    - **RR = 1.08, 95% CI: 1.06 to 1.09**
    - Based on **~9.5 million participants** across **17 cohort studies**

# How to judge certainty of evidence?

- GRADE approach - Downgrade when:
  - Risk of bias: Limitations in study design or conduct
  - Inconsistency: Results vary across studies
  - Indirectness: Evidence does not directly apply to the research question
  - Imprecision: Wide confidence intervals or limited data
  - Publication bias: Selective publications of positive results
- Certainty levels: High, Moderate, Low, Very low
  - Evidence typically starts at High or Moderate, depending on study type.
- Example: Glioma
  - Certainty level: Moderate
  - No downgrading applied → Starts and remains at Moderate



# How to better state 'no effect'?

- $RR = 1 \rightarrow$  Indicates similar risk in exposed and control groups
- However, always statistical uncertainty, reflected in the confidence interval (CI)
- A statement of 'no effect' is only possible if
  - A prespecified threshold defines what counts as "no effect"
  - The 95% CI excludes that threshold

## Example: WHO Drinking Water Quality Guideline

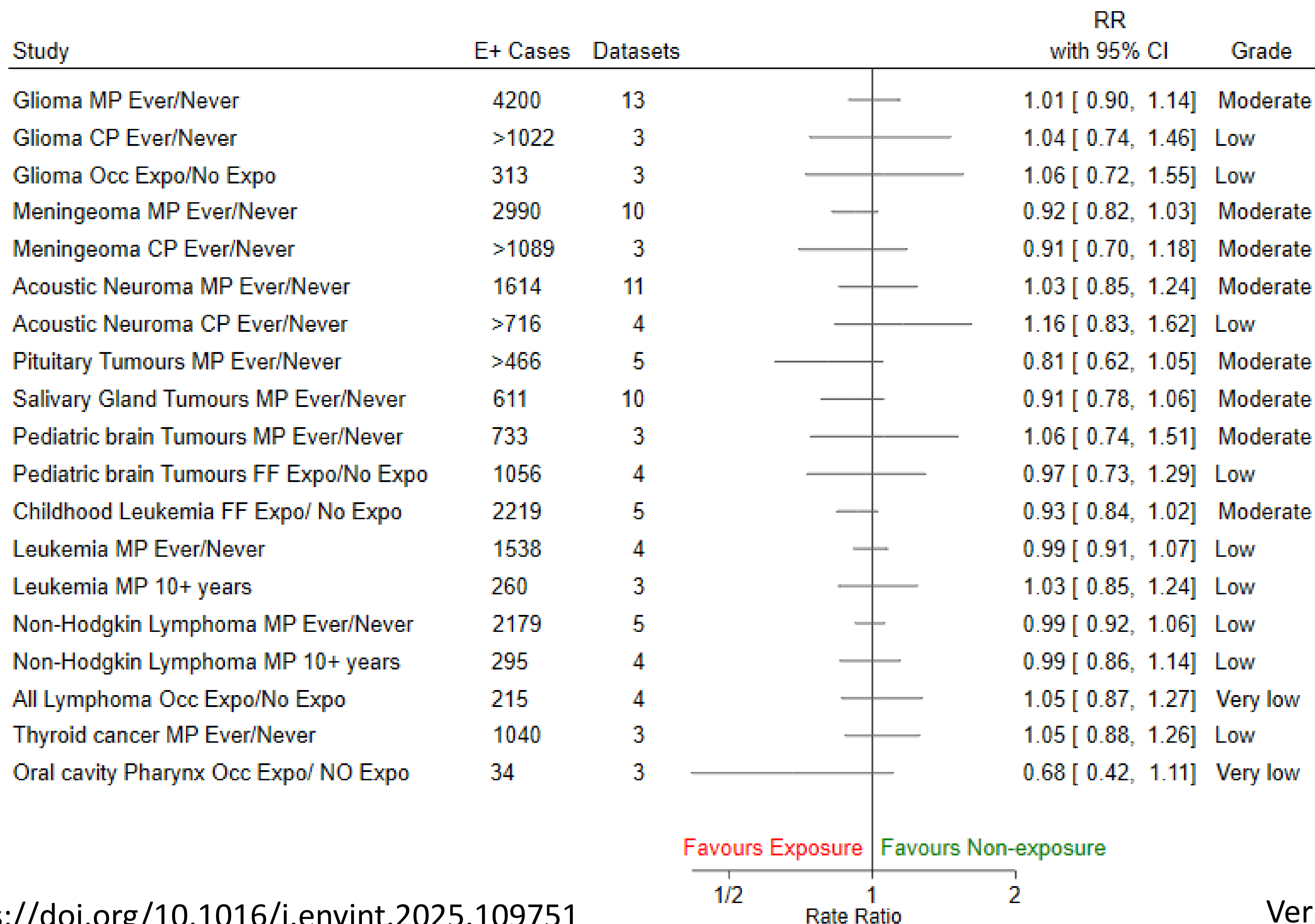
- Defines **tolerable risk** as **less than 1 in a million** lifetime cancer risk from chemical exposure in drinking water

# Systematic review on cancer in humans

## ‘No effect’ for glioma

- Glioma RR = 1.01 (95% CI: 0.9 to 1.14)
  - Suggests no statistically significant effect
  - But: the confidence interval still includes potential for harm or benefit
- What is a reasonable ‘no effect’ threshold or tolerable risk?
  - Water Quality Guidelines: Tolerable risk = less than 1 in a million lifetime cancer risk
  - Air Quality Guidelines: RR =1.08 for mortality, or RR =1.12 for lung cancer
- Conclusion:
  - More studies would be needed to narrow the 95% CI
  - More discussion is needed to define tolerable risk thresholds
  - Current evidence: No statistically significant effect observed

# Risk of various cancers from RF EMF in meta-analysis of human observational studies





# Systematic review on cancer in animals



- Methodological differences
  - No meta-analysis conducted
  - No numerical summary of results provided
- Definition of Effect
  - A statistically significant increase in cancer incidence in at least one study
  - Studies showing no effect are not considered in the conclusion
- Certainty of Evidence
  - Based solely on the 'positive' studies
  - Rated as high certainty if the study is large and has low risk of bias
- Key Concern
  - Different methodological approaches can lead to different conclusions
  - This was not addressed in the review

# RF EMF and Cognition

Effects of RF EMF on Cognitive Performance in Human Observational and Experimental studies

| Study                                                        | Participants | Studies/Datasets | Standardized Mean Difference<br>with 95% CI | Grade    |
|--------------------------------------------------------------|--------------|------------------|---------------------------------------------|----------|
| <b>Orientation and Attention</b>                             |              |                  |                                             |          |
| Exp Attention-Concentration; focussed attention-accuracy     | 379          | 4                | 0.10 [ -0.05, 0.24]                         | Moderate |
| Exp Attention-Concentration; focussed attention-speed        | 264          | 3                | 0.00 [ -0.17, 0.18]                         | High     |
| Exp Attention-Divided attention-accuracy                     | 267          | 4                | -0.09 [ -0.35, 0.18]                        | Low      |
| Exp Attention-Divided attention-speed                        | 527          | 6                | -0.01 [ -0.14, 0.12]                        | High     |
| Exp Attention-Selective attention-accuracy                   | 865          | 10               | 0.18 [ -0.02, 0.38]                         | Low      |
| Exp Attention-Selective attention-speed                      | 904          | 13               | 0.08 [ -0.09, 0.25]                         | Moderate |
| Exp Attention-Vigilance-accuracy                             | 398          | 6                | 0.04 [ -0.09, 0.18]                         | High     |
| Exp Attention-Vigilance-speed                                | 494          | 7                | 0.12 [ -0.04, 0.28]                         | Moderate |
| Exp Attentional capacity; attention-accuracy                 | 871          | 5                | 0.02 [ -0.10, 0.15]                         | High     |
| Obs Complex attention Env Expo Children                      | 79           | 1                | -0.09 [ -0.75, 0.57]                        | Low      |
| Obs Complex attention MP Adults                              | 159          | 1                | 0.22 [ -0.29, 0.73]                         | Very low |
| Exp Processing speed- > 2 choice reaction time task-accuracy | 262          | 3                | -0.13 [ -0.30, 0.04]                        | Moderate |
| Exp Processing speed- > 2 choice reaction time task-speed    | 1033         | 7                | -0.05 [ -0.14, 0.03]                        | High     |
| Exp Processing speed-2 Choice reaction time task-accuracy    | 234          | 3                | -0.06 [ -0.38, 0.25]                        | Low      |
| Exp Processing speed-2 Choice reaction time task-speed       | 747          | 9                | -0.02 [ -0.13, 0.08]                        | High     |
| Exp Processing speed-Other tasks-accuracy                    | 608          | 5                | 0.04 [ -0.08, 0.15]                         | High     |
| Exp Processing speed-Other tasks-speed                       | 478          | 6                | 0.07 [ -0.12, 0.26]                         | Moderate |
| Exp Processing speed-Simple reaction time task-speed         | 1585         | 14               | 0.07 [ -0.02, 0.16]                         | High     |
| Exp Working Memory- 0-back task-accuracy                     | 534          | 8                | 0.06 [ -0.06, 0.18]                         | High     |
| Exp Working Memory- 0-back task-speed                        | 534          | 8                | -0.03 [ -0.15, 0.09]                        | high     |
| Exp Working Memory- 1-back task-accuracy                     | 566          | 9                | 0.00 [ -0.11, 0.12]                         | High     |
| Exp Working Memory- 1-back task-apeed                        | 840          | 11               | -0.09 [ -0.18, 0.00]                        | High     |
| Exp Working Memory- 2 back task-accuracy                     | 626          | 10               | -0.05 [ -0.16, 0.05]                        | High     |
| Exp Working Memory- 2 back task-speed                        | 948          | 13               | -0.04 [ -0.13, 0.04]                        | High     |
| Exp Working Memory- 3 back task-accuracy                     | 474          | 7                | 0.03 [ -0.10, 0.15]                         | High     |
| Exp Working Memory- 3 back task-speed                        | 796          | 10               | -0.02 [ -0.11, 0.08]                        | High     |
| Exp Working Memory- Mental tracking-accuracy                 | 801          | 7                | -0.05 [ -0.15, 0.05]                        | High     |

# Systematic review on cognition in humans

- How to judge the results
  - Interpretation challenges
    - Many different tests used
    - No result is statistically significant
- Individual perspective
  - Patients often score 1–2 standard deviations (SDs) below average on similar tests
  - Review findings show very small effects (fractions of an SD) with narrow 95% CIs
- Population perspective
  - More study would be needed
- Certainty of the evidence
  - Rated as high
  - Results are likely to reflect the true effect, despite being small



# Results for other health outcomes

- Fertility Female and Fertility Male
  - Observational studies: no clear pattern, very low certainty
  - animal studies consistently positive, low certainty
- Symptoms
  - consistently negative, moderate to low certainty
- Oxidative stress
  - very inconsistent results, very low certainty

# What's next?

- Task group
  - Will integrate evidence streams into a conclusion on broader health topics (e.g. cancer)
  - Has already formulated conclusions for all topics except cancer
  - Will complete its report by the end of the year
- External review group
  - Will review and comment on the Task Group's report
- WHO Guideline Review Committee
  - Will evaluate the report according to WHO guideline handbook
- Publication of the report as an EHC Monograph in 2026

# Q&A: WHO assessment of health effects of exposure to RF-EMF



**Professor Martin Röösli**  
Swiss Tropical and Public Health Institute  
Switzerland



**Dr Jos Verbeek**  
WHO Task Group on Radiofrequency  
Fields and Health Risks, 2023



**DI Manfred Ruttner**  
A1 Telekom Austria,  
Deputy Chair GSMA EMF  
and Health



Coffee break





**Stefano D'Elia**  
Vodafone Group,  
GSMA EMF and Health Delegate

## Introduction to session 2: GOLIAT project and the perspective of EMF expert groups



**Dr Gemma Castaño**  
Epidemiologist  
ISGlobal (Spain)

# GOLIAT (5G expOsure, causal effects, and risk perception through citizen engAgemenT): project overview and current status



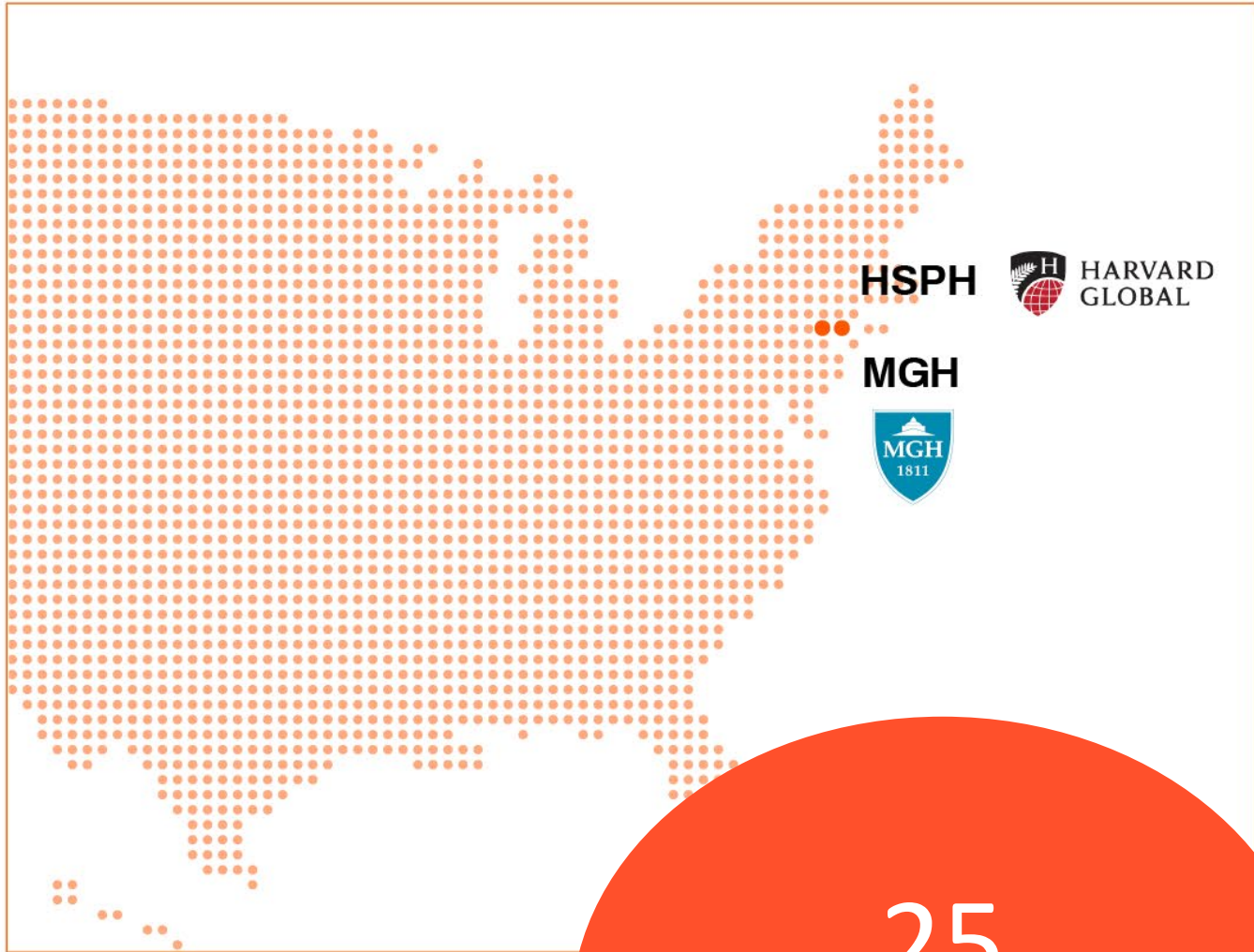


# 5G exposure, causal effects, and risk perception through citizen engagement

Gemma Castaño-Vinyals, PhD  
Scientific Coordinator  
ISGlobal



# GOLIAT Fact sheet



HSPH



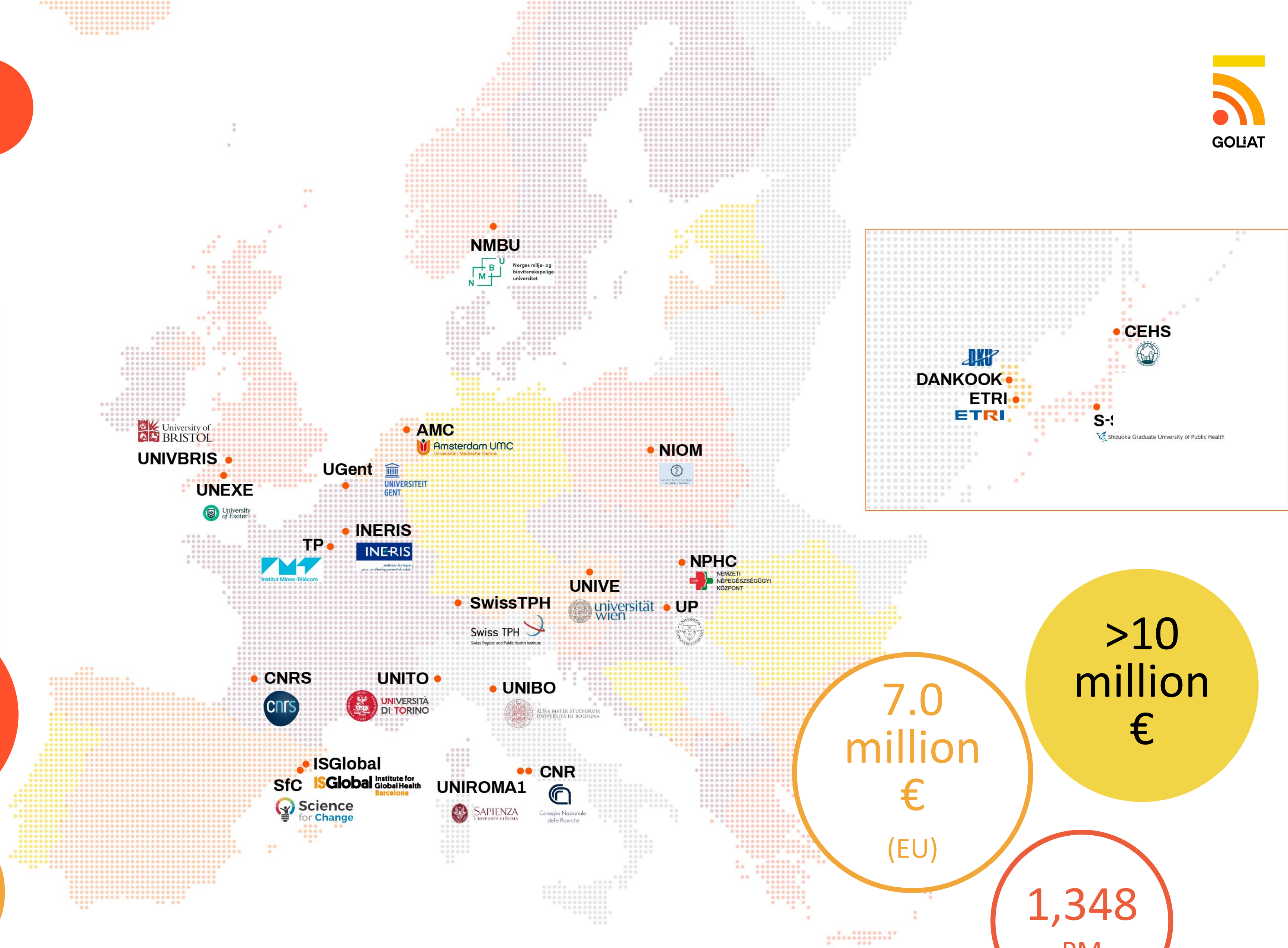
HARVARD  
GLOBAL

MGH



25  
partners

5  
years



7.0  
million  
€  
(EU)

>10  
million  
€

1,348  
PM



# Overarching aim



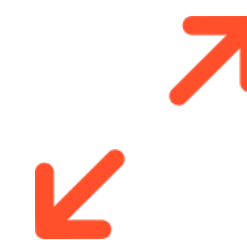
**To characterize and monitor  
RF-EMF exposure, in particular 5G**



**To provide novel insights into  
potential causal neuropsychological  
and biological effects**



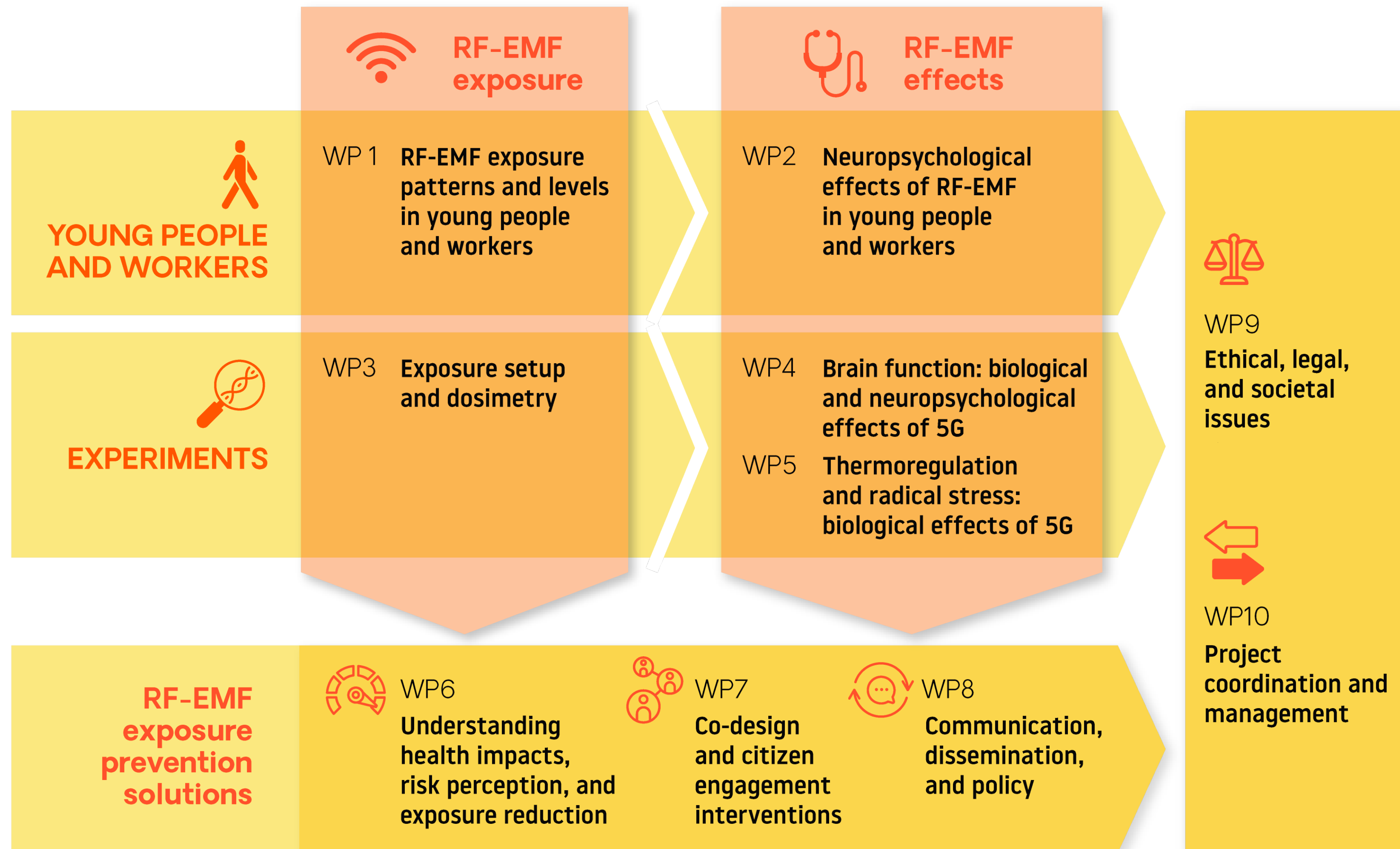
**To understand risk perception  
and communication through  
citizen engagement**



**To use an integrative and  
transdisciplinary pan-European  
approach**



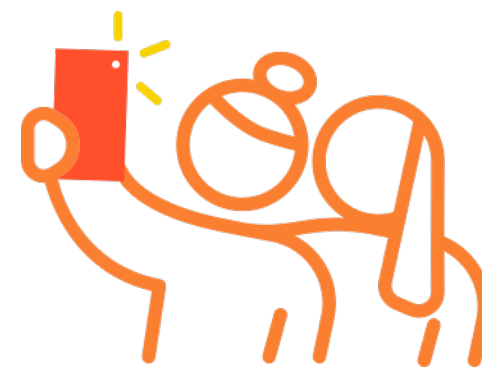
# PERT diagram



**Monitoring the current and evolving use of communication/connected devices and technologies and expected widespread use of IoT in young people and workers is essential for understanding how new generation radio-communication networks, in particular 5G, will influence their exposure to RF-EMF**

### Young people

- Questionnaire to identify devices and type of applications used, activities performed, and technologies used
- Position of the devices in relation to the body and microenvironments in which they are used, including wirelessly connected (peripheral) devices

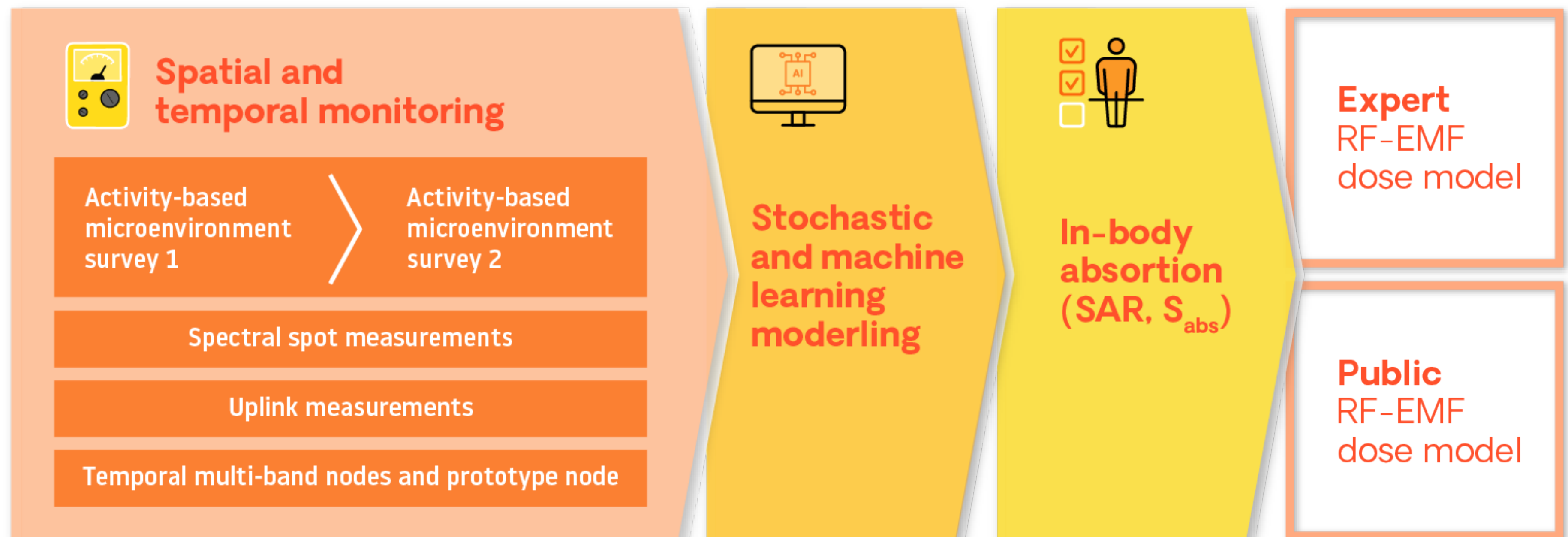


### Workers

- Identification of new and emerging occupational RF-EMF sources and scenarios
- Monitoring the current and evolving RF-EMF exposures related to these sources, including personal measurements and spectral spot measurements
- Compare exposure levels in occupational settings with non-occupational RF-EMF sources (including own device) to which the workers are exposed



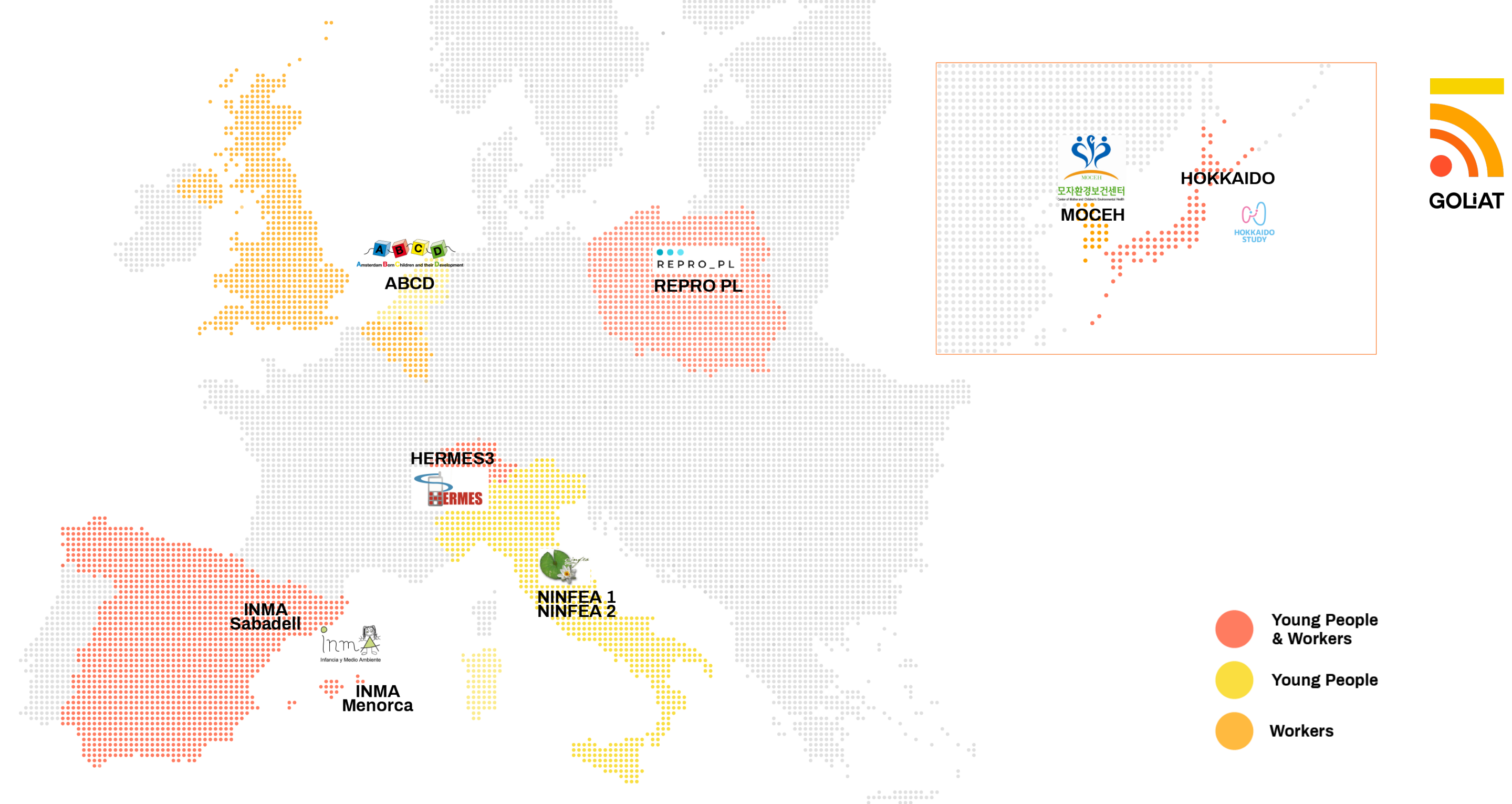
Characterizing RF-EMF exposure patterns and levels from new generation radio-communication networks, in particular 5G, in young people requires the development of next-generation exposure assessment methods



Next generation exposure assessment methods for young people



## State-of-the-art causal inference methods are needed to estimate valid causal effects in RF-EMF epidemiological research



### Young people

- Longitudinal data on both exposure and neuropsychological outcomes in 8 cohorts (N=4,000)
- Approaches that control for unknown or unmeasured confounding
- Approaches that balance observed background covariates
- Triangulation of results

### Workers

- Controlled cross-over quasi-experimental design
- Recruit companies where 5G technology will be installed
- Repeated measures of both exposure and neuropsychological outcomes before and after 5G implementation + control group
- Difference-in-differences analysis

Using an integrative approach including *in vitro*, *in vivo*, humans, and *in silicon* experiments will help estimate valid causal effects in RF-EMF biological research

Table 1. Mapping of experimental studies – GOLIAT

| Outcome          | Type of experiment | Frequency (GHz) | SAR / S <sub>abs</sub>      | Type of field     |
|------------------|--------------------|-----------------|-----------------------------|-------------------|
| Brain function   |                    |                 |                             |                   |
|                  | <i>In vitro</i>    | 0.7, 3.5        | 0.08, 0.4, 4W/kg            | Far-field         |
|                  | <i>In vivo</i>     | 3.5             | 0.08, 0.4, 4W/kg            | Far-field         |
|                  |                    | 26              | 10, 50, 100W/m <sup>2</sup> |                   |
|                  | Humans             | 3.5             | 1 W/kg                      | Far- / near-field |
|                  |                    | 26              | 1 W/m <sup>2</sup>          |                   |
| Thermoregulation |                    |                 |                             |                   |
|                  | <i>In vitro</i>    | 0.7, 3.5        | 0.08, 0.4, 4, 35 W/kg       | Far-field         |
|                  |                    | 26              | 10, 50, 100W/m <sup>2</sup> |                   |
|                  | <i>In vivo</i>     | 3.5             | 0.08, 0.4, 4W/kg            | Far-field         |
|                  |                    | 26              | 10, 50, 100W/m <sup>2</sup> |                   |
|                  | Humans             | 3.5             | up to 0.8 W/kg              | Near-Field        |
|                  |                    | 26              | up to 10 W/m <sup>2</sup>   |                   |
|                  | <i>In silico</i>   | 0.7, 3.5        | 0.08, 0.4, 4W/kg            | ---               |
|                  |                    | 26              | 10, 50, 100W/m <sup>2</sup> |                   |
| Radical stress   |                    |                 |                             |                   |
|                  | <i>In vitro</i>    | 3.5             | 0.08, 0.4, 4W/kg            | Far-field         |
|                  |                    | 26              | 10, 50, 100W/m <sup>2</sup> |                   |
|                  | <i>In vivo</i> (M) | 3.5             | 0.08, 0.4, 4W/kg            | Far-field         |
|                  | <i>In silico</i>   | 0.7, 3.5        | 0.08, 0.4, 4W/kg            | ---               |
|                  |                    | 26              | 10, 50, 100W/m <sup>2</sup> |                   |

SAR=specific energy absorption rate; S<sub>abs</sub>=absorbed power density

## Understanding mental models of RF-EMF exposure in key far efficiently communicating risks

- A lack of clarity around the nature, magnitude, and likelihood of potential health risks continues to rise concerns, misapprehensions, and even outright rejection of novel technologies such as 5G by some groups
- Mental models to address poor communication of potential risks associated with RF-EMF
  - Identify misconceptions by comparing how experts and citizens think about RF-EMF technologies work and their potential health effects
  - European survey on misconceptions to ascertain prevalence of certain ideas
  - Guide risk communication messages and improve citizens understanding





## Evaluating exposure reduction scenarios will contribute to a better understanding and acceptance of novel RF-EMF technologies

- Select exposure reduction scenarios that are likely to have a large impact on exposure, as well as scenarios, which seem counterintuitive for lay people
- Both for young people and in occupational settings
- Web-based interactive public RF-EMF dose model to allow the public to quantify their dose
- Better acceptance of communication infrastructure by the public and empower citizens to take actions to minimize exposures in an effective manner



## Engaging young people and workers is essential for properly addressing doubts, concerns, and misconceptions about RF-EMF

- Deploy a state-of-the-art citizen engagement plan based on a highly inclusive engagement "leave no one behind" model, engaging different audiences and social realities
- Young people and workers: self-assessment RF-EMF exposure levels, with subsequent activities to raise awareness and engage them in exposure/risk-reduction actions
- Co-design and test the public RF-EMF dose model, to ensure the tool is useful, understandable, inclusive, and helps citizens avoid misinterpretations of the RF-EMF exposure data
- Co-design and test communication formats and messages to properly address the doubts, concerns, misconceptions, and risk perceptions detected in GOLIAT



**Engaging in two-way dialogue with stakeholders on the broader implication of RF-EMF exposure to go beyond physical harm and include psychological, societal, and ethical factors**

- Different perceptions of risk are influenced by ethically relevant factors such as control and consent, and potential for discrimination, while the societal impacts of misinformation and fake news about 5G may have consequences that go far beyond the health of individuals
- Privacy, security, and transparency are all important





## 4 projects funded



**Theo Samaras**, Aristotle University of Thessaloniki



**Nikolaos Petroulakis**, Institute of Computer Science of Foundation for Research and Technology - Hellas



**Anke Huss**, Institute for Risk Assessment Sciences, Utrecht University

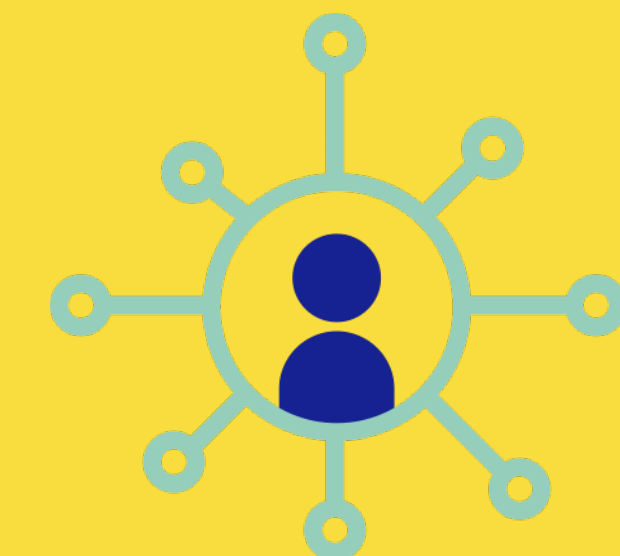


**Mònica Guxens**, Barcelona Institute for Global Health



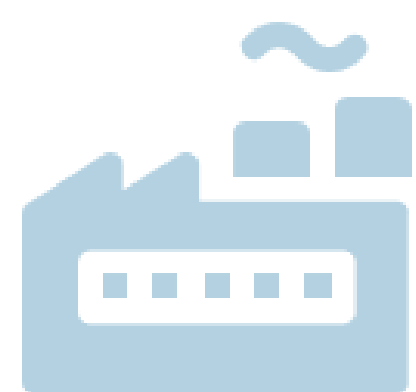
## Join activities:

- Working groups: Scientific strategy, Data management/analysis, Communication, Policy
- Joint webpage and social media
- Annual meetings
- Yearly newsletters, brochures, policy briefs
- Joint stakeholders list
- Joint trainings and workshop

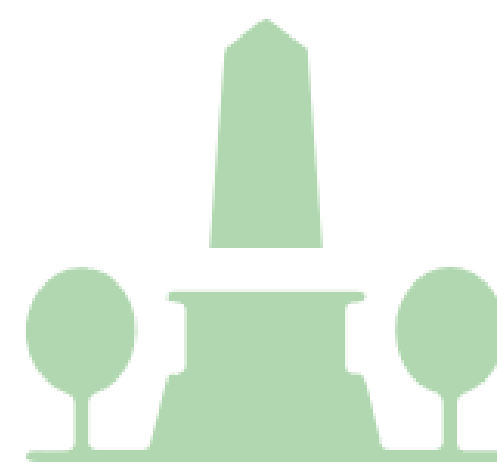


# Activity based micro-environmental surveys

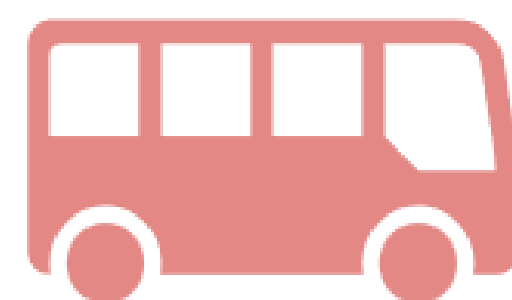
- Aim: To assess RF-EMF exposure in multiple micro-environments in 10 countries



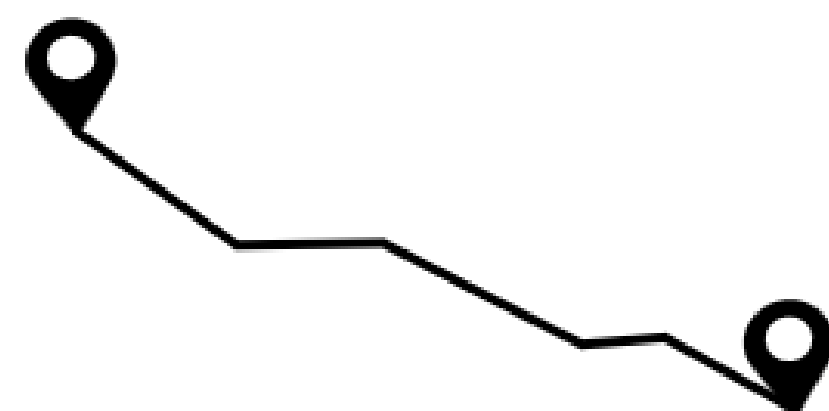
Outdoor  
Areas



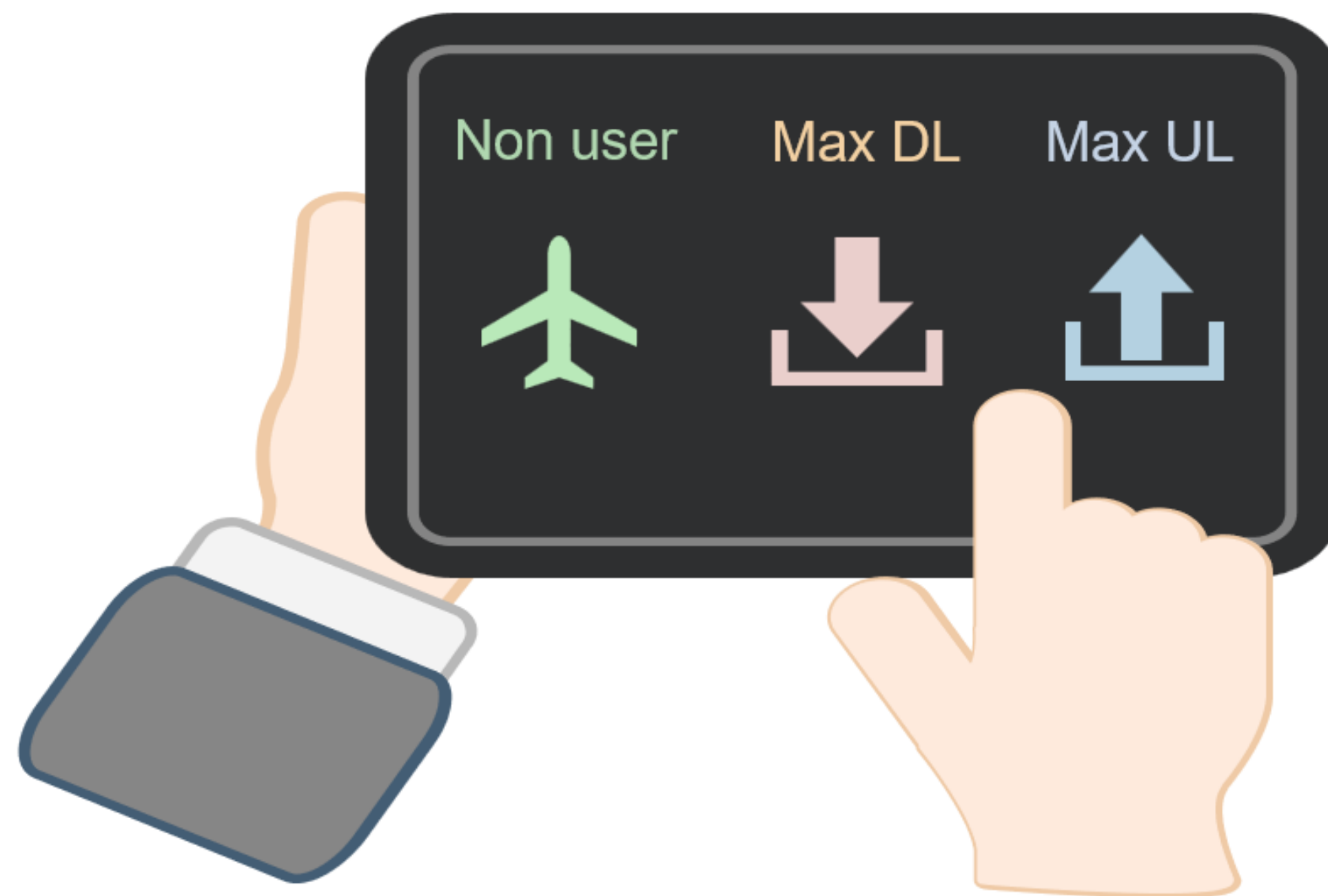
Public  
Places



Public  
Transports



# Activity based micro-environmental surveys

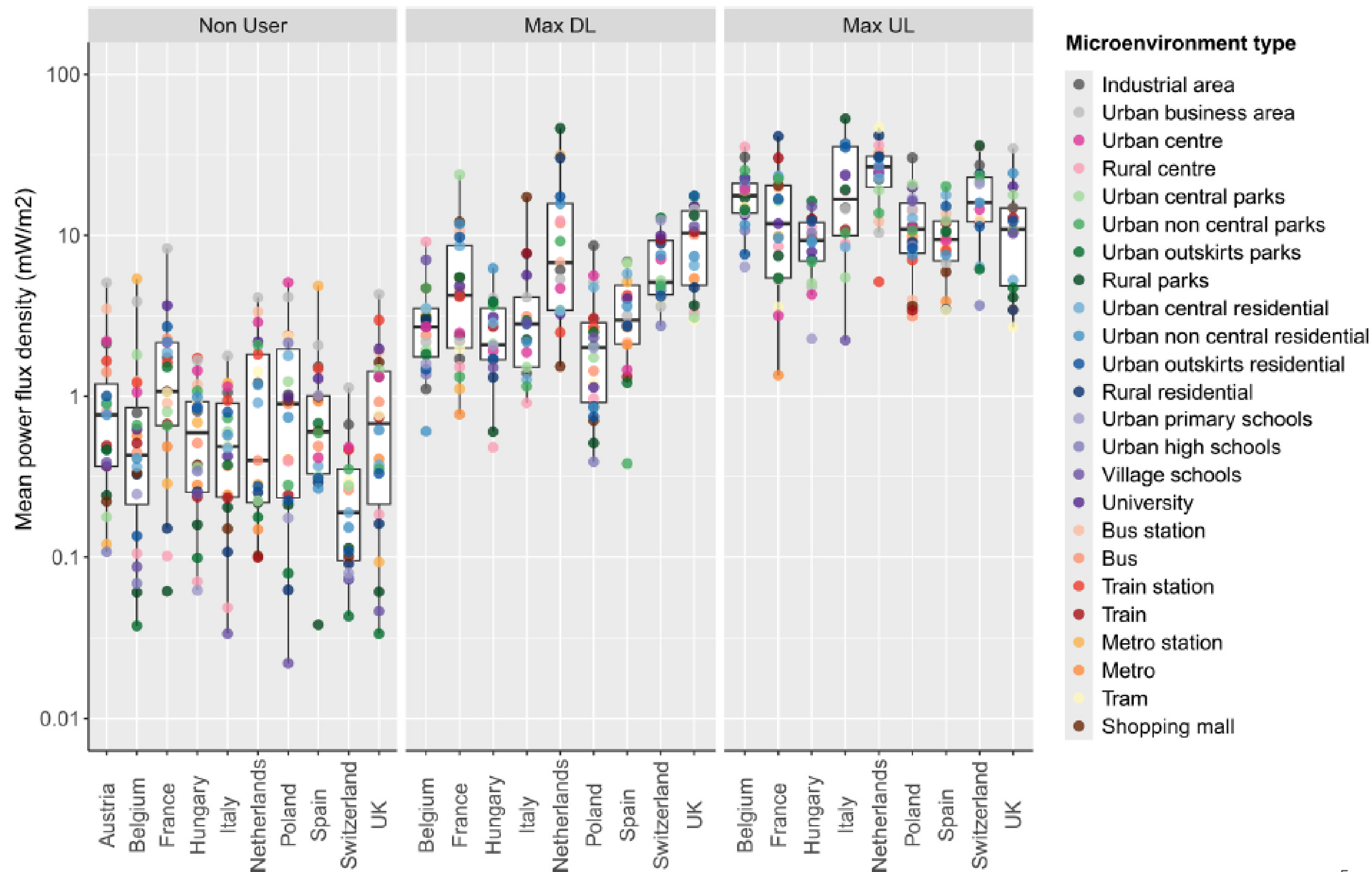


## Measurement devices

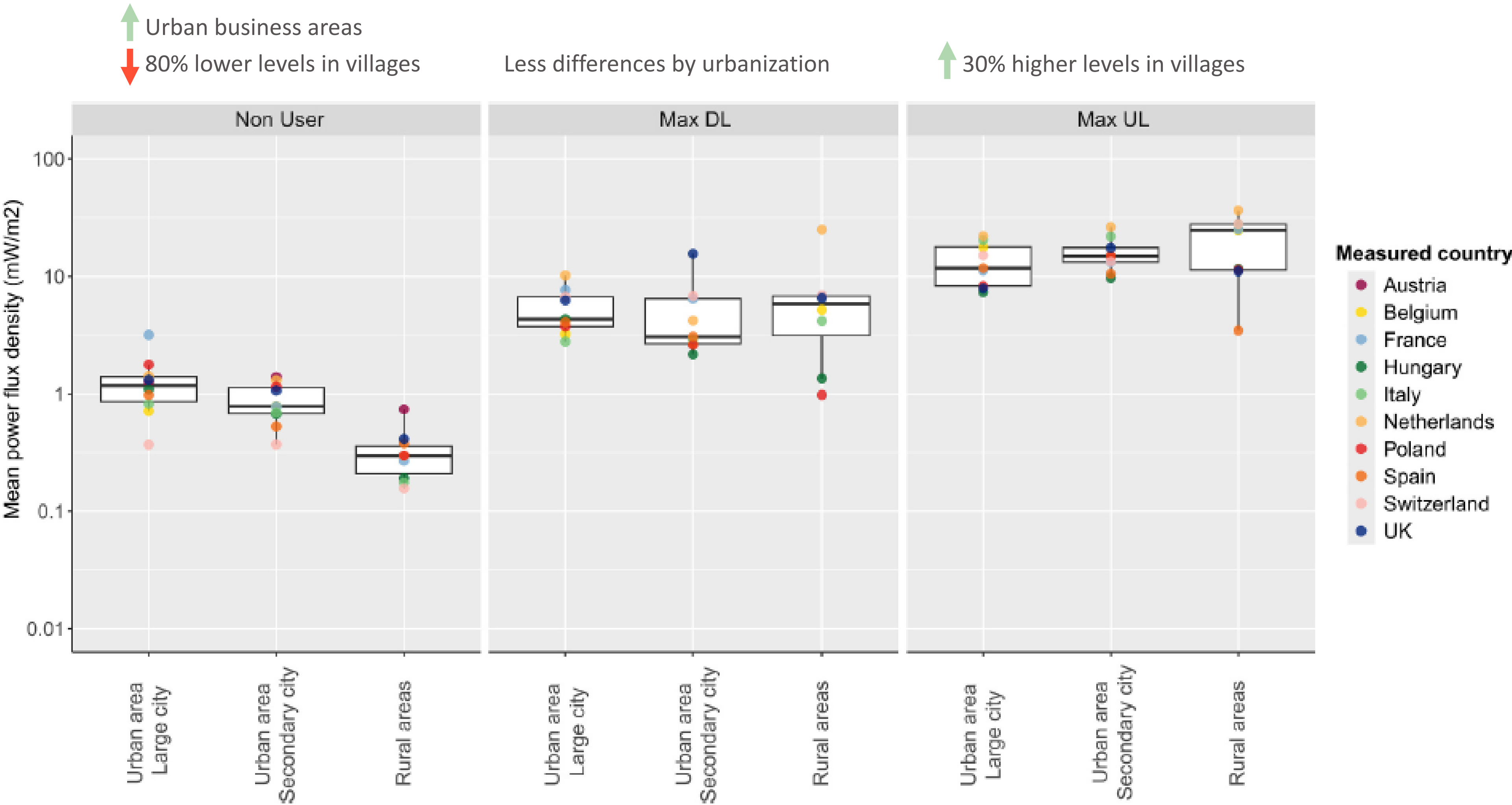




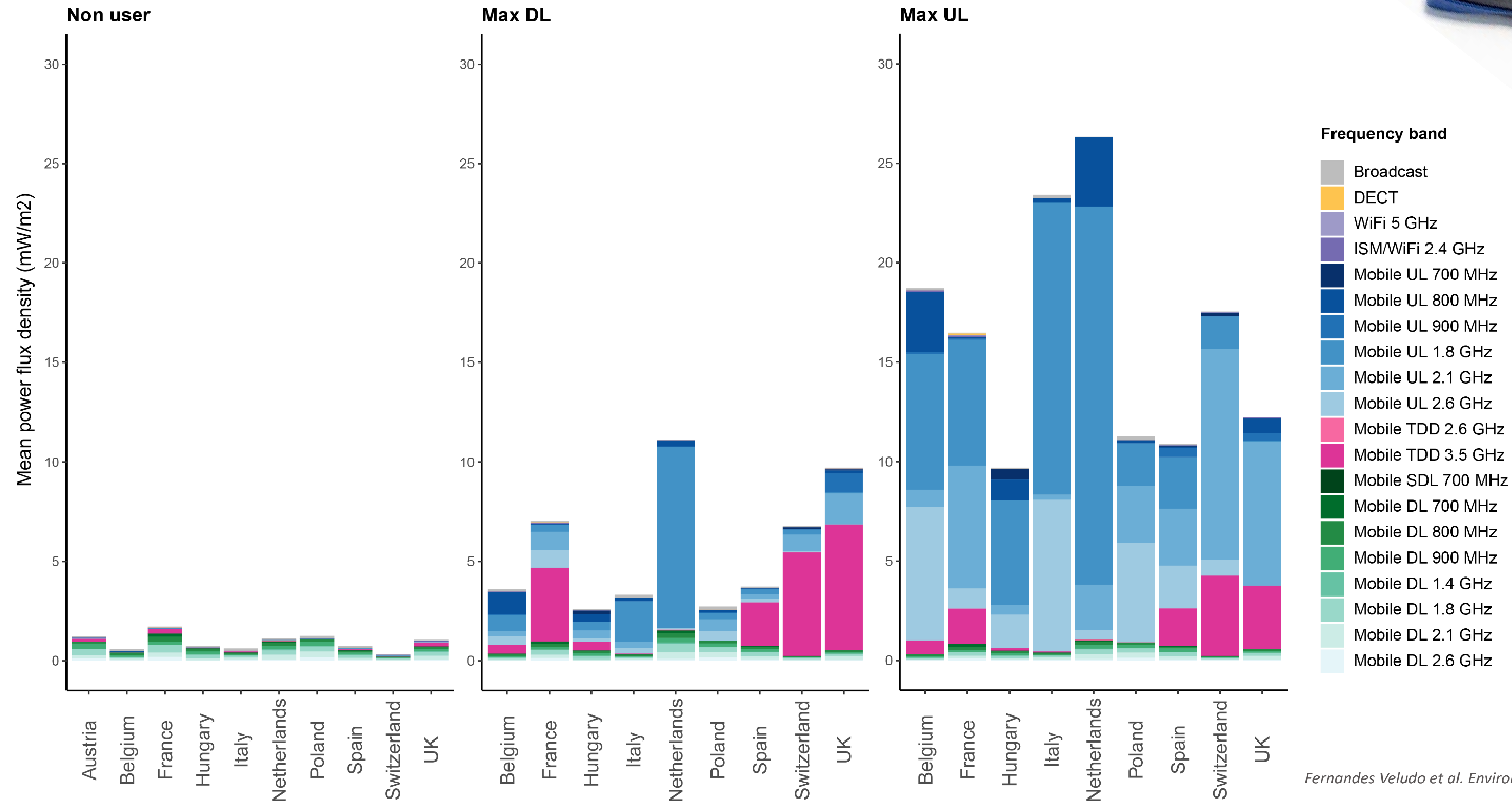
# Activity based micro-environmental surveys



# Activity based micro-environmental surveys



# Activity based micro-environmental surveys



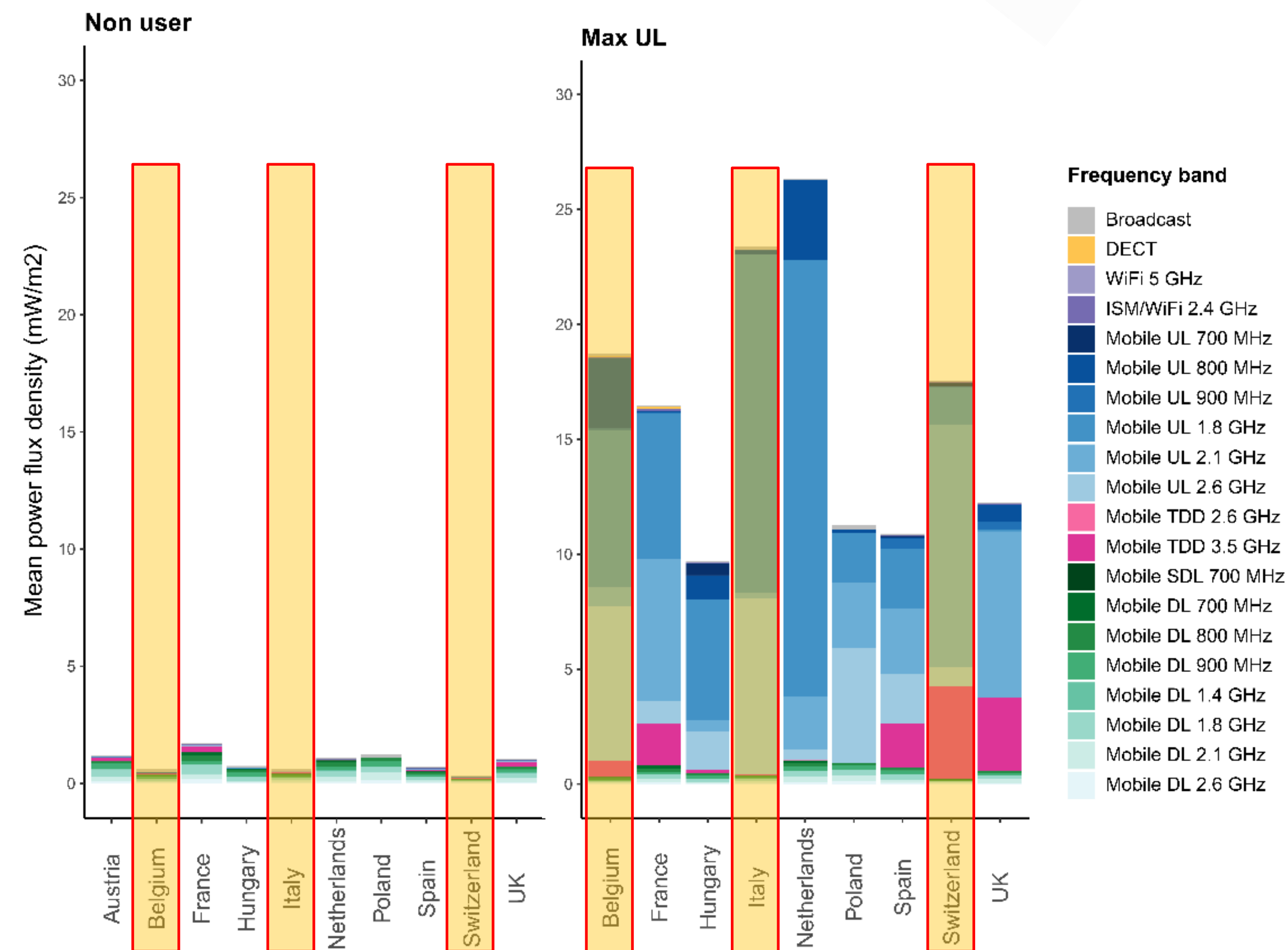


# Activity based micro-environmental surveys

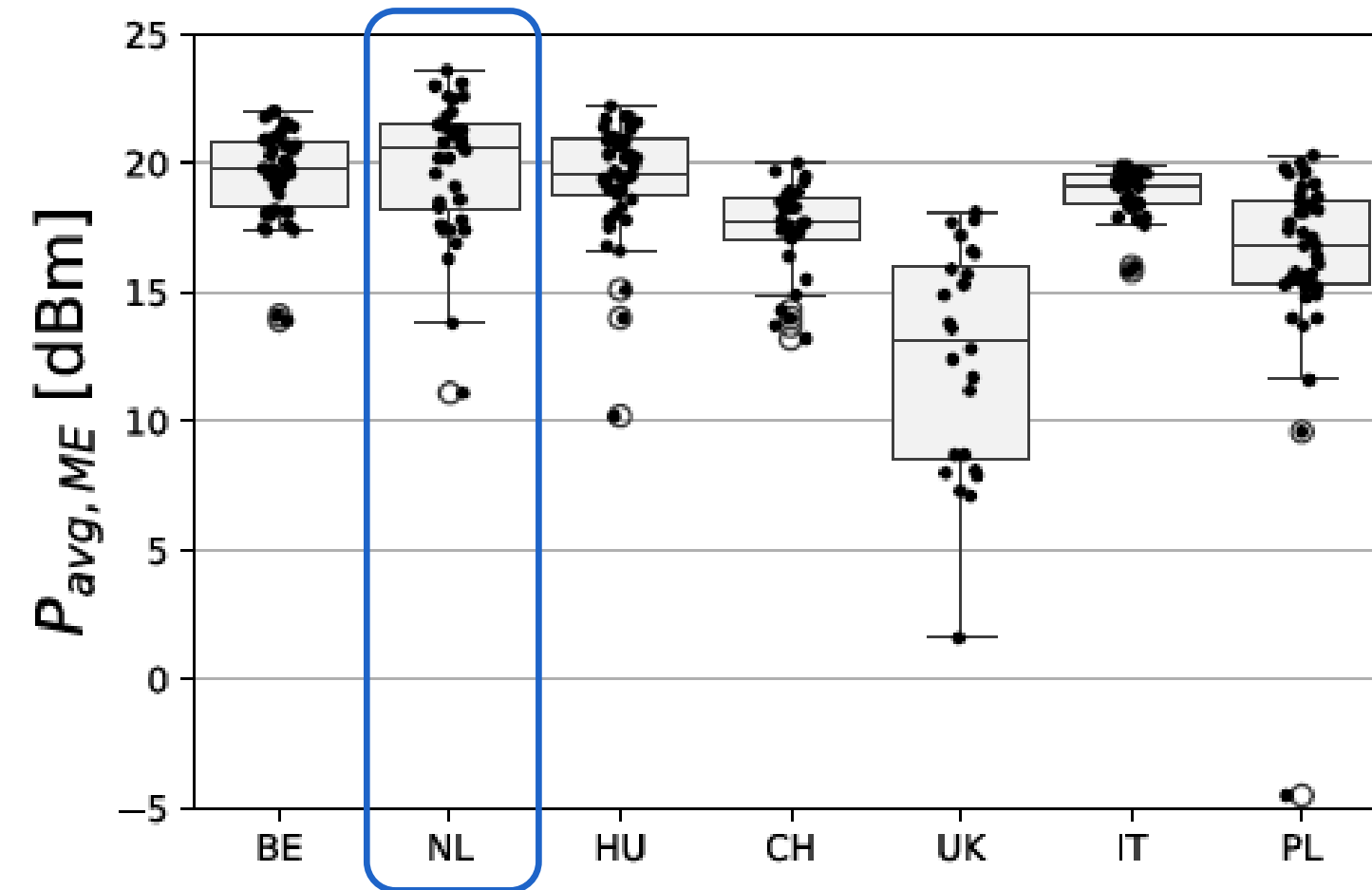


Do precautionary limits do more harm than good?

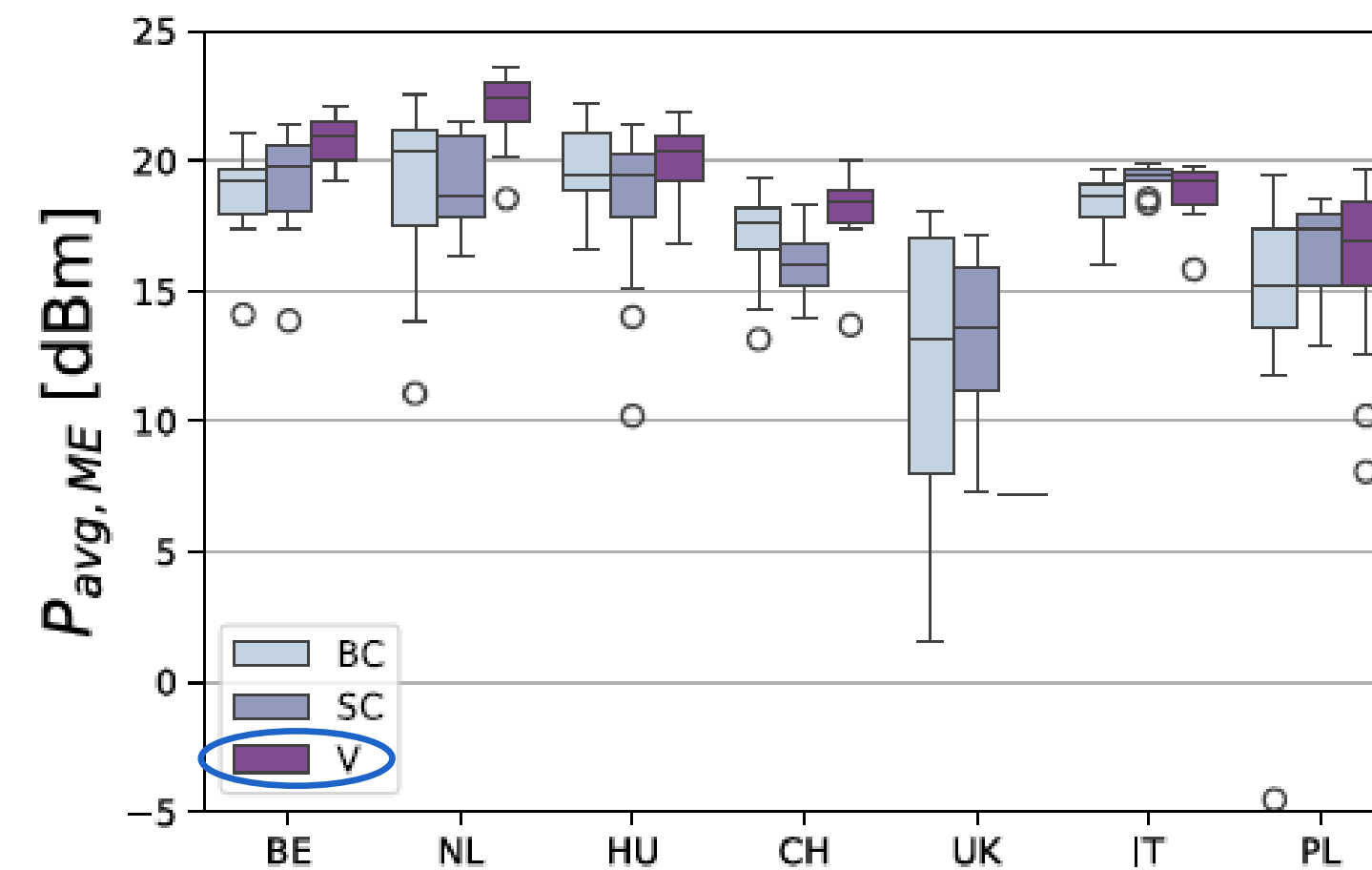
- The precautionary approach may trigger concern ("where there's smoke, there's fire") [e.g. Wiedemann, 2005; Wiedemann, 2013]
- The precautionary approach may increase trust and accountability of the government
- Trust in our research may decrease if we are critical about the precautionary approach



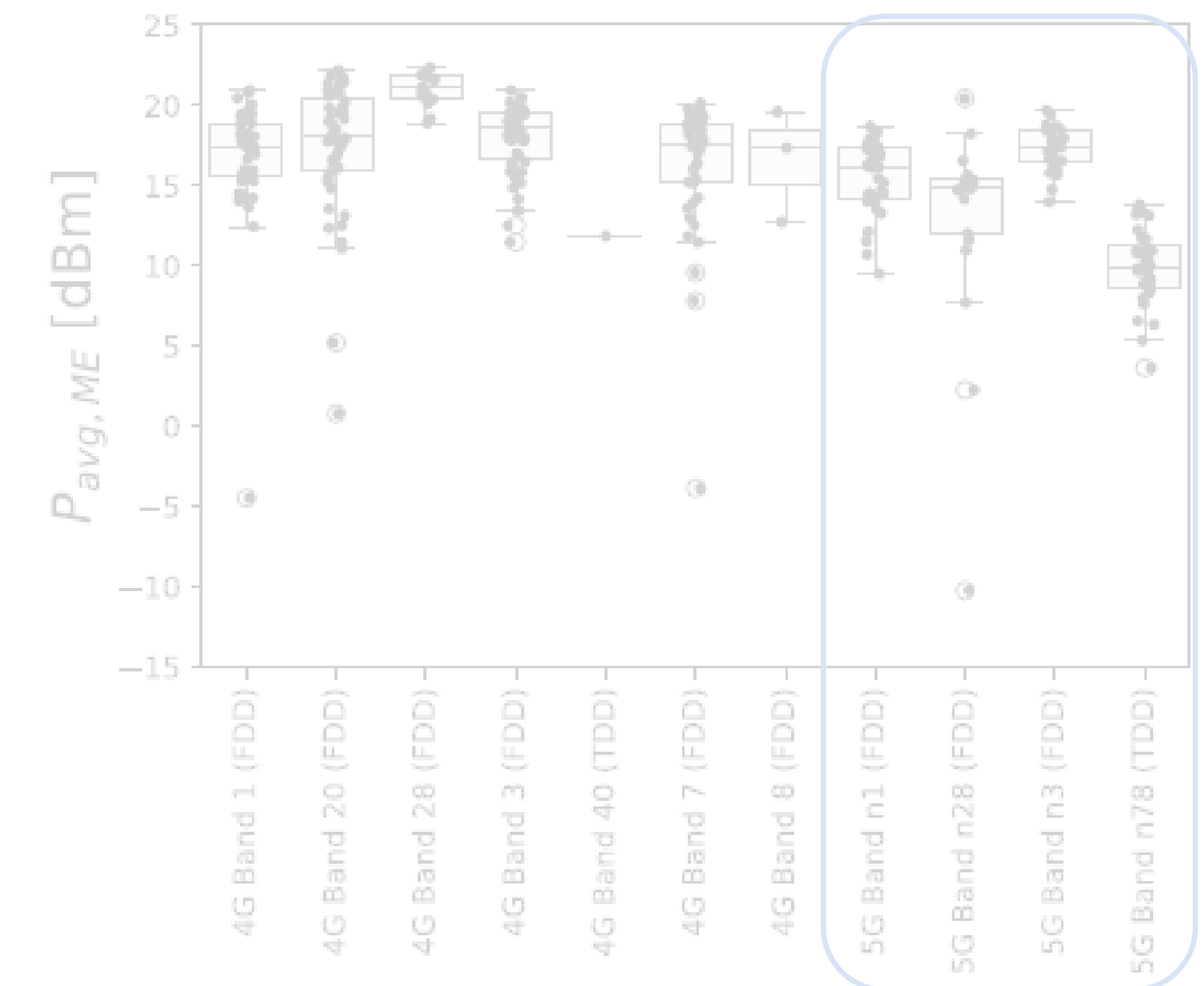
# Activity based micro-environmental surveys



- Highest average uplink transmit powers (median 20.6 dBm) in the NL

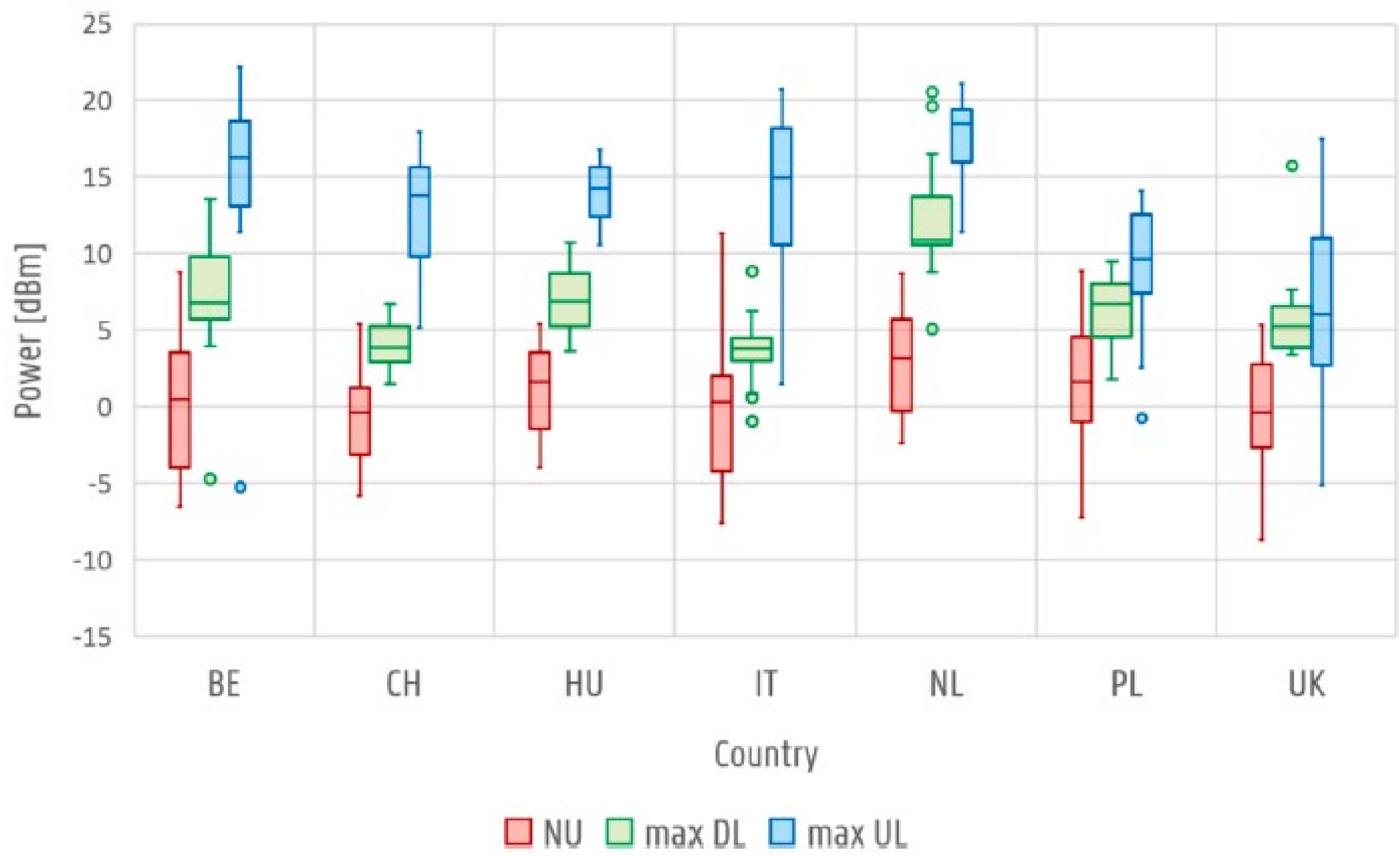


- Villages (V) > Big cities (BC) by 0.6-2.1 dB
- Base station density as key predictor of a-UL exposure



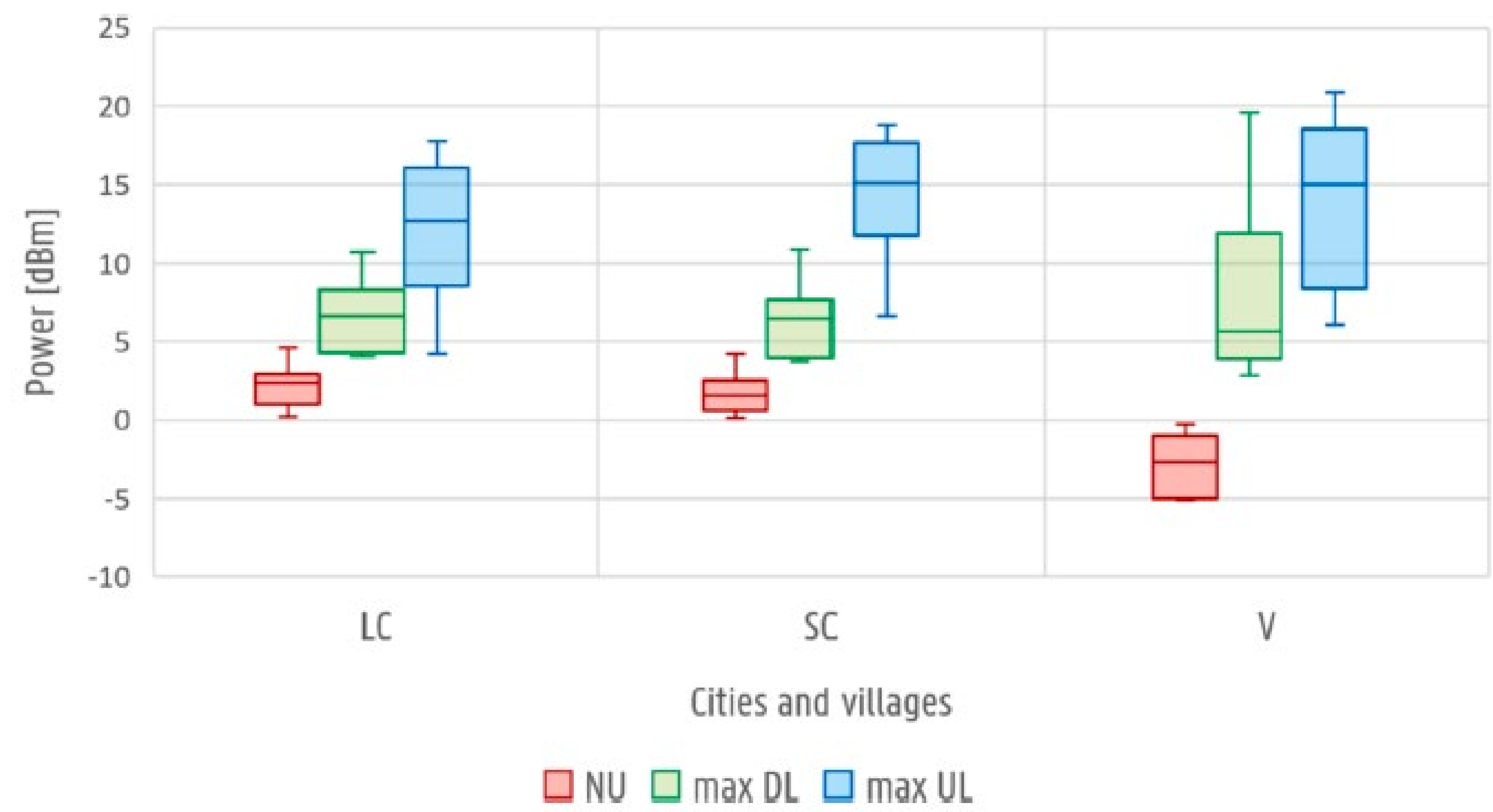
- 4G about 3.3 dB > 5G

# Activity based micro-environmental surveys

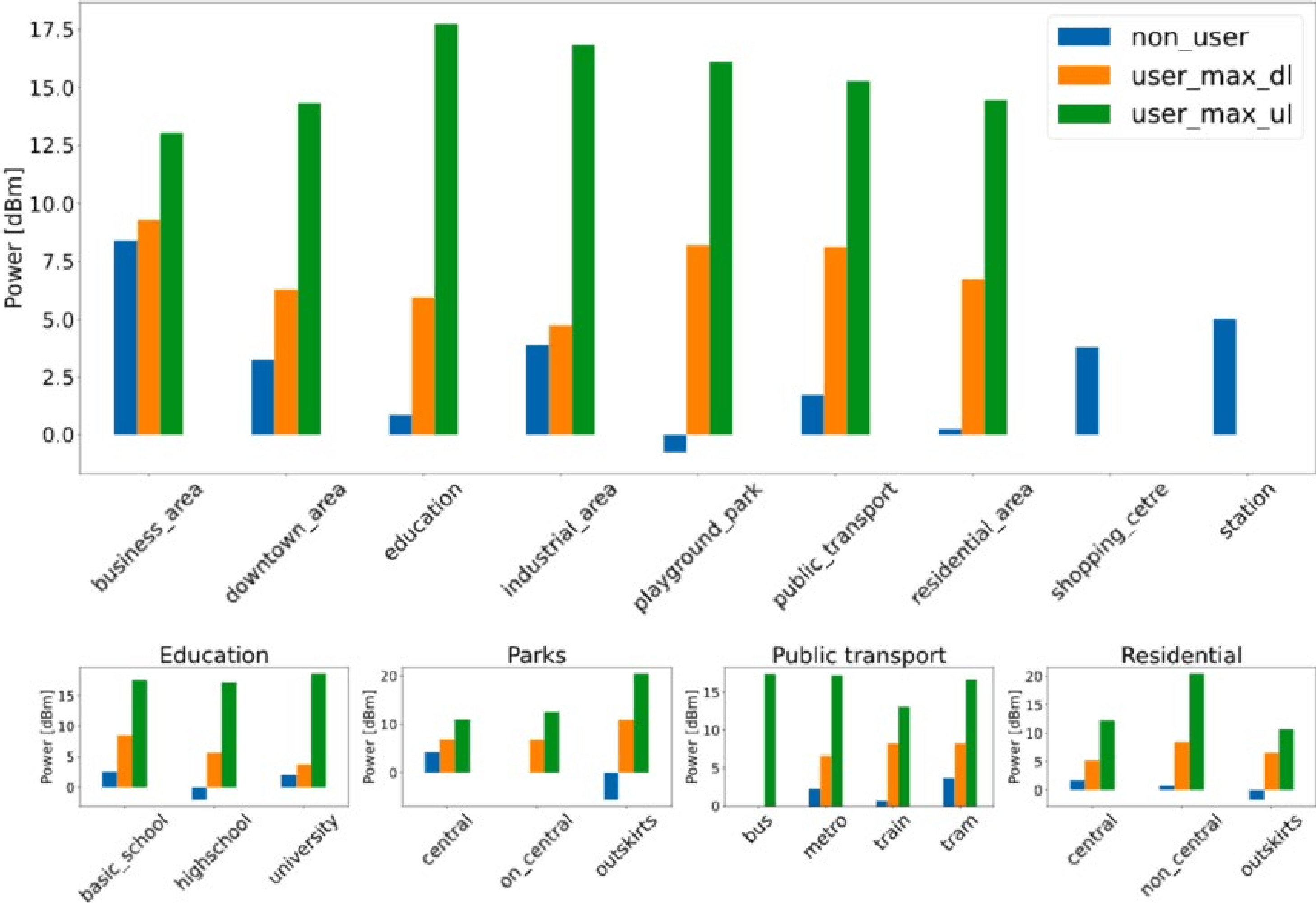




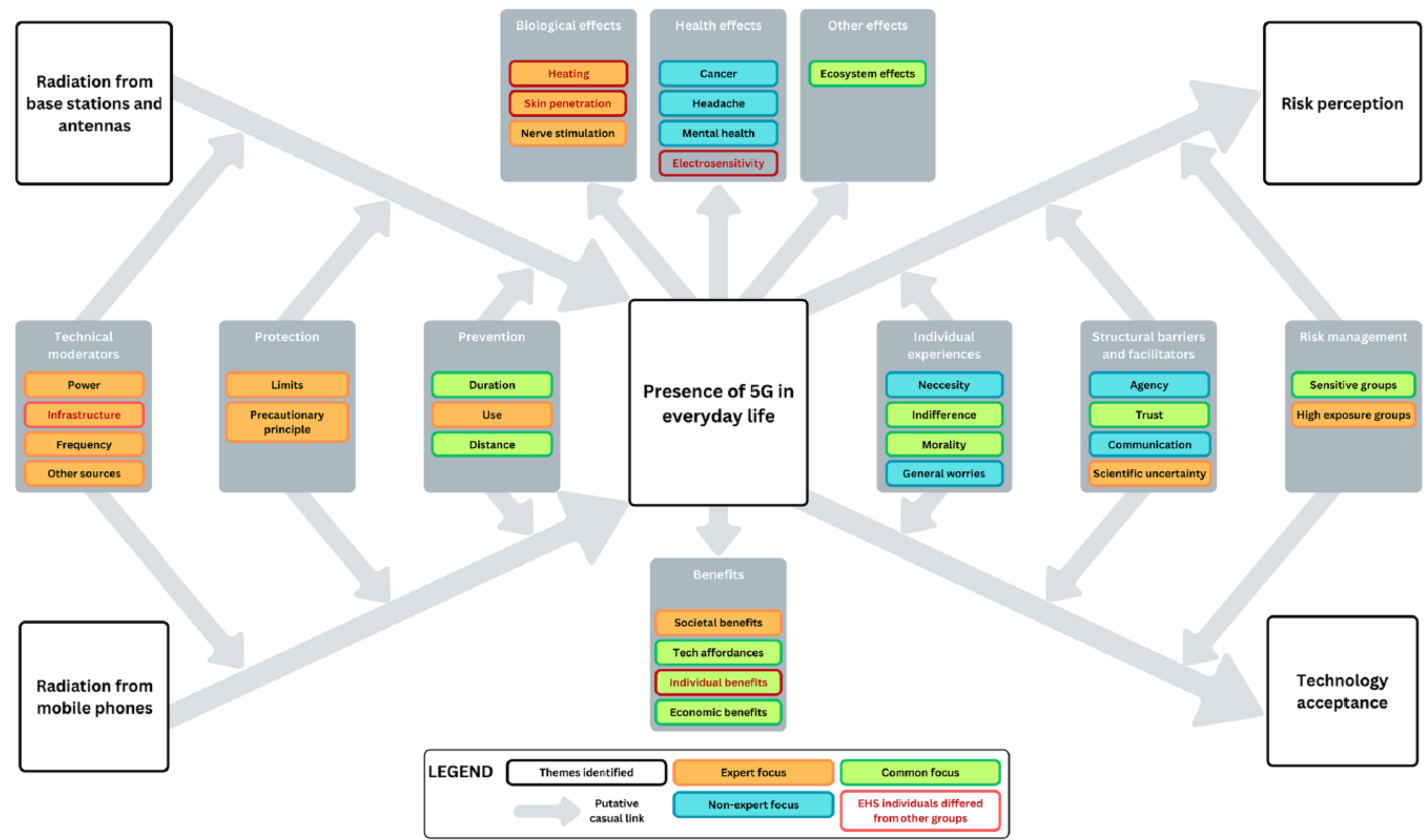
# Activity based micro-environmental surveys



# Activity based micro-environmental surveys



# Mental model of RF-EMF exposures and potential risks to health



We'll have more antennas with less power. So it should not increase our exposure.

I think the frequency is everywhere. So, you probably cannot avoid it as much as you wanted to.

When 5G comes out, eventually you're going to have it. You don't really have a choice in it.



Thank you!

 **GOliAT**

[projectgoliat.eu](https://projectgoliat.eu)

# What do we know, what is uncertain?

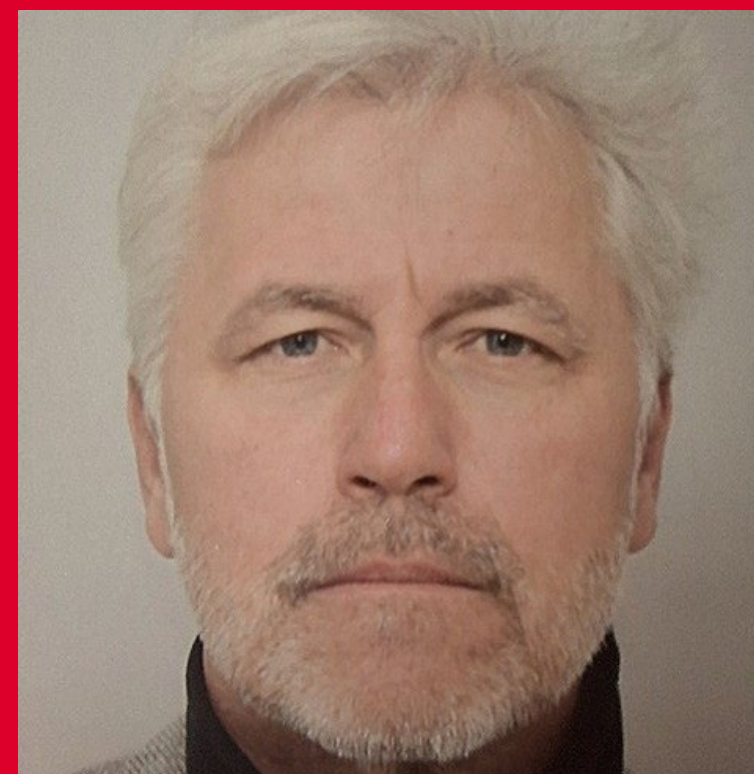
## The perspective of EMF expert groups



**Dr Mònica Guxens**  
GOLIAT Coordinator,  
ISGlobal, Spain



**Dr Gemma Castaño**  
Epidemiologist  
ISGlobal, Spain



**Dr Georg Neubauer**  
Radio Scientific Advisory  
Board (WBF), Austria



**Dr Alberto Nájera López**  
Scientific Advisory  
Committee on  
Radiofrequencies and  
Health (CCARS), Spain



**Stefano D'Elia**  
Vodafone Group,  
GSMA EMF and Health  
Delegate

**Lunch break**





**Isabel María Álvaro Alonso**  
Telefónica,  
GSMA EMF and Health Delegate

## **Introduction to session 3: National experiences in addressing public concern**



**Professor Urszula Soler**  
Warsaw University of  
Life Sciences, Poland

## International questionnaire survey on risk perception of EMF among the general public in Japan, Poland, and Germany





# INTERNATIONAL QUESTIONNAIRE SURVEY ON RISK PERCEPTION OF EMF AMONG THE GENERAL PUBLIC IN JAPAN, POLAND, AND GERMANY

Prof. Urszula Soler, [urszula.soler@gmail.com](mailto:urszula.soler@gmail.com),  
Warsaw University of Life Sciences, Poland

## Other study authors

Dr Chiyoji Ohkubo (Presenting) [ohkubo@jeic-emf.jp](mailto:ohkubo@jeic-emf.jp), Japan EMF Information Center, Tokyo, Japan

Mr Christian Raupach [craupach@bfs.de](mailto:craupach@bfs.de), Federal Office for Radiation Protection (BfS), Competence Centre  
for Electromagnetic Fields (KEMF), Cottbus, Germany

Prof Andrzej Krawczyk [ankra.new@gmail.com](mailto:ankra.new@gmail.com), Polish Society of Applied Electromagnetism, Warsaw, Poland

Mr Hiroaki Miyagi [hiroaki.miyagi@hmresconsult.com](mailto:hiroaki.miyagi@hmresconsult.com), HM Research & Consulting Co., Ltd., Tokyo, Japan & University  
of Tsukuba, Tsukuba, Japan

Mr Lukas Gernand [lgernand@bfs.de](mailto:lgernand@bfs.de), Federal Office for Radiation Protection (BfS), Competence Centre  
for Electromagnetic Fields (KEMF), Cottbus, Germany





# INTRODUCTION

**While natural EMF sources exist, anthropogenic EMF exposure has increased significantly due to developments in electricity, telecommunications, and medical technologies. Common sources include power lines, household devices, mobile phones, and wireless networks, leading to public concern about potential health effects.**

**The European Commission conducted surveys on EMF risk perception in 2006 and 2010. With recent advancements like 5G and wireless power transfer, updated surveys are needed to assess current public perceptions and improve risk communication strategies.**

**In 2023, organizations from Japan, Germany, and Poland signed a Memorandum of Understanding (MoU) to enhance international cooperation on EMF risk communication, and national surveys were conducted in 2024 under this framework.**



# METHODS

- **Japan:** Has conducted an internet survey using Computer-Assisted Web Interviewing (CAWI). The respondents were male and female in 10s to 70s and pregnant women in 20s and 30s (more than 100 in each category/gender), and the total number was 6000.
- **Poland:** Poland did 1015 computer-assisted personal interviews (CAPI) conducted as part of a nationwide OMNIBUS survey.
- **Germany:** Germany conducted its part (2000 respondents) of the survey using Computer-Assisted Telephone Interviewing (CATI).

MoU countries general: The questions are divided into a General Part (common to all three countries) and a Country-Specific Part; here, the questions in the General Part are outlined.





# METHODS

## Survey category

1. Risk perception related to EMF
2. Levels of scientific understanding on EMF
3. Levels of trustworthiness of EMF risk information
4. Expectations towards the sources/organizations/persons of EMF risk information
5. Risk perception other than EMF
6. Other characteristics

Respondents were asked to rate their perceived level of risk for each survey item using a 1–5 numerical scale based on a visual analogue scale (VAS) , where: 1 = "I am not concerned at all", 2–4 = Increasing levels of concern, 5 = "I am very concerned".

Additionally, two extra response options were provided: 6 = "Cannot determine the degree of risk" and 7 = "Do not understand the question."

The present analysis of risk perception relies on the results of the web-based survey (CAWI) in Japan and compares perceived risk levels using only the VAS responses, with options 6 and 7 excluded.





# Sources of concern

## Q1A. To what extent are you currently concerned about the following issues?

When answering, please use a scale from 1 to 5, where “1” means you are not concerned about this issue at all, and “5” means you are very concerned about this issue.

Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %

### Concern Index:

Poland = 58.3

Germany = 47.2

Japan = 51.5

The **concern index** is a synthetic measure of perceived anxiety about technologies.

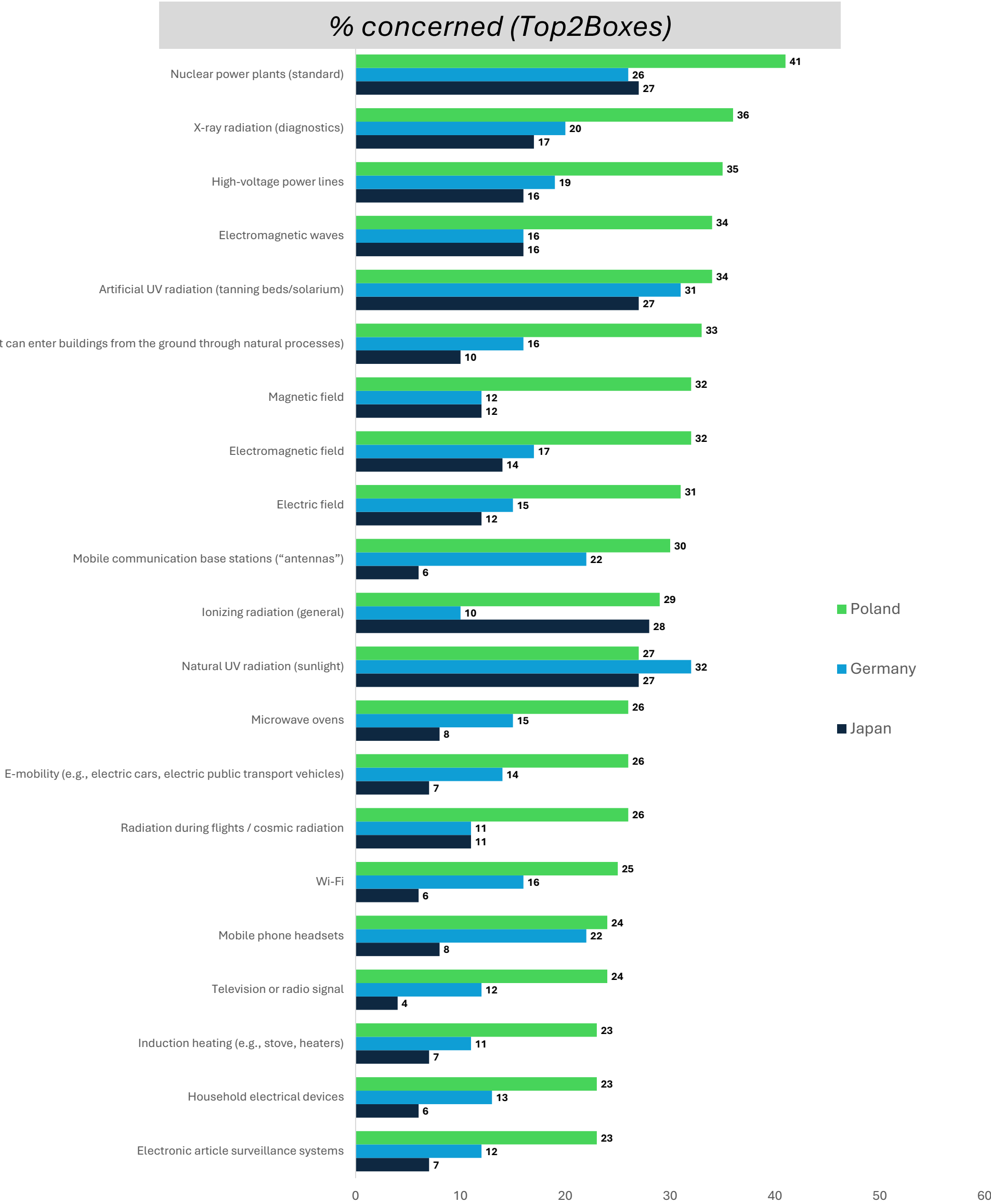
It is calculated as the sum of average concern ratings

for all studied phenomena/devices.

The higher the score, the stronger the concerns.

The maximum possible score is 105, and the minimum is 21.

| TOP 5 Technological Sources of Concern: |               |                |              |
|-----------------------------------------|---------------|----------------|--------------|
|                                         | <i>Poland</i> | <i>Germany</i> | <i>Japan</i> |
| Nuclear power plants                    | X             | X              | X            |
| X-ray radiation (RTG)                   | X             |                | X            |
| High-voltage power lines                | X             |                |              |
| Artificial UV radiation                 | X             | X              | X            |
| Electromagnetic waves                   | X             |                |              |
| Natural UV radiation                    |               | X              | X            |
| Mobile phone headsets                   |               | X              |              |
| Mobile communication base stations      |               | X              |              |
| Ionizing radiation                      |               |                | X            |



# Knowledge about sources of EMF

**Q2A. Which of the following devices or phenomena do you think are sources of electromagnetic fields?**  
When answering, please use a scale from 1 to 5, where “1” means this device or phenomenon is definitely not a source of electromagnetic fields, and “5” means this device or phenomenon is definitely a source of electromagnetic fields. *Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %*

**Knowledge Index:**

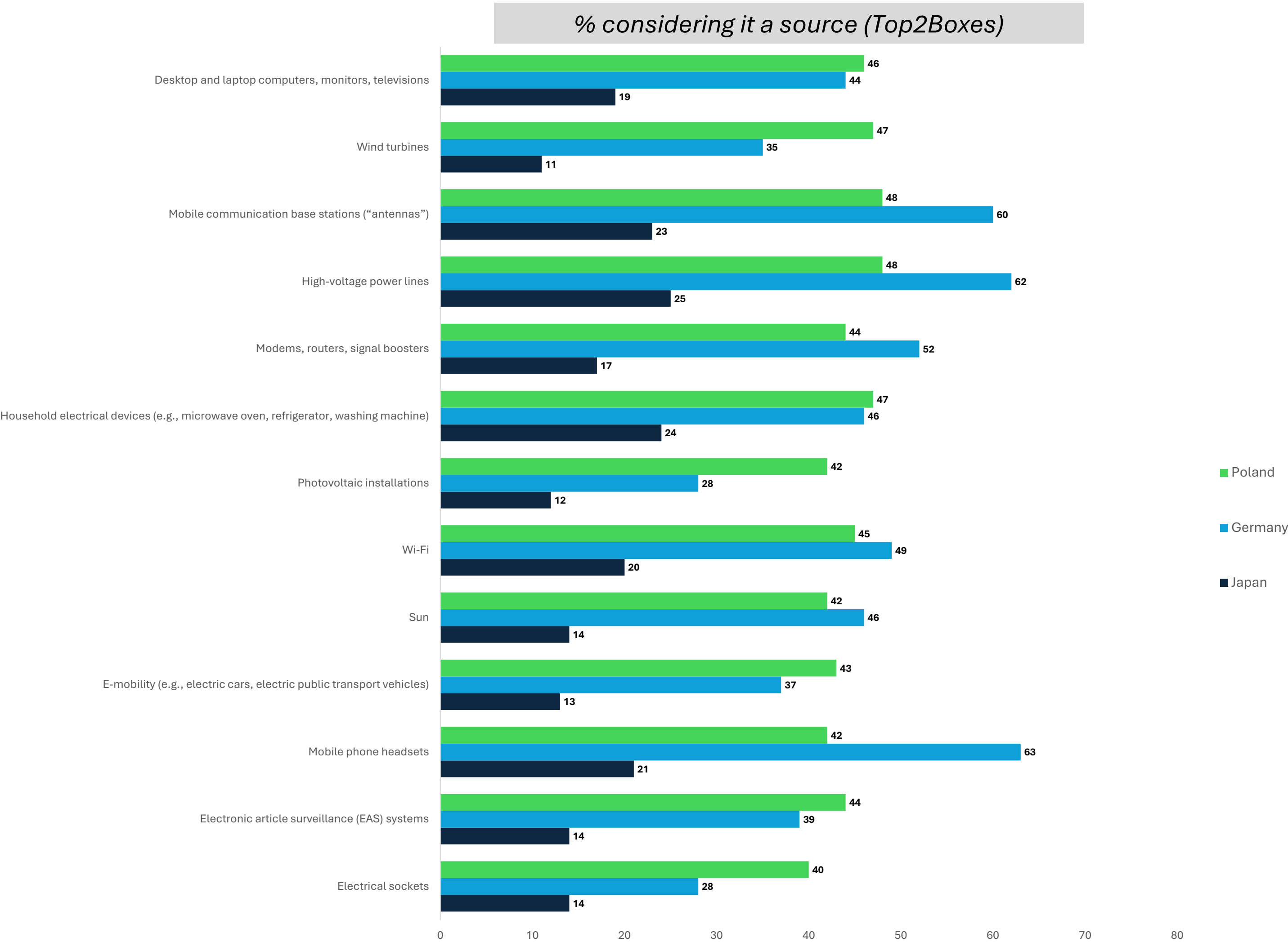
Poland = 42.2

Germany = 42.7

Japan = 38.5

The **knowledge index** is a synthetic measure of perceiving phenomena/devices as sources of EMF. It is calculated as the sum of average ratings across all studied phenomena/devices. The higher the score, the more frequently the phenomena/devices are perceived as EMF sources. The maximum possible score is 65, and the minimum is 13.

| TOP 3 Sources of EMF:                               |        |         |       |
|-----------------------------------------------------|--------|---------|-------|
|                                                     | Poland | Germany | Japan |
| Desktop and laptop computers, monitors, televisions | X      |         |       |
| High-voltage power lines                            | X      | X       | X     |
| Mobile communication base stations                  | X      | X       | X     |
| Mobile phone headsets                               |        | X       |       |
| Household electrical devices                        | X      |         | X     |
| Windmills generating electricity                    | X      |         |       |



# Health effects caused by EMF

## Q2B. What adverse health effects, if any, do you think electromagnetic fields may cause?

When answering, please again use a scale from 1 to 5, where “1” means electromagnetic fields definitely do not cause such health effects, and “5” means electromagnetic fields definitely may cause such health effects. *Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %*

### Knowledge Index on Health Effects:

Poland = 42.9

Germany = 36.6

Japan = 35.2

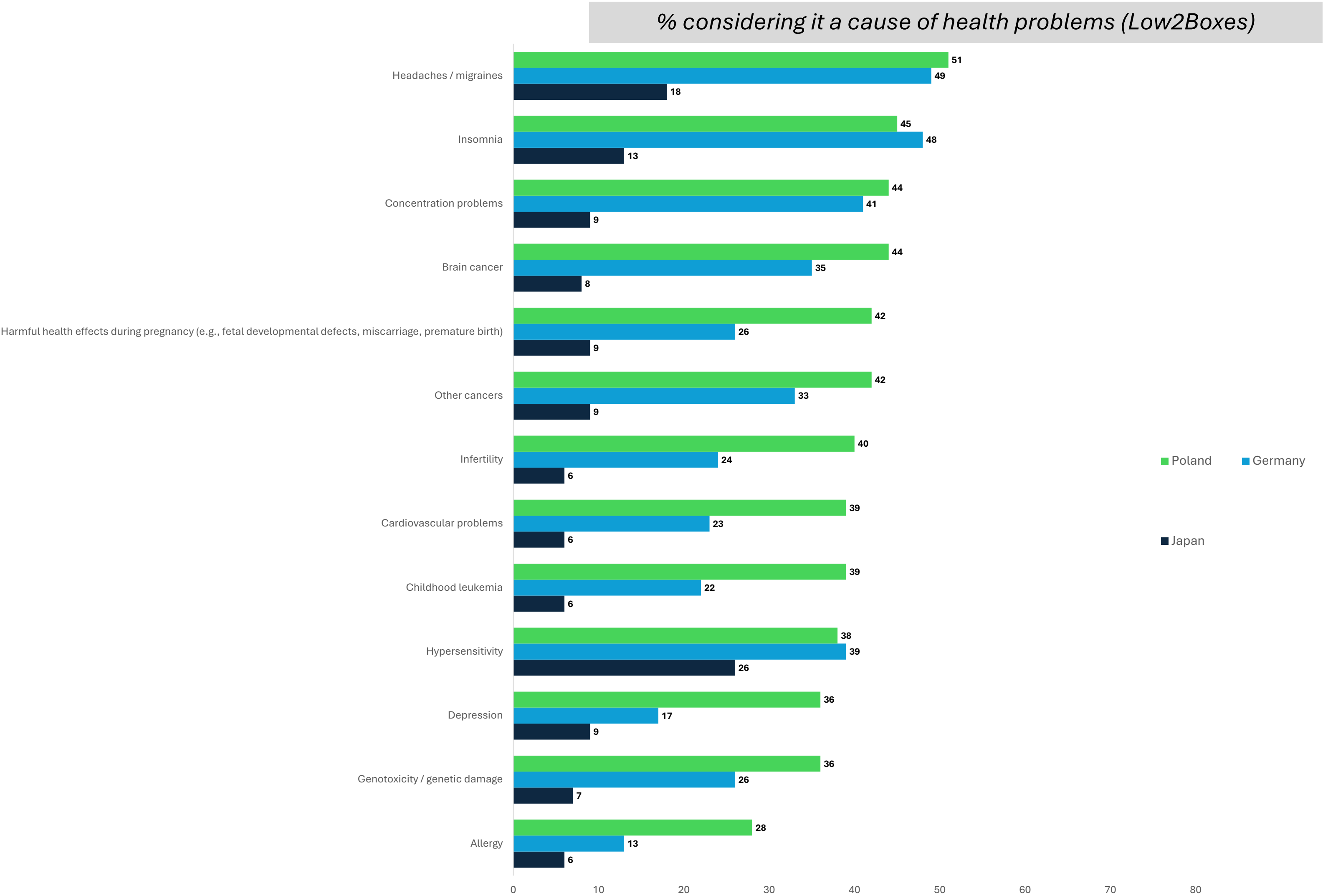
The **knowledge index** is a synthetic measure of perceiving EMF as a cause of health conditions.

It is calculated as the sum of average ratings assigned to individual health conditions.

The higher the score, the more frequently EMF is attributed as responsible for health problems.

The maximum possible score is 65, and the minimum is 13.

| TOP 3 Health Effects Caused by EMF: |               |                |              |
|-------------------------------------|---------------|----------------|--------------|
|                                     | <i>Poland</i> | <i>Germany</i> | <i>Japan</i> |
| Headaches / migraines               | X             | X              | X            |
| Insomnia                            | X             | X              | X            |
| Brain cancer                        | X             |                |              |
| Hypersensitivity                    |               | X              | X            |
| Concentration problems              | X             |                |              |





# Trust in media sources of information

**Q3A. Overall, to what extent do you trust information about electromagnetic fields and health from the following sources?**  
When answering, please use a scale from 1 to 5, where “1” means you do not trust information about electromagnetic fields and health from this source at all, and “5” means you trust information from this source completely. *Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %*

**Media Trust Index:**

*Poland = 21,6*

*Germany = 19,5*

*Japan = 20,2*

**Trust Index**

The trust index is a synthetic measure of perceived trust, in this case toward different types of media. It is calculated as the sum of average trust ratings assigned to individual types of media. The higher the score, the greater the level of trust. The maximum possible score is 35, and the minimum is 7.

| TOP 2 Trusted Media Sources:             |               |                |              |
|------------------------------------------|---------------|----------------|--------------|
|                                          | <i>Poland</i> | <i>Germany</i> | <i>Japan</i> |
| Scientific journals, books, publications | X             | X              | X            |
| Television / radio                       | X             |                | X            |
| Quality newspapers and magazines         |               | X              |              |



# Trust in institutional sources of information

## Q3B. And to what extent do you trust information about electromagnetic fields and health coming from ...?

Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %

### Media Trust Index:

Poland = 22,1

Germany = 22,3

Japan = 21,4

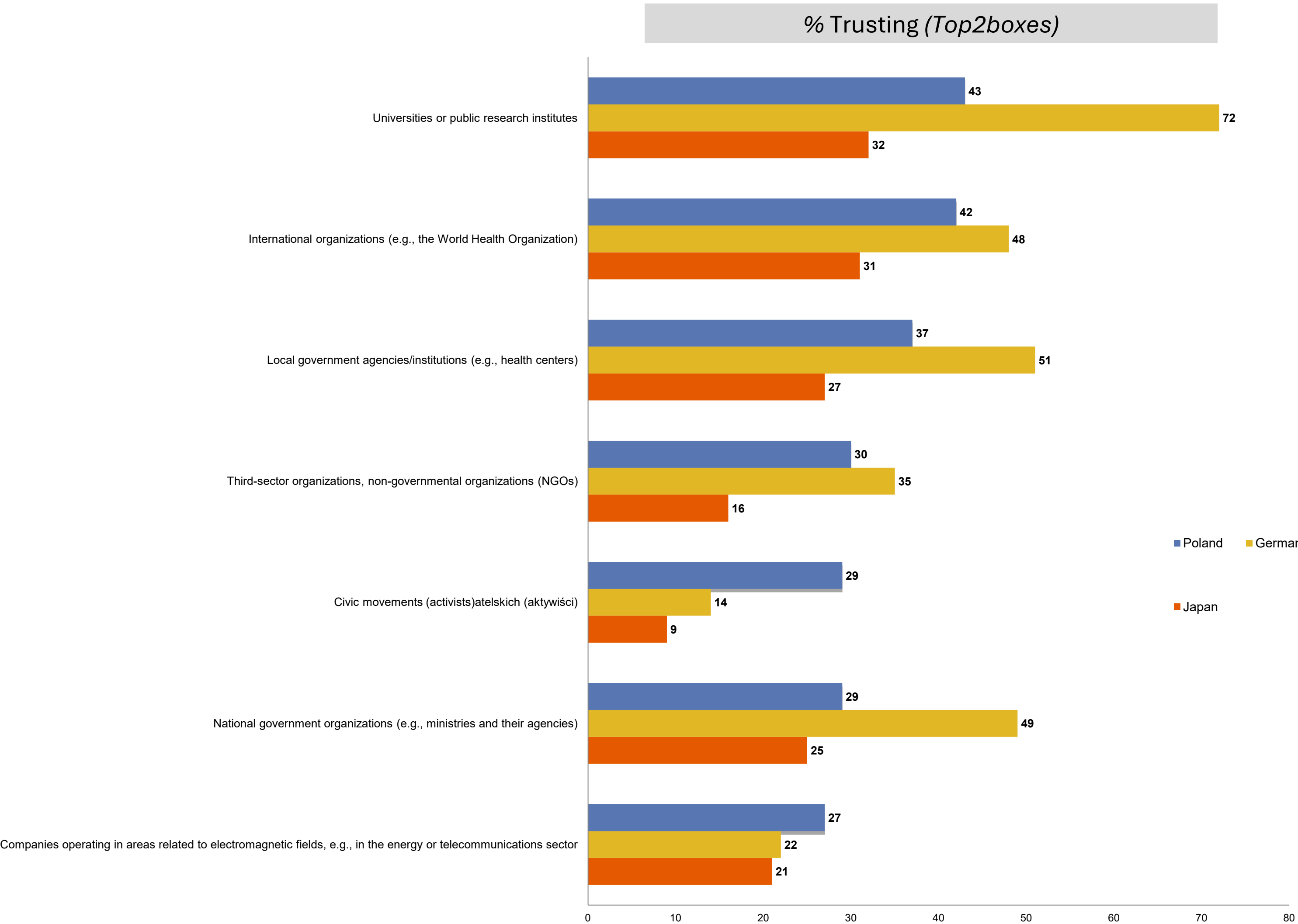
The trust index is a synthetic measure of perceived trust, in this case toward different types of institutions.

It is calculated as the sum of average trust ratings assigned to individual types of institutions.

The higher the score, the greater the level of trust.

The maximum possible score is 35, and the minimum is 7.

| TOP 2 Trusted Institutional Sources:     |        |         |       |
|------------------------------------------|--------|---------|-------|
|                                          | Poland | Germany | Japan |
| Universities, public research institutes | X      | X       | X     |
| International organizations              | X      |         |       |
| Local government agencies/institutions   |        | X       |       |



# Trust in personal sources of information

## Q3C. And to what extent do you trust information about electromagnetic fields and health coming from ...?

Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %

### Personal Trust Index:

Poland = 20.2

Germany = 20.0

Japan = 18.8

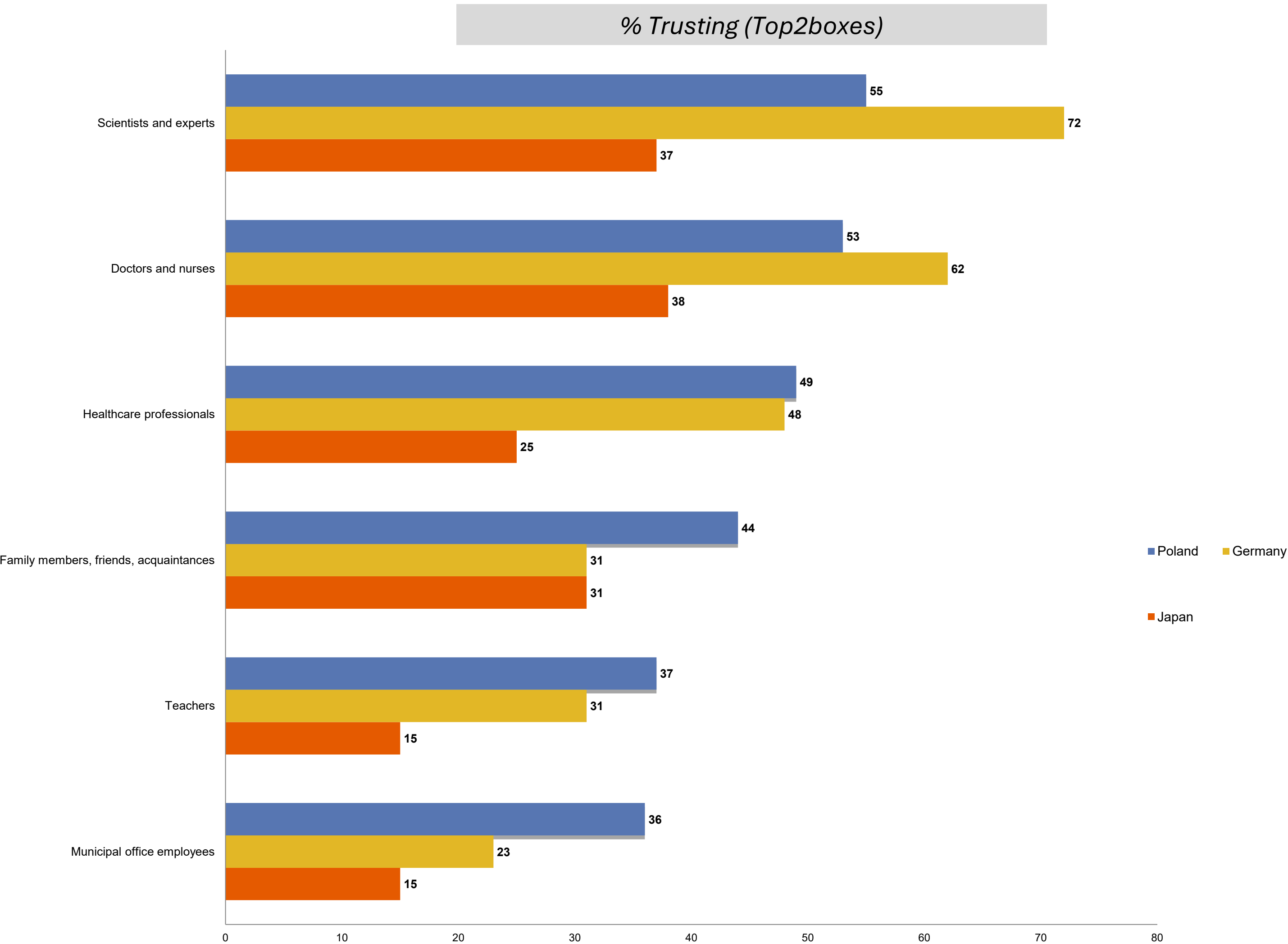
The **trust index** is a synthetic measure of perceived trust, in this case toward different types of individuals.

It is calculated as the sum of average trust ratings assigned to each type of person.

The higher the score, the greater the level of trust.

The maximum possible score is 30, and the minimum is 6.

| TOP 2 Trusted Personal Sources: |        |         |       |
|---------------------------------|--------|---------|-------|
|                                 | Poland | Germany | Japan |
| Scientists and experts          | X      | X       | X     |
| Doctors and nurses              | X      | X       | X     |





# Preferred media sources of information

**Q4A. Would you like to receive more information about electromagnetic fields and health from the following sources?**

*Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %*

**Media Preference Index:**

Poland = 12.4

Germany = 12.0

Japan = 13.8

The **index** is a synthetic measure of preferences, in this case regarding different types of media.

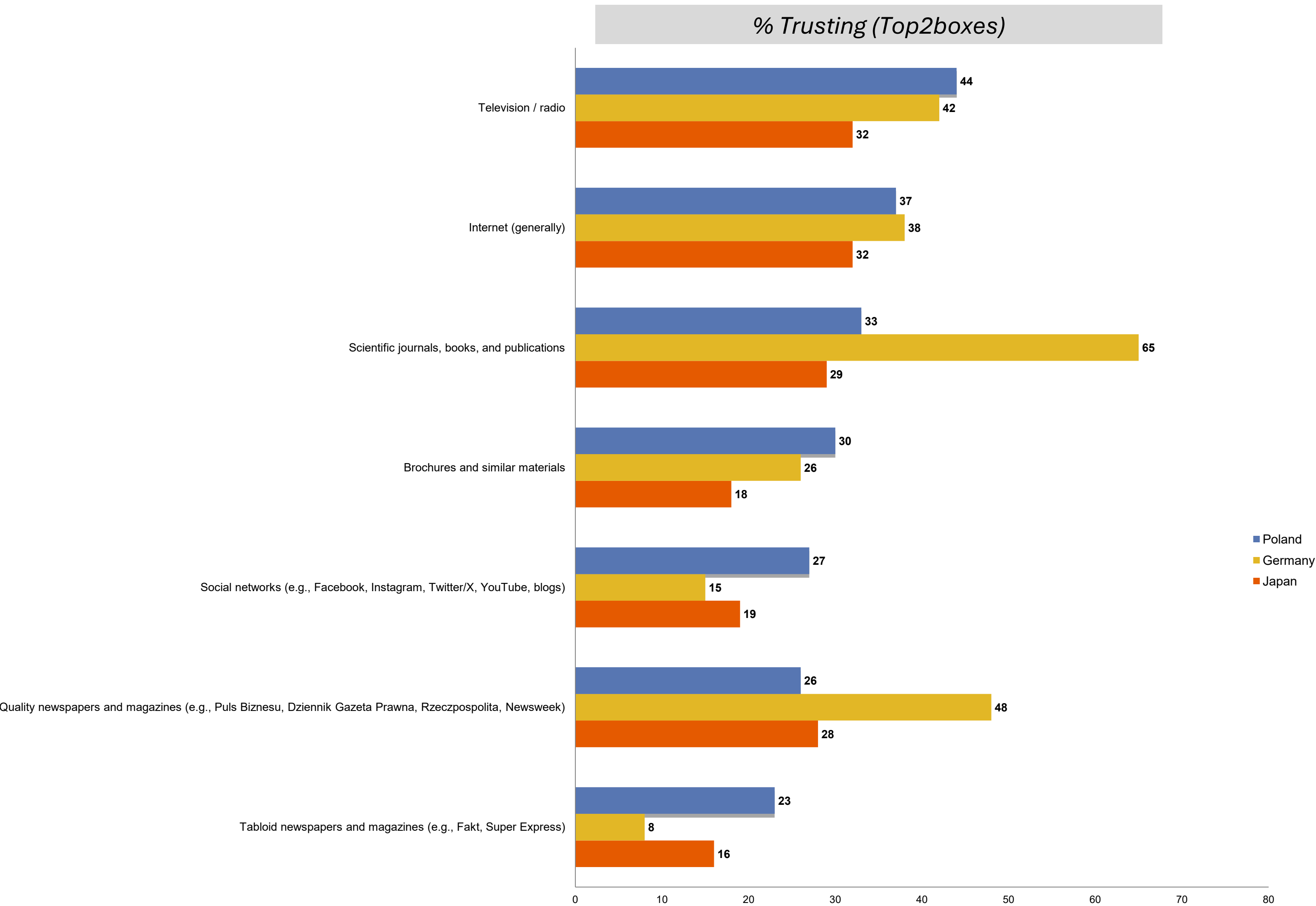
It is calculated as the sum of average preference ratings assigned to individual types of media.

The higher the score, the stronger the level of preference.

The maximum possible score is 21,

and the minimum is 7 (3 points for each preferred medium, 2 points for lack of decisiveness – “not sure” or “don’t know,” and 1 point for no preference).

| TOP 2 Preferred Media Sources:               |               |                |              |
|----------------------------------------------|---------------|----------------|--------------|
|                                              | <i>Poland</i> | <i>Germany</i> | <i>Japan</i> |
| Television / radio                           | X             |                | X            |
| Internet (generally)                         | X             |                | X            |
| Scientific journals, books, and publications |               | X              |              |
| Quality newspapers and magazines             |               | X              |              |



# Preferred institutional sources of information

**Q4B. Would you like to receive more information about electromagnetic fields and health from the following sources?**  
*Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %*

**Institutional Preference Index:**

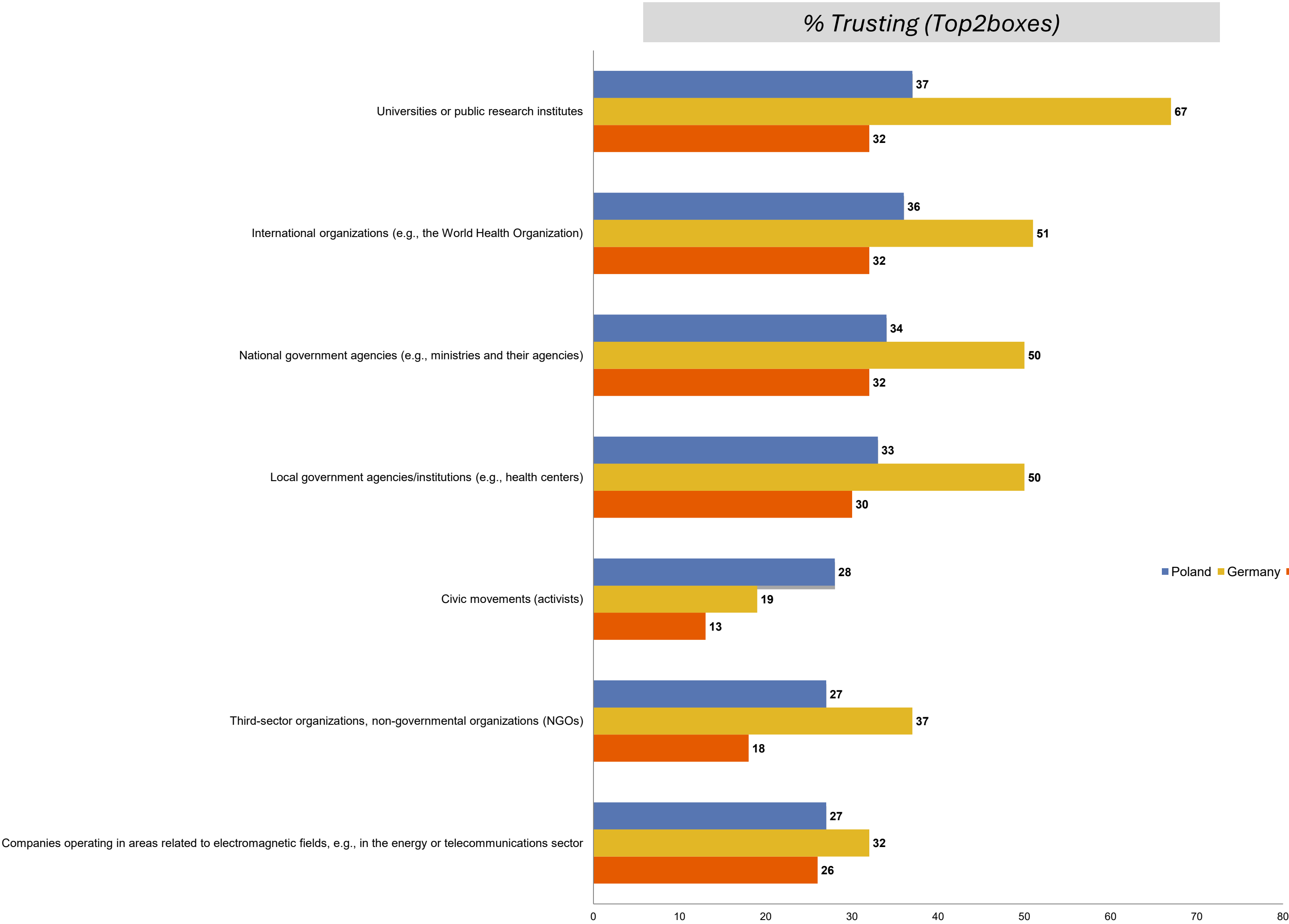
Poland = 12.5

Germany = 13.2

Japan = 14.2

The **index** is a synthetic measure of preferences, in this case regarding different types of institutions. It is calculated as the sum of average preference ratings assigned to individual types of institutions. The higher the score, the stronger the level of preference. The maximum possible score is 21, and the minimum is 7 (3 points for each preferred institution, 2 points for lack of decisiveness – “not sure” or “don’t know,” and 1 point for no preference).

| TOP 2 Preferred Institutional Sources:   |        |         |       |
|------------------------------------------|--------|---------|-------|
|                                          | Poland | Germany | Japan |
| Universities, public research institutes | X      | X       | X     |
| International organizations              | X      | X       | X     |



# Preferred personal sources of information

**Q4C. Would you like to receive more information about electromagnetic fields and health from the following sources?**

Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %

**Personal Preference Index:**

Poland = 11.4

Germany = 11.7

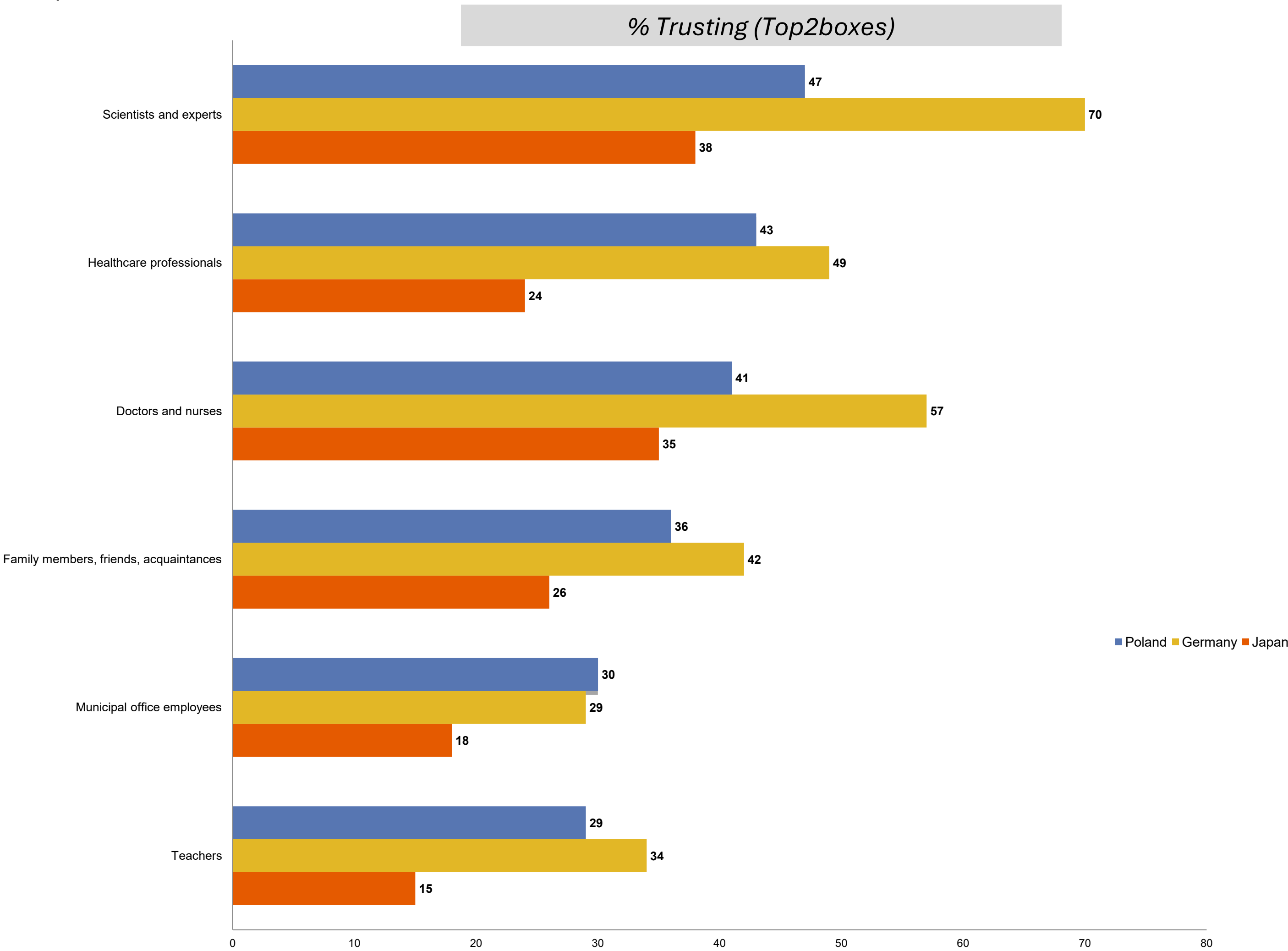
Japan = 12.2

The **index** is a synthetic measure of preferences, in this case regarding different types of individuals. It is calculated as the sum of average preference ratings assigned to each type of person.

The higher the score, the stronger the level of preference.

The maximum possible score is 18, and the minimum is 6 (3 points for each preferred type of person, 2 points for lack of decisiveness – “not sure” or “don’t know,” and 1 point for no preference).

| TOP 2 Preferred Personal Sources: |        |         |       |
|-----------------------------------|--------|---------|-------|
|                                   | Poland | Germany | Japan |
| Scientists, experts               | X      | X       | X     |
| Healthcare professionals          | X      |         |       |
| Doctors and nurses                |        | X       | X     |





# Sources of concern

## Q5A. How concerned are you at present about the following issues?

When answering, please use a scale from 1 to 5, where “1” means you are not concerned at all and “5” means you are very concerned.

Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %

### Concern Index:

Poland = 41.3

Germany = 40.7

Japan = 40.6

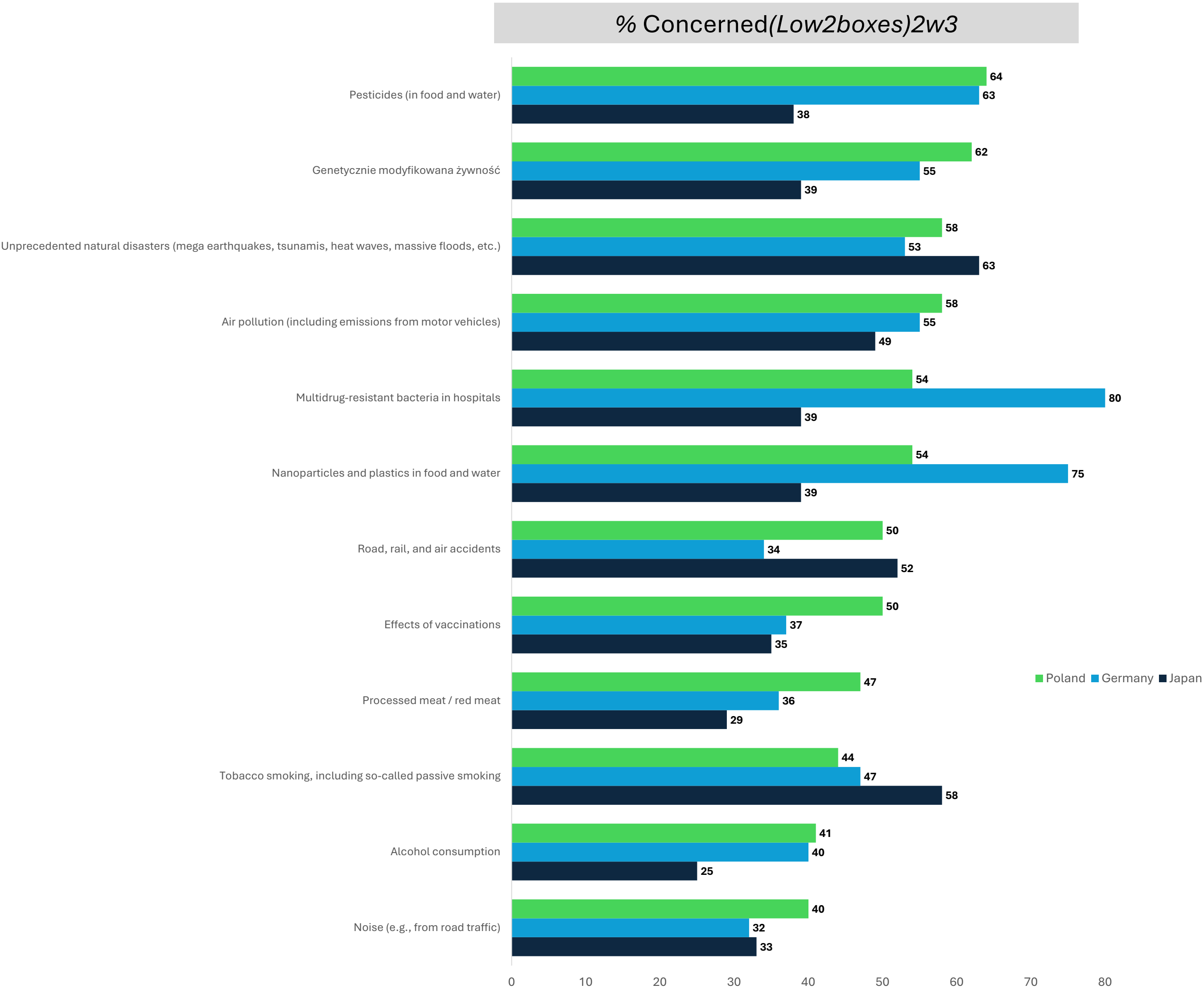
The **concern index** is a synthetic measure of perceived anxiety regarding various phenomena.

It is calculated as the sum of average concern ratings across all studied phenomena.

The higher the score, the stronger the concerns.

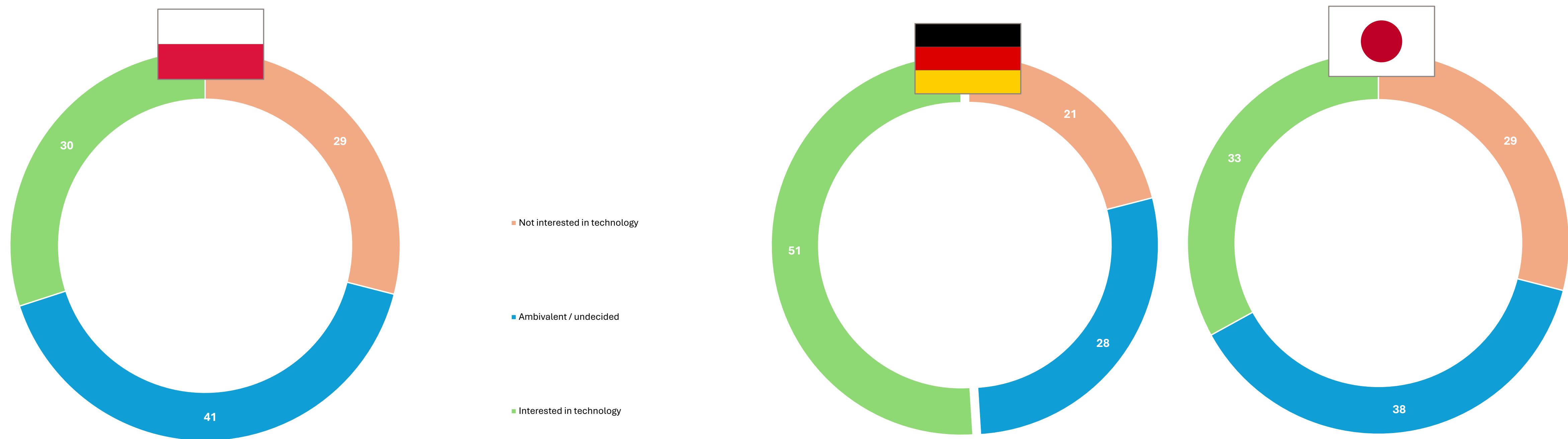
The maximum possible score is 60, and the minimum is 12.

| TOP 5 Sources of Concern:                    |        |         |       |
|----------------------------------------------|--------|---------|-------|
|                                              | Poland | Germany | Japan |
| Pesticides                                   | X      | X       |       |
| Genetically modified food                    | X      | X       | X     |
| Air pollution                                | X      | X       | X     |
| Unprecedented natural disasters              | X      |         | X     |
| Nanoparticles and plastics in food and water | X      | X       | X     |
| Multidrug-resistant bacteria in hospitals    |        | X       |       |
| Road, rail, and air accidents                |        |         | X     |
| Tobacco smoking, including passive smoking   |        |         | X     |



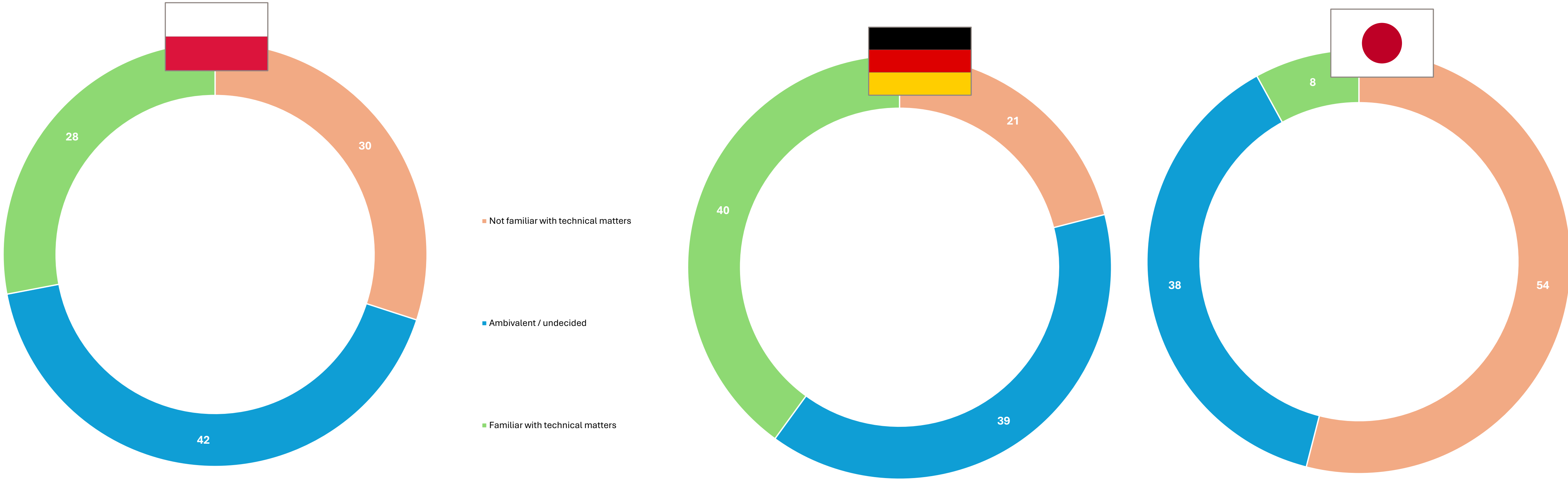
# Interest in technology

**Q5D1. To what extent are you interested in technology?**  
When answering, please use a scale from 1 to 5, where “1” means you are not interested in technology at all, and “5” means you are very interested in technology.  
*Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %*



# Self-assessment of technical competence

**Q5D2. How well do you usually understand technical matters?**  
When answering, please again use a scale from 1 to 5, where “1” means you do not understand technical matters at all, and “5” means you understand technical matters very well. *Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %*

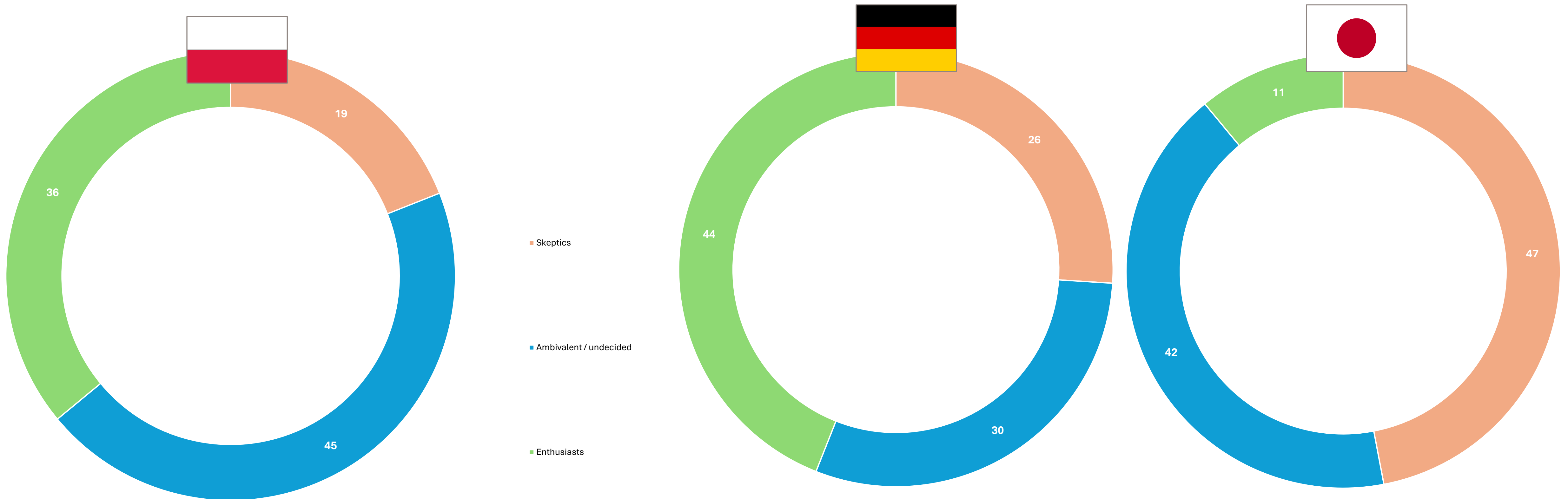




# Attitude toward technology

## Q5D3. What is your attitude toward technology?

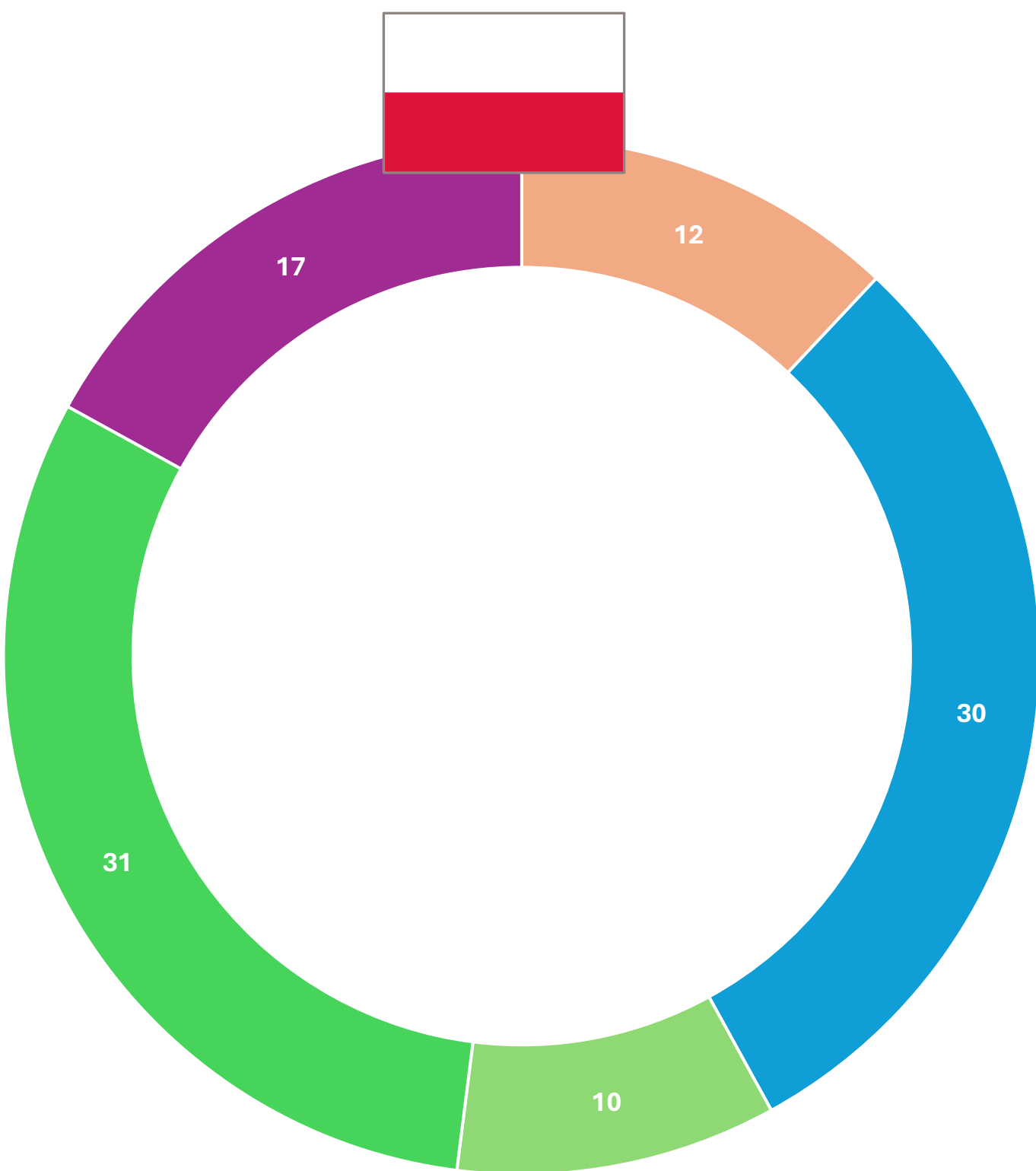
When answering, please again use a scale from 1 to 5, where “1” means your attitude toward technology is not enthusiastic at all, and “5” means your attitude toward technology is very enthusiastic. Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %



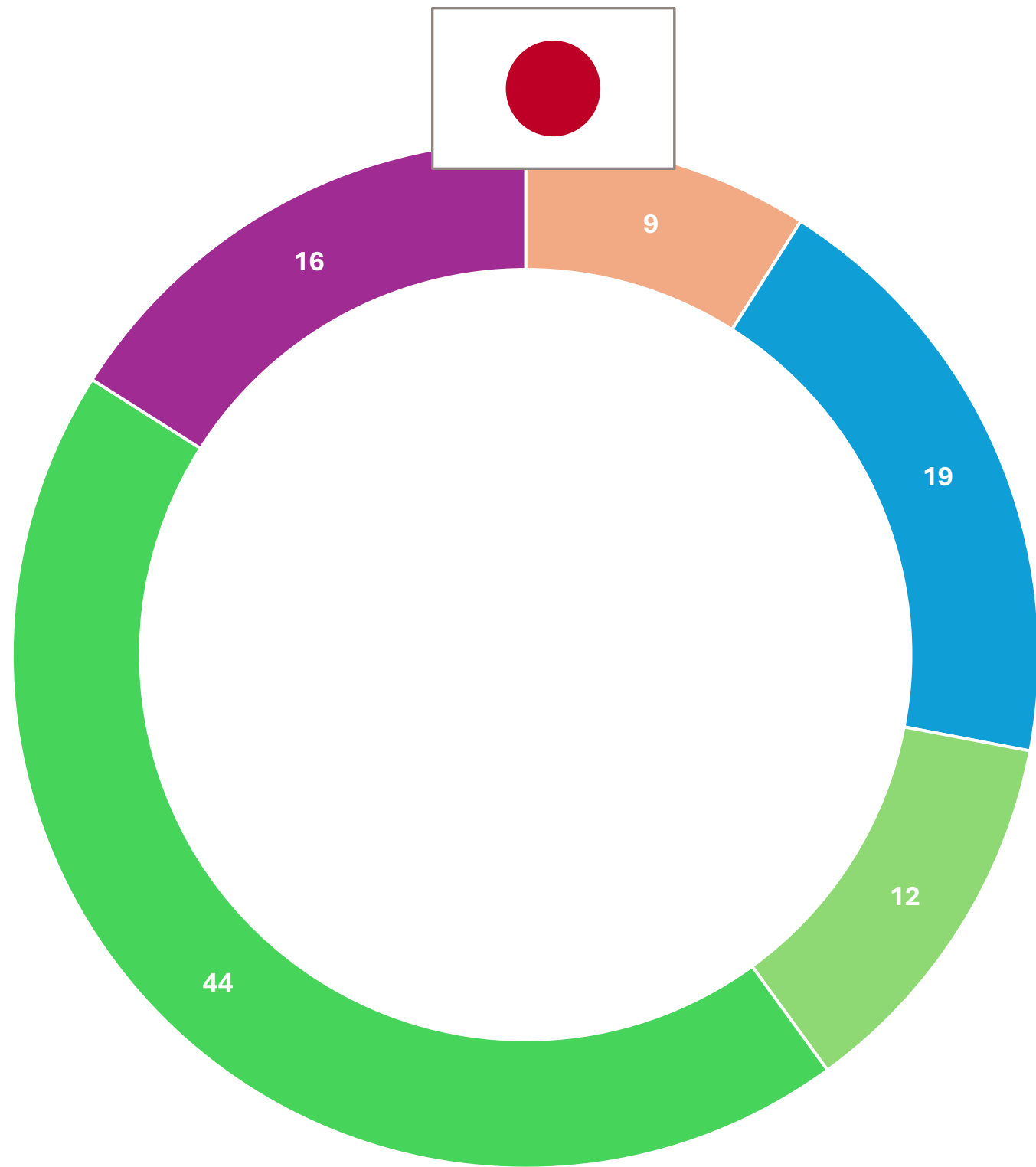
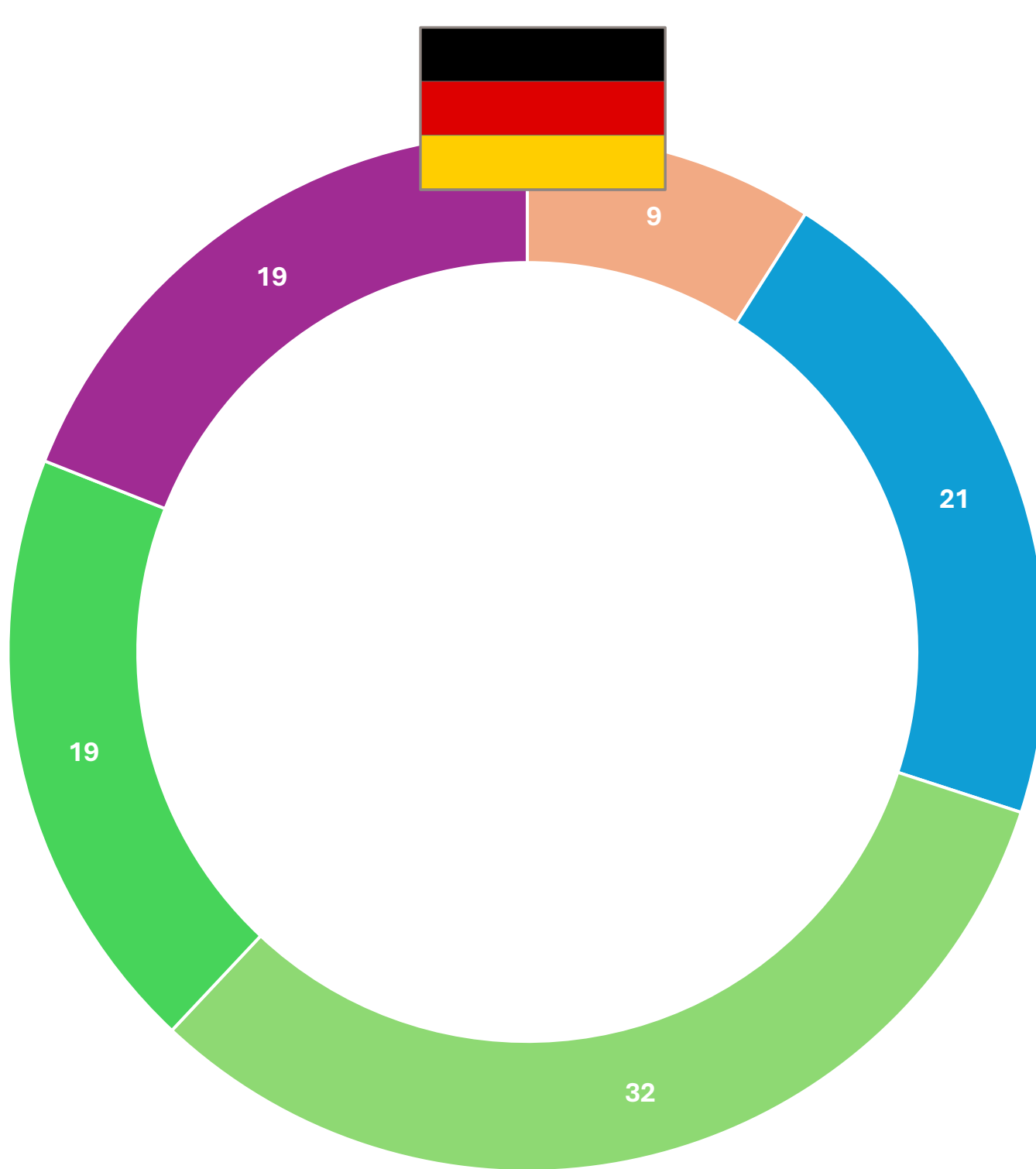
# Knowledge about the strength of EMF impact

**Q2C. An electric, magnetic, or electromagnetic field can be emitted by power lines or radio antennas.**

In your opinion, how does the strength of this field change if the distance from the current-carrying conductor or the antenna is doubled?



- The strength of this field doubles
- The strength of this field decreases by half
- The strength of this field decreases to one-fourth
- I am not sure
- Hard to say

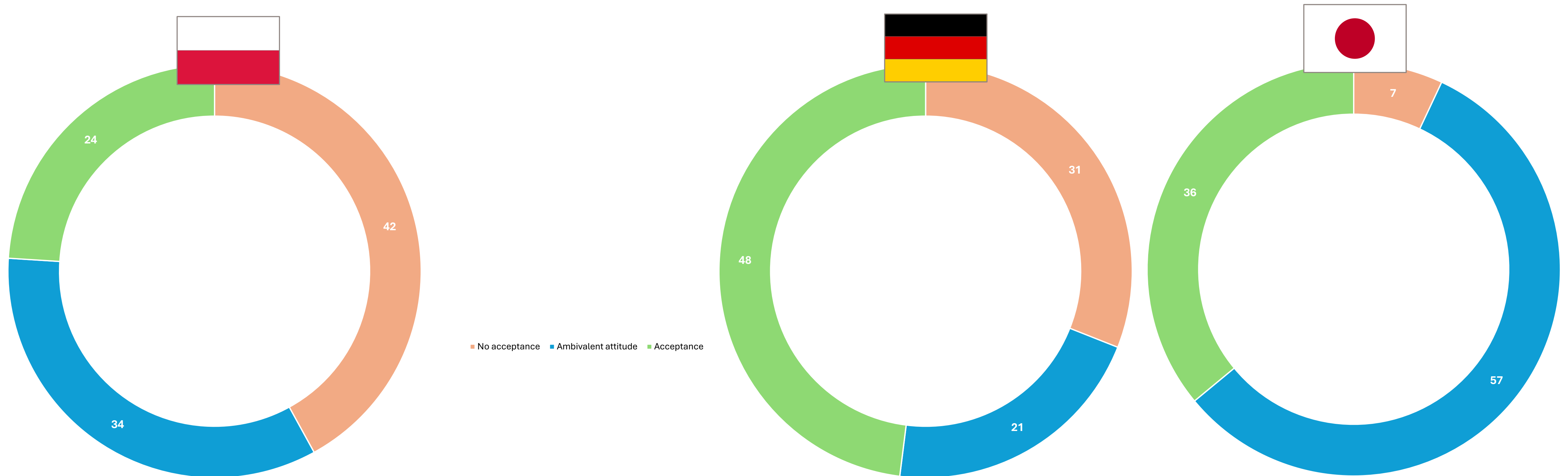


# Acceptance of transmitter construction

**Q1B. Would you agree to the construction of mobile network antennas/transmitters within 500 meters of your place of residence if it increased your mobile network coverage?**

When answering, please use a scale from 1 to 5, where “1” means you would definitely not agree, and “5” means you would definitely agree.

Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %



## Acceptance Index:

Poland = 2.62

Germany = 3.27

Japan = 3.42

The acceptance index is the average rating on the scale.

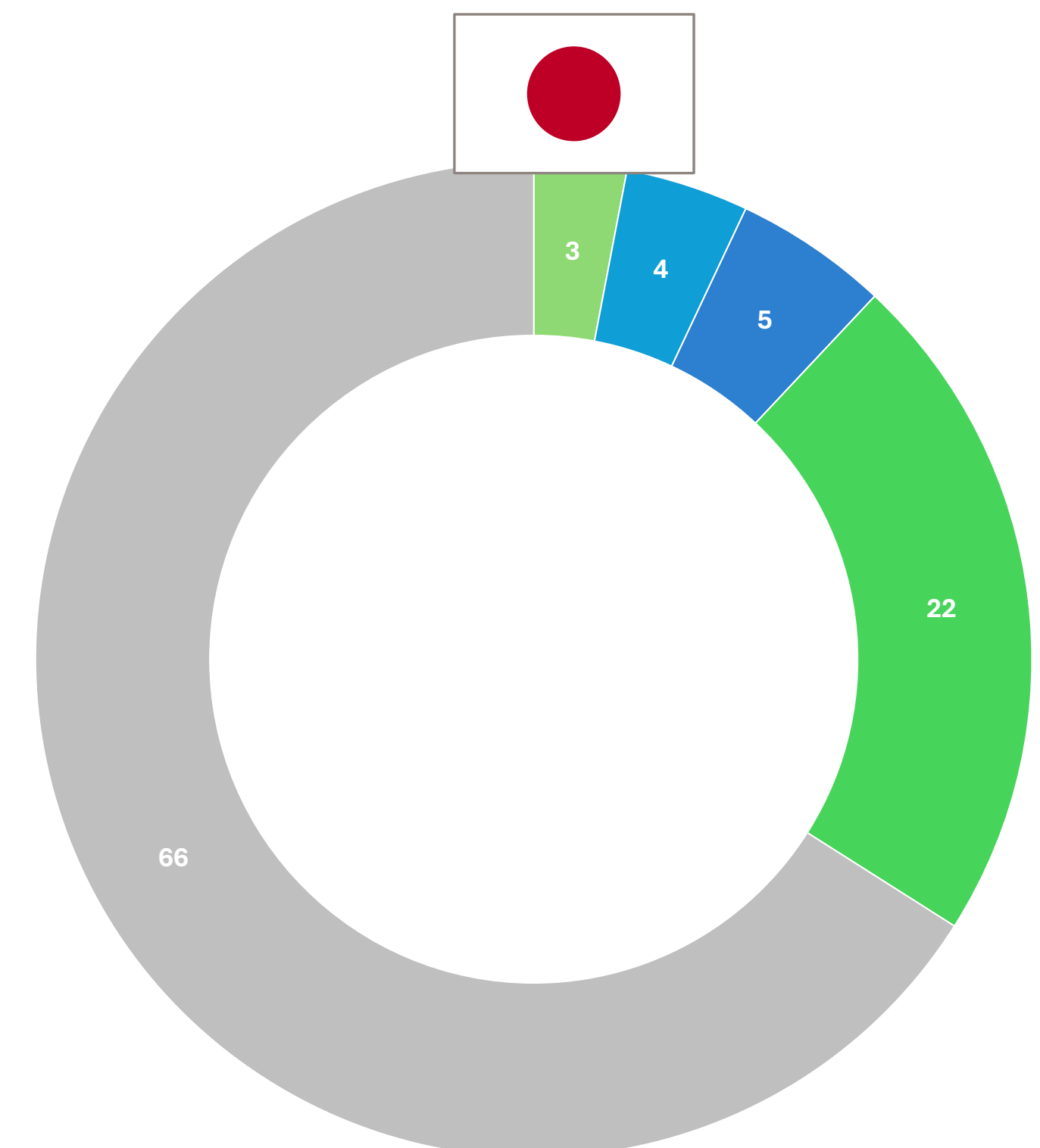
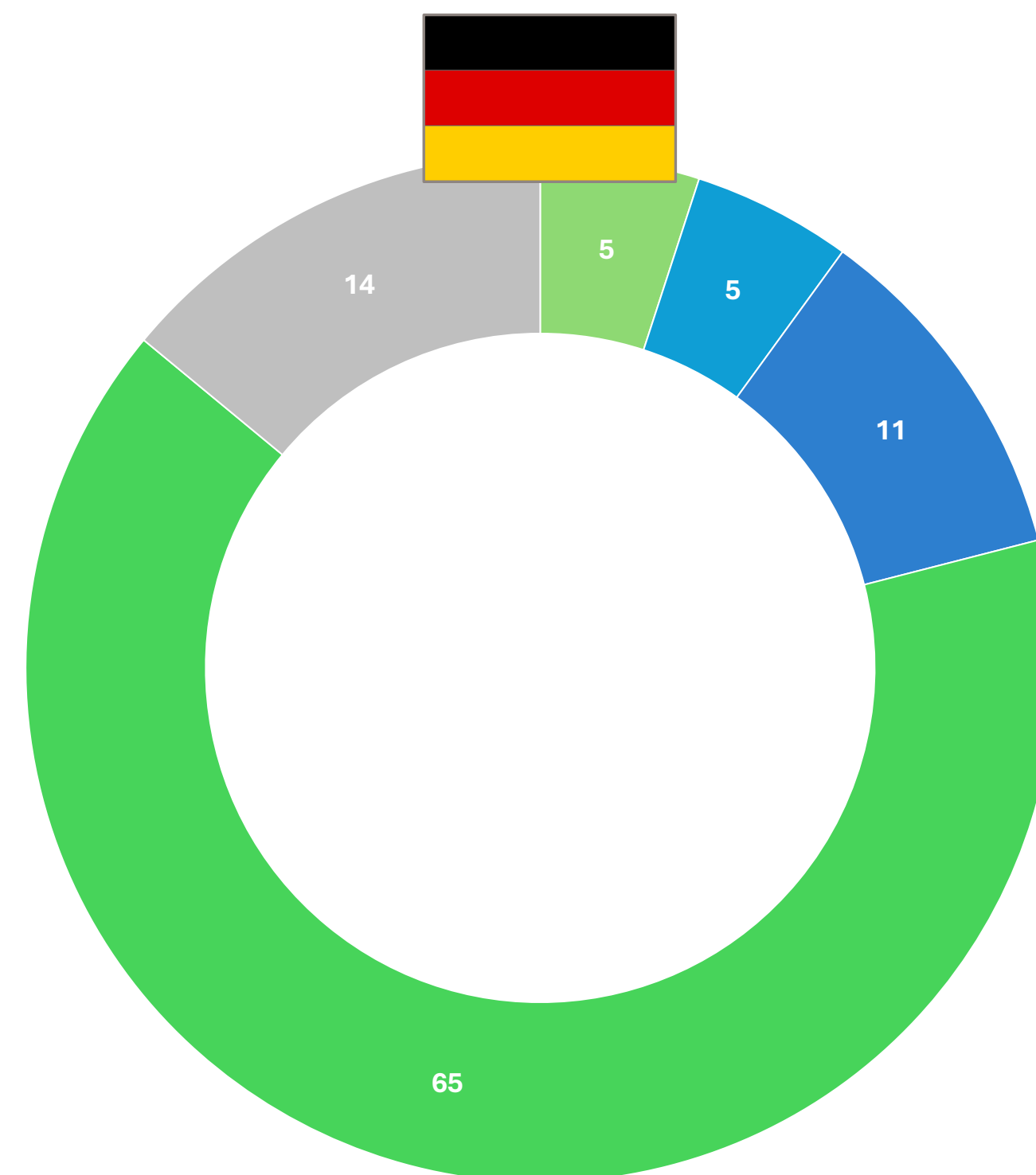
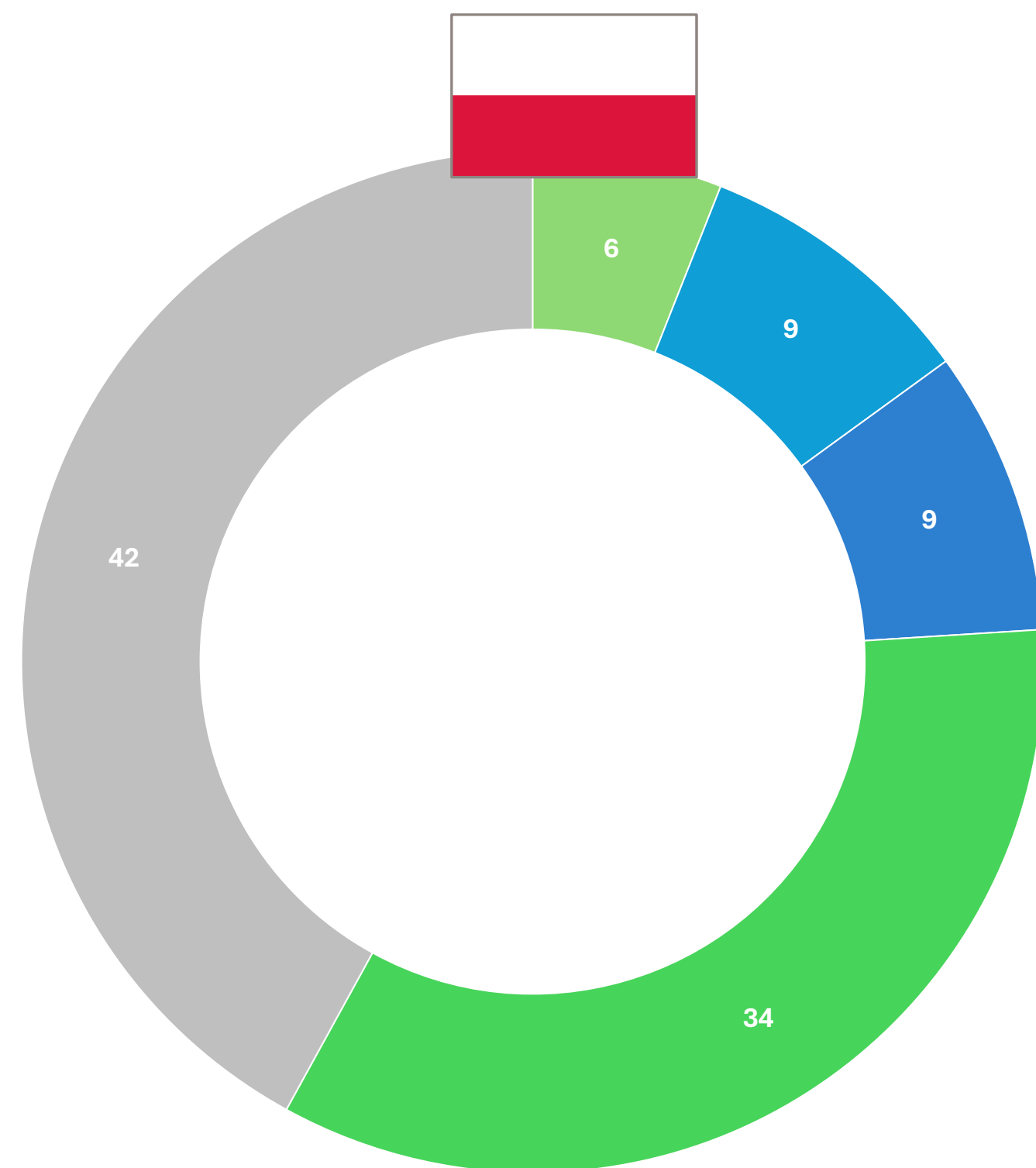
The higher the score, the greater the acceptance.



# Perception of distance to the nearest HVPL (High-Voltage Power Line)

**Q1C. What do you think is the approximate distance from your place of residence to the nearest high-voltage power line?**

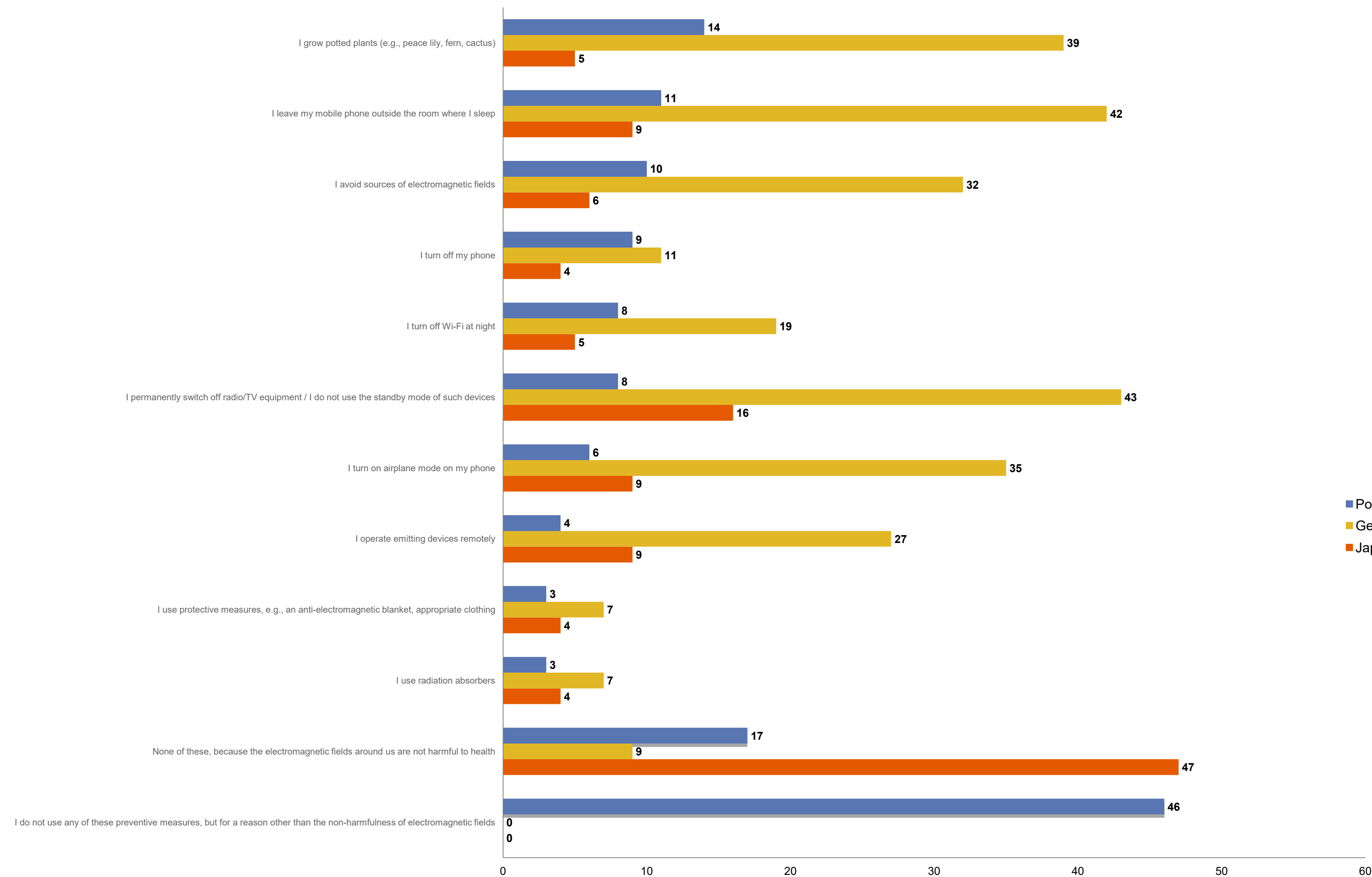
*Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %*



10-50 meters   51-100 meters   101-200 meters   Pow. 200 meters   Undecided

# Use of EMF preventive measures

**Q2D. What preventive measures, if any, do you take to reduce exposure to electromagnetic fields?**  
*Base: Respondents aged 15+, N=1015/2000/6000 (PL/GER/JPN), in %*



**Average number of preventive measures used:**  
Poland = 0.7  
Germany = 2.6  
Japan = 0.7\*\*

# Research Results in an International Perspective



- **Concerns about EMF:**
  - Poles are more worried than respondents in Germany and Japan.
  - In all three countries, nuclear power plants and artificial UV radiation are among the top 5 concerns.
  - Only in Poland: electromagnetic waves and high-voltage power lines are in the top 5.
- **Acceptance of infrastructure:**
  - Highest in Japan.
  - Lowest in Poland.
- **Perception of EMF sources:**
  - Japan: least likely to see studied devices/phenomena as EMF sources.
  - Top 3 in all countries: high-voltage power lines, mobile base stations.
  - Country specifics:
    - Poland: computers, monitors, TVs.
    - Germany: mobile phone headsets.
    - Japan: household electrical devices.
- **Perceived health effects:**
  - Poles attribute more negative effects than Germans or Japanese.
  - Top 3 in all countries: headaches/migraines, insomnia.
  - Specific to Poland: brain cancer linked to EMF.



# Research Results in an International Perspective

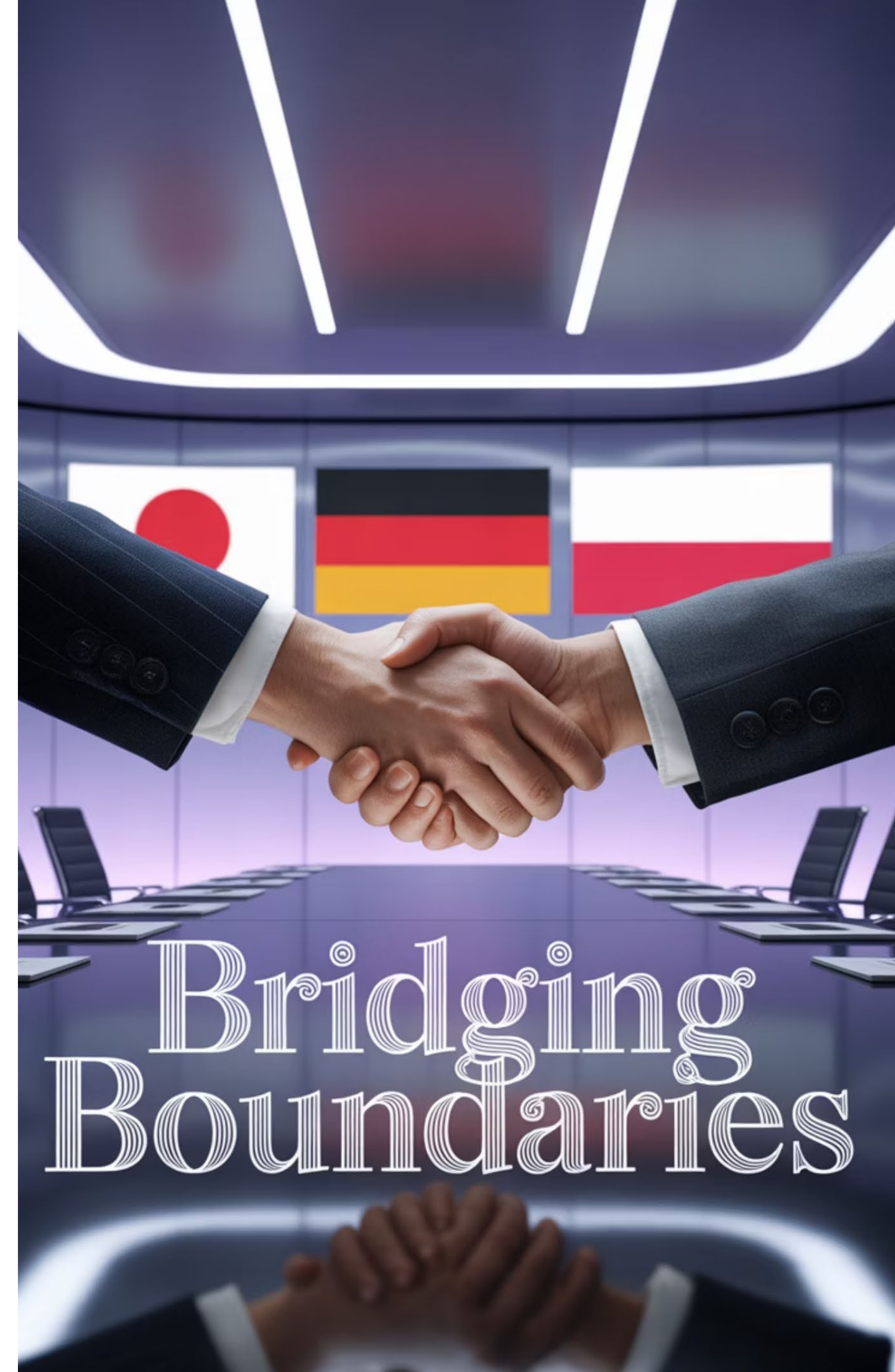


- **Preventive measures:**
  - Used mainly in Germany.
- **Trust in sources of information:**
  - Poles trust media and personal sources more than Germans or Japanese.
  - In all countries: scientific journals, books, and publications enjoy highest media trust.
  - Germany: highest trust in institutions.
  - In all countries: universities and public research institutes top trusted institutional sources.
  - Scientists/experts and healthcare professionals are the most trusted personal sources everywhere.
- **Preferred channels of information:**
  - Japan: calls for more information from all three types of sources.
  - Poland & Japan: mainly TV/radio and internet.
  - Germany: scientific journals, books, quality newspapers/magazines.
  - In all three: universities, international organizations, scientists/experts, and healthcare professionals are desired sources.



# Thank you for your attention!

This comprehensive international study provides valuable insights into public perception of electromagnetic fields across three diverse countries, informing future risk communication strategies and policy development.





# National experiences in addressing public concern related to base station siting



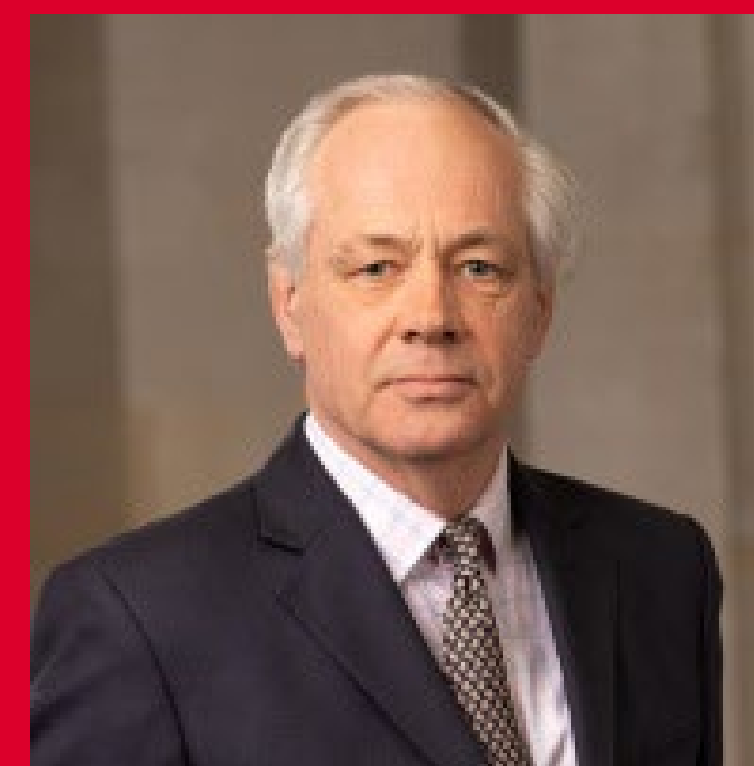
**Margit Kropik**  
Forum Mobilkommunikation,  
Austria



**George Stefanopoulos**  
EEKT, Greece



**Lisa Kelly**  
Optus, Australia



**Hamish MacLeod**  
Mobile UK



**Isabel María  
Álvaro Alonso**  
Telefónica,  
GSMA EMF  
and Health Delegate



Coffee break



# An RF-EMF perspective of the mobile technology evolution roadmap



**Christer Törnevik**  
Head of EMF and Health,  
Ericsson Research



**Patricia Martigne**  
Orange,  
GSMA EMF and Health Delegate

# EMF implications of next-generation mobile technology (6G)



GSMA EMF Forum, September 30, 2025

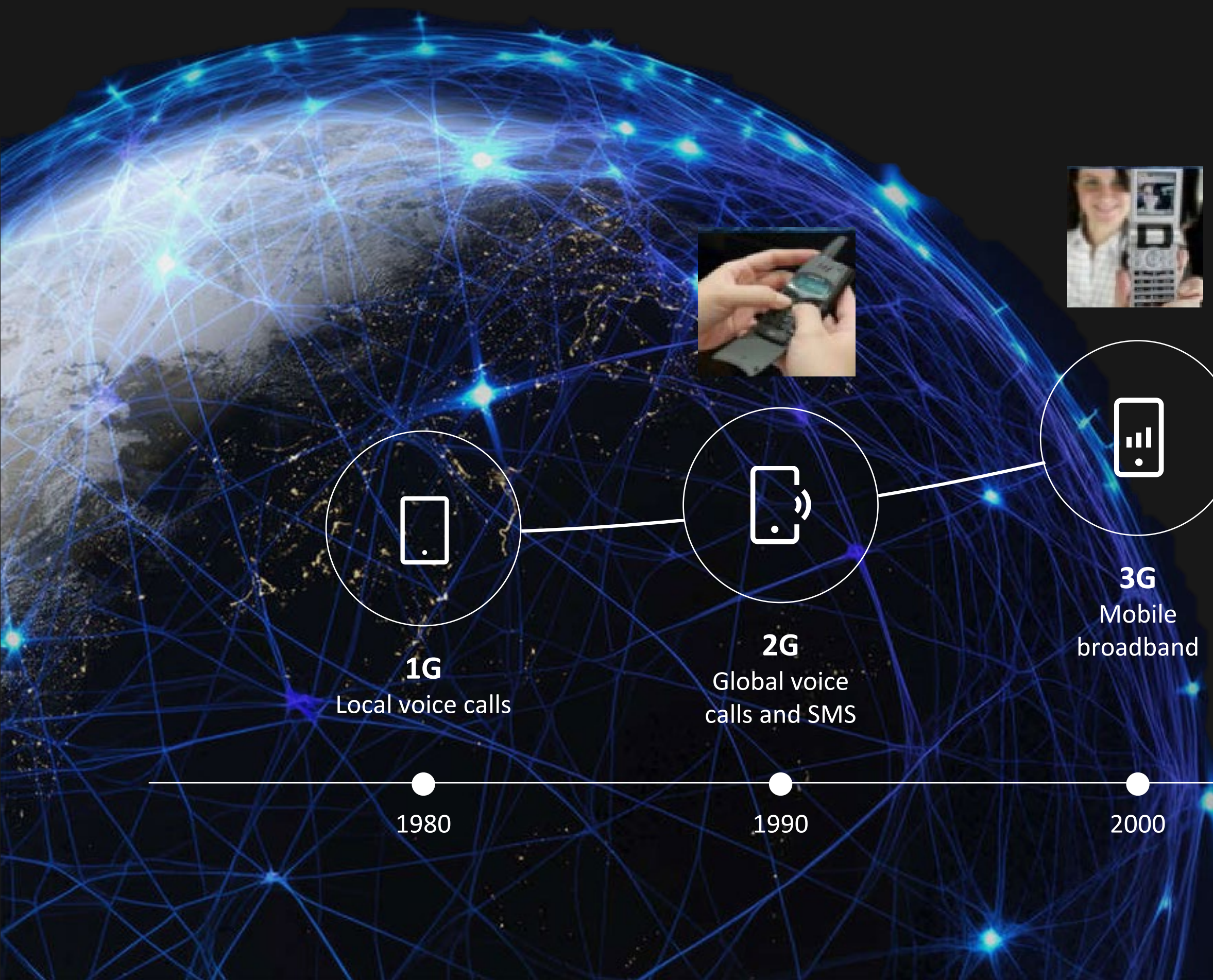
Christer Törnevik  
Ericsson Research



# Mobile Network Evolution



1,000,000x  
Data speed increase in 30 years



**1G**  
Local voice calls

1980



**2G**  
Global voice calls and SMS

1990



**3G**  
Mobile broadband

2000



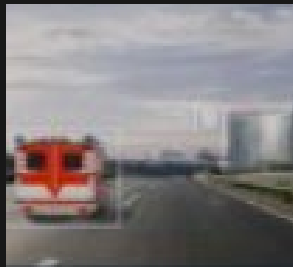
**4G**  
App economy

2010



**5G**  
Digitalization of societies and industries

2020



**6G**  
Cyber-physical interaction

2030



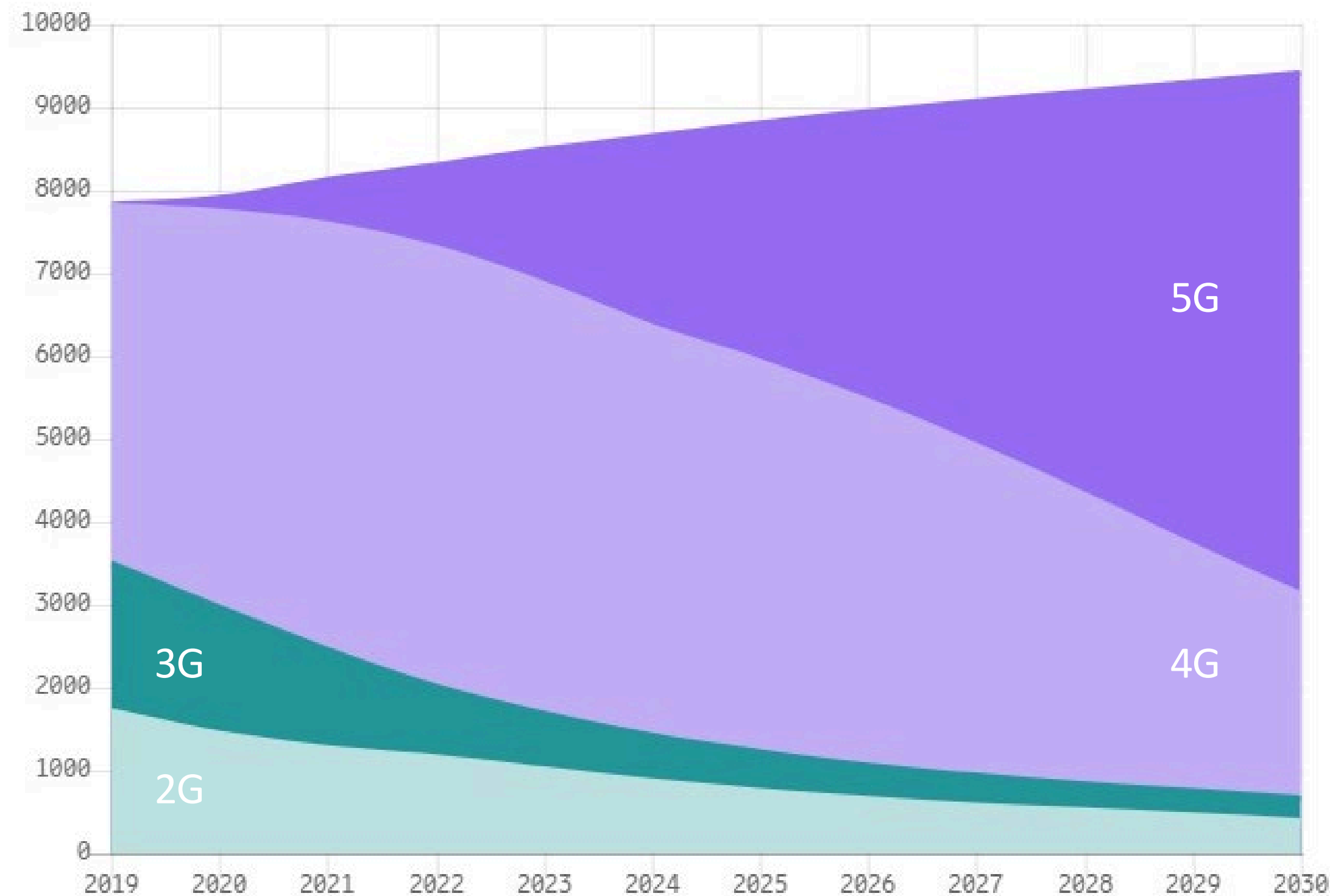
Typical maximum environmental EMF exposure levels have remained below 1% of international limits



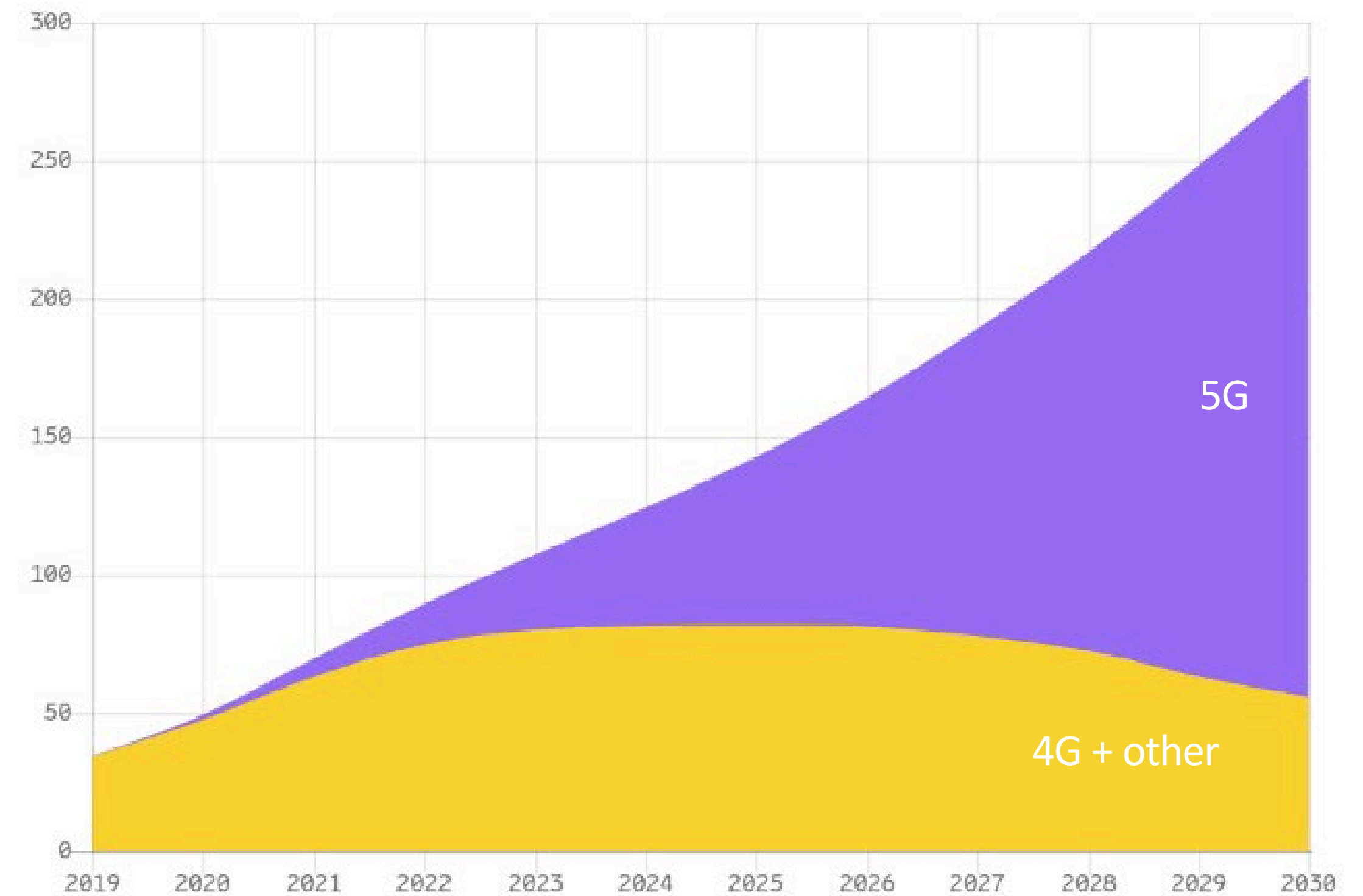
# 5G mobile subscriptions to reach 6.3 billion in 2030, when 6G will be introduced



Mobile subscriptions by technology (million)



Mobile data traffic (EB/month)



# A new mobile technology generation leads to new questions related to RF-EMF

## Proactive information

Need of fact-based and timely information answering questions about RF-EMF safety

## Applicable technical standards

Need to review international standards to ensure applicability for RF-EMF compliance assessments before rollout





# From 1G to 5G: RF-EMF implications

## Compliance assessment and communication needs

### Examples of technology changes impacting EMF assessments

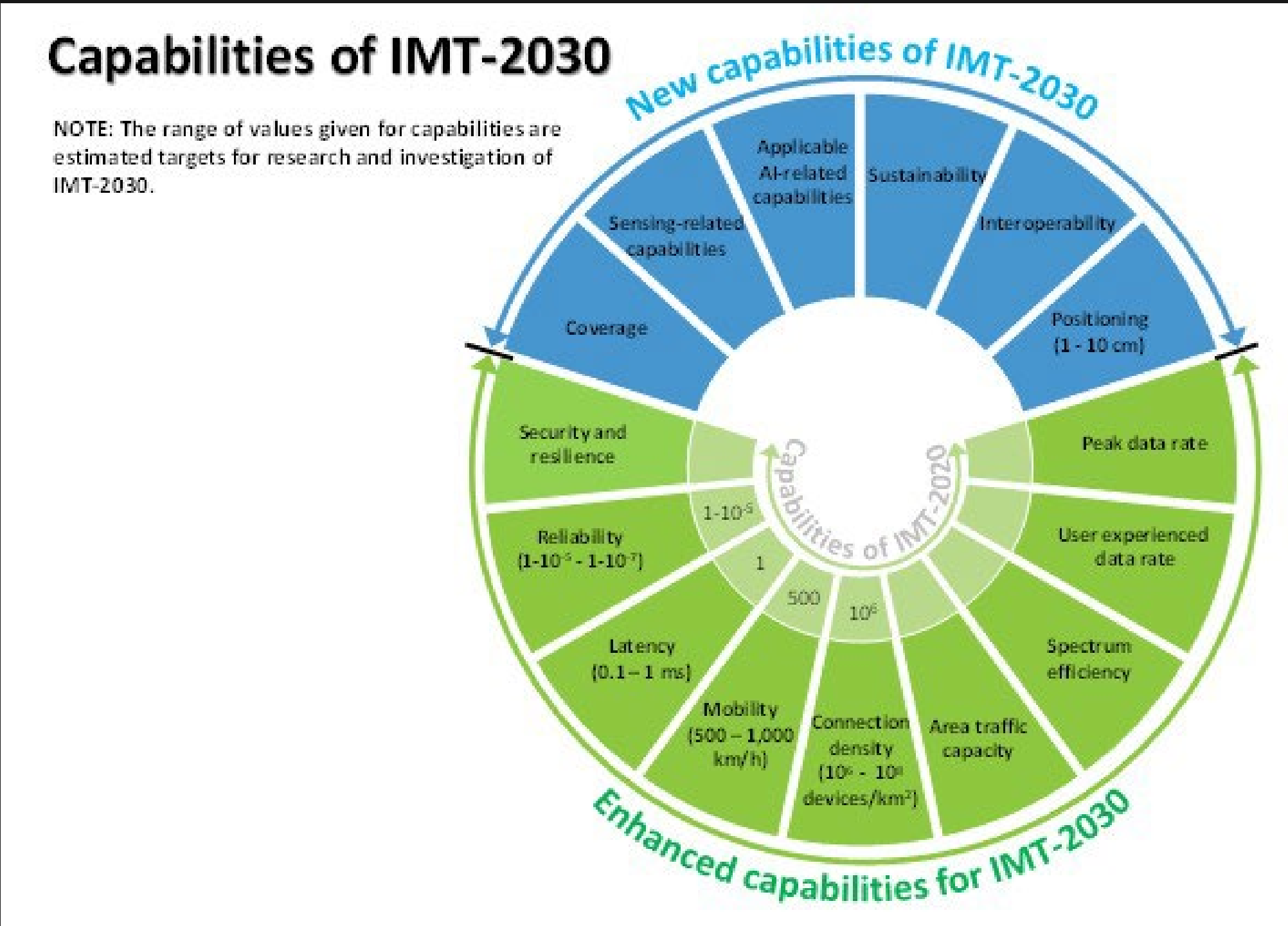
### Examples of public questions and concern

|          |                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                |
|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1G -> 2G | <ul style="list-style-type: none"><li>• From analog (FM) to digital and from FDMA to TDMA/CDMA</li><li>• New frequency bands above 1 GHz (e.g., 1800/1900 MHz)</li><li>• Dual-band transmission</li></ul>                                                                                                                         | <ul style="list-style-type: none"><li>• Digital (pulsed) signals</li><li>• More base stations on buildings and near homes</li></ul>                                                            |
| 2G -> 3G | <ul style="list-style-type: none"><li>• Wideband signals with rapid variations (W-CDMA)</li><li>• Only narrow-band pilot signal continuously transmitted</li><li>• First frequency bands above 2 GHz</li></ul>                                                                                                                    | <ul style="list-style-type: none"><li>• Roll-out of many new base stations</li><li>• Additional sites in new locations near homes, schools, etc. (on walls, lamp posts, etc.)</li></ul>        |
| 3G -> 4G | <ul style="list-style-type: none"><li>• MIMO (Multiple Input Multiple Output) and OFDM introduced</li><li>• Several new bands and multi-band/multi-technology transmission – actual maximum approach for accurate EMF assessments introduced</li><li>• Small cells – simplified EMF evaluation process for installation</li></ul> | <ul style="list-style-type: none"><li>• Perceived higher levels of RF-EMF exposure</li><li>• RF-EMF exposure from small-cells</li></ul>                                                        |
| 4G -> 5G | <ul style="list-style-type: none"><li>• Advanced antenna systems with beamforming and beam steering</li><li>• New bands in the millimeter-wave range (e.g., 26-28 GHz, 39 GHz)</li><li>• Introduction of methodology to monitor and control the power/EIRP to enable the use of the actual maximum approach</li></ul>             | <ul style="list-style-type: none"><li>• Exposure from beamforming (massive MIMO)</li><li>• “High” frequencies (millimeter-waves)</li><li>• Base station densification in urban areas</li></ul> |

# Will there be any EMF implications of 6G/IMT-2030?

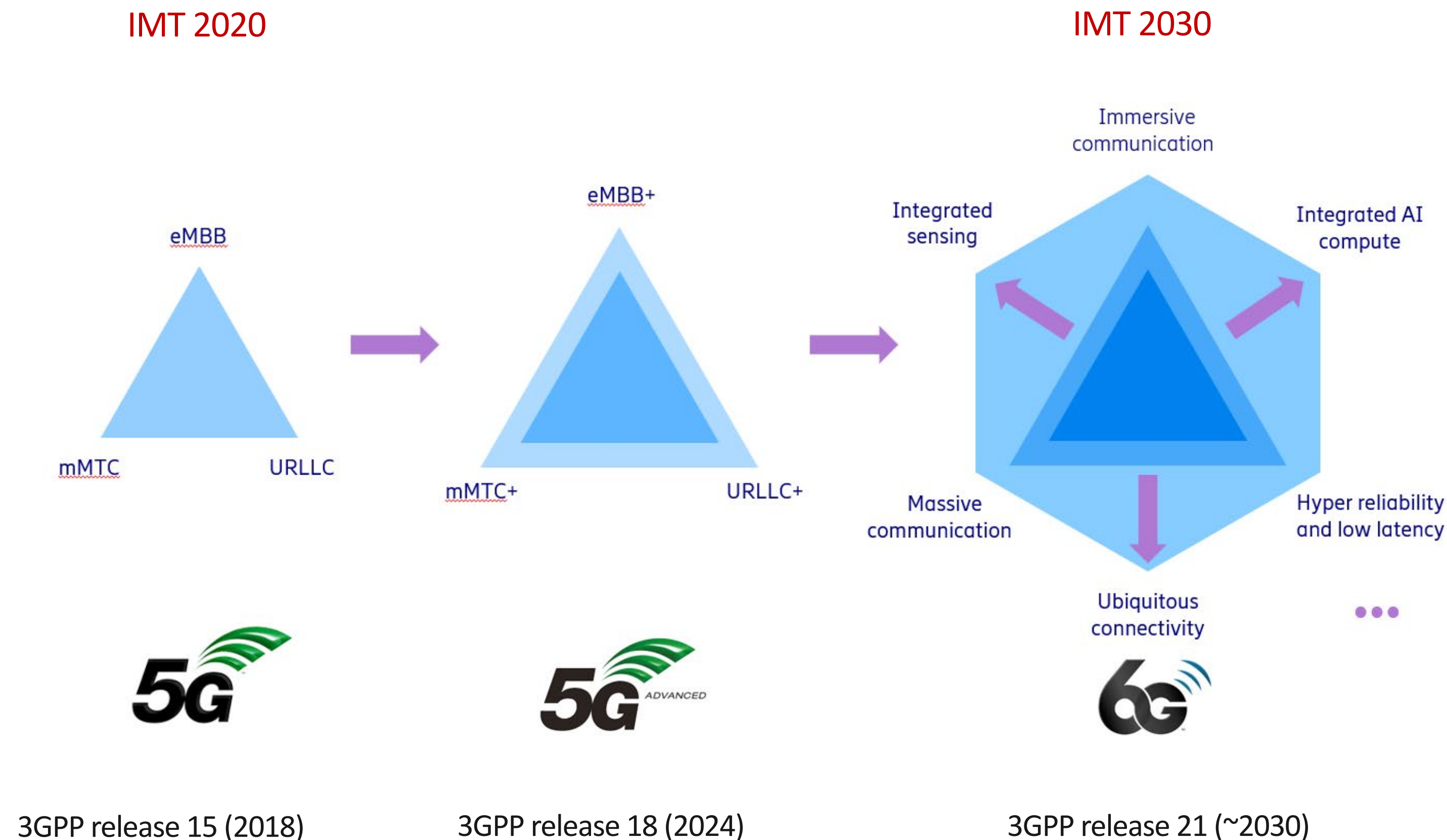


Technical specifications  
Including device and base station RF  
power classes with EMF considerations



Performance requirements  
Including global vision and spectrum  
allocations

# International Telecommunication Union (ITU) and 3GPP framework for the evolution towards 6G



6G is an **evolution** of

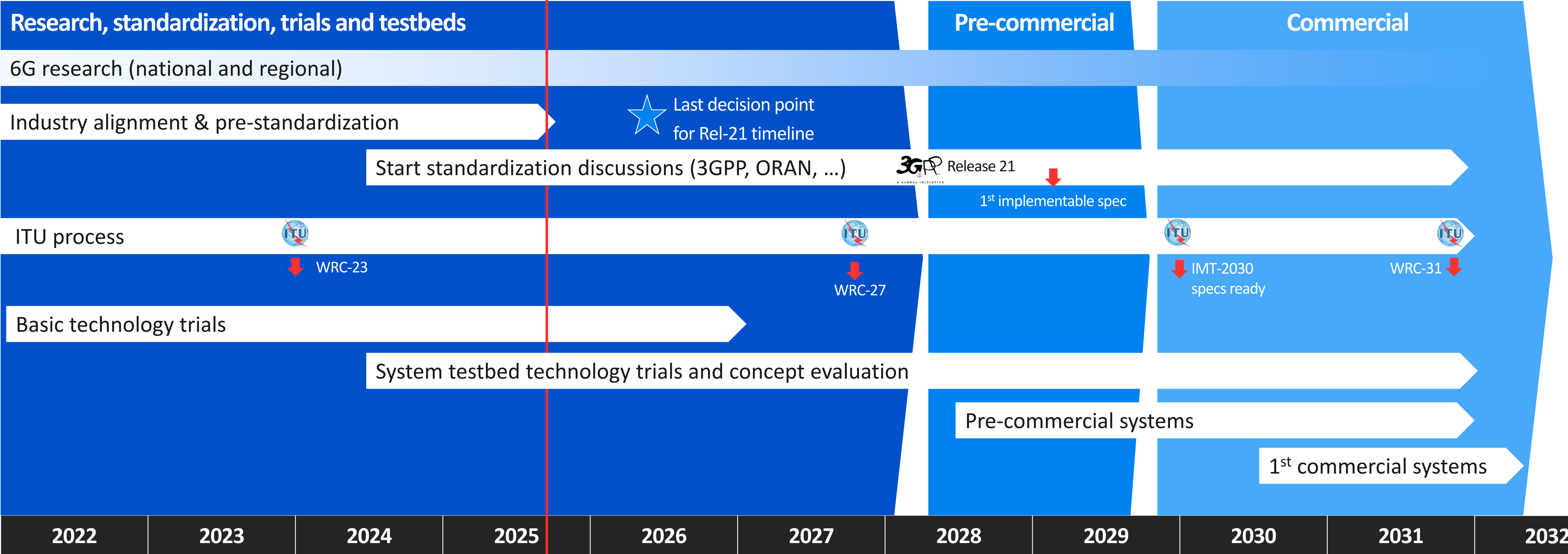
- enhanced mobile broadband (eMBB)
- massive machine type communication (mMTC)
- ultra reliable low latency communication (URLLC)

**with added capabilities supporting new use cases**



# High-level 6G timeline (indicative)

Standardization has started



# Overall 6G design guidelines



## Technology-wise, 6G will inherit much from 5G

Keep  
things that work well

### Waveform, coding, and modulation

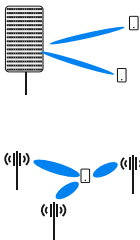
No major benefits seen from a radical change of waveform, coding, and modulation compared to 5G NR

- 3GPP should focus on areas with greater potential

### MIMO and multi-antenna features

6G MIMO will build on an evolved 5G MIMO framework

- Take learnings from 5G and avoid unnecessary/ not used flexibility/ complexity
- Massive MIMO becoming even more massive
  - cm-wave \* support for a significantly larger number of antenna elements
  - Support for different architectures (e.g. fully digital hybrid) and for flexible antenna design (e.g. low side-lobe arrays, multi-band antennas)
  - Unified PMI codebook for CSI reporting (e.g., avoid Type-I, Type-II, a Type-III...)
  - Make reciprocity (SRS) based CSI acquisition work in practice (address NR SRS implementation problems and faster/ flexible SRS over wide BW)
- Multi-TRP becoming interference-aware D-MIMO
  - Support more TRPs than in NR
    - Increased network deployment flexibility/ reduce signaling (e.g., QCL)
    - Leaner structure, no TRS, UE asynchronous SSB+DMRS bundles
  - Focus on DPS and CIT type solutions and target to maximize SINR instead of only SNR
- Lean, dynamic and energy efficient based MIMO design
  - Reduce reference signals and unnecessary transmissions, e.g. combine data reception with DM-RS based CSI measurement
  - Dedicated CSI-RS measurements and CSI reporting is seen as an "add-on" to FD-SCH based CSI
  - Natively support dynamically adaptation of number of active RF chains to reduce network energy consumption
  - CSI using [unified uplink reporting](#) (flexible and extensible report content with minimum spec effort)
- UL MIMO
  - Codebook based, non-coherent PUSCH
  - Low PAPR design (including DFT-s-OFDM for all PUSCH formats)



Change  
when motivated

### Scheduling and control signaling

Processing timeline – avoid scheduling complications from 5G's multiple timelines

- Long CSI reporting time, in-order scheduling of PUSCH
- Consistent CSI acquisition from CSI measurement timeline to avoid gap to MAC CE
- ( )
- ( )



### Unified mobility

Unified measurement framework (merge RRM- and L1-CSI measurements)

- Configuration of reference signals (CSI-RS, SSB...)
- Configuration of report formats, conditions/ triggers
- Measurement reports (see Unified Uplink Reporting)

Unified mobility mechanism

- Combine L3 + CHO + LTM into a single, unified mobility mechanism, i.e., ...
  - Different ways to switch the UE's set of reference signals (for sync, measurements, QCL)
  - Optionally, reset/ reestablish protocols, trigger RA...

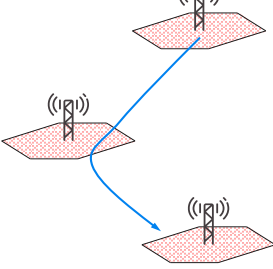
Discuss means to accelerate HO execution

- Keep critical parts of the UE configuration unchanged
- Indicating properties (tight sync of source and target; shared QCL properties, ...) if beneficial for the UE

Procedures, measurements and conditions ready for using mobility to provide resilience

Mobility measurements in idle and connected mode may use separate signals

- Example: I-SSB for idle mode and M-SSB for connected mode



Add  
functionality for new use cases

### Integrated sensing

To enhance network performance and create new end-user services



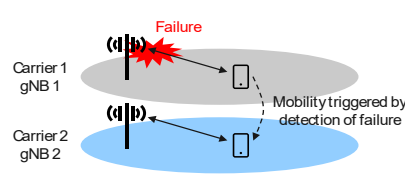
### Resilient communications

New business models and monetization opportunities based on service-level agreements require that CSPs assure high connectivity service availability. The necessary resiliency is realized by means of:

- Efficient and cost-effective redundancy to minimize the impact of failures
- Fast detection of failures and failover options

Resilient communications is enabled by 6G features for preventing and reducing service interruption time (e.g., due to link or functional failure):

- Improved [observability](#) including measurements and reports for failure detection, enabling proactive actions
- Robust [spectrum aggregation](#) providing alternative radio links (e.g., with minimal/ no PCell/ SCell distinction; CA from non-collocated RUs)
- [Multi-TRP](#) for spatial redundancy
- [Mobility and RLM procedures](#) allowing for handing over UEs from a failing carrier to a well-functioning one



# 6G Radio Access Network (RAN) focus areas

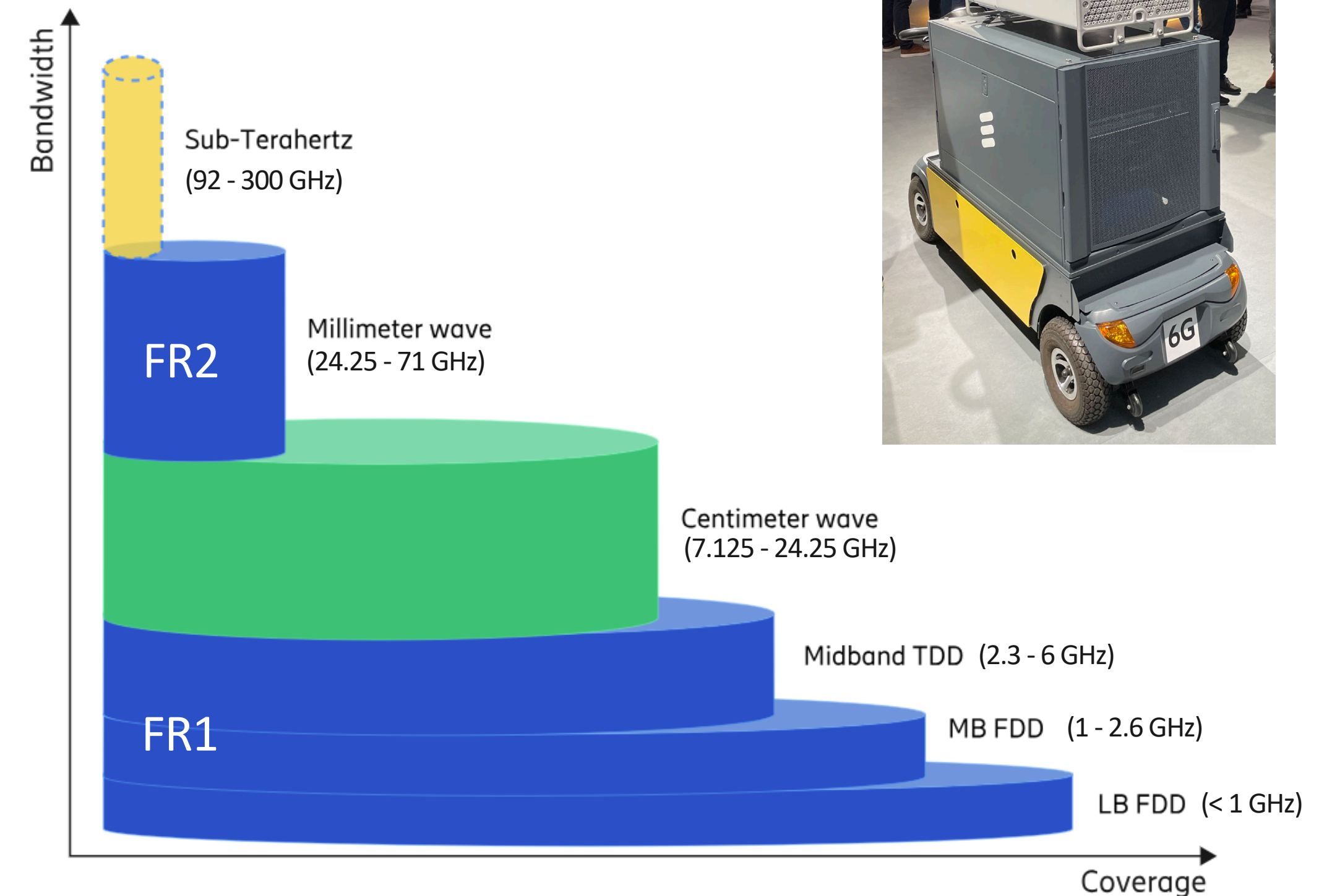


Opportunity for *large improvements*



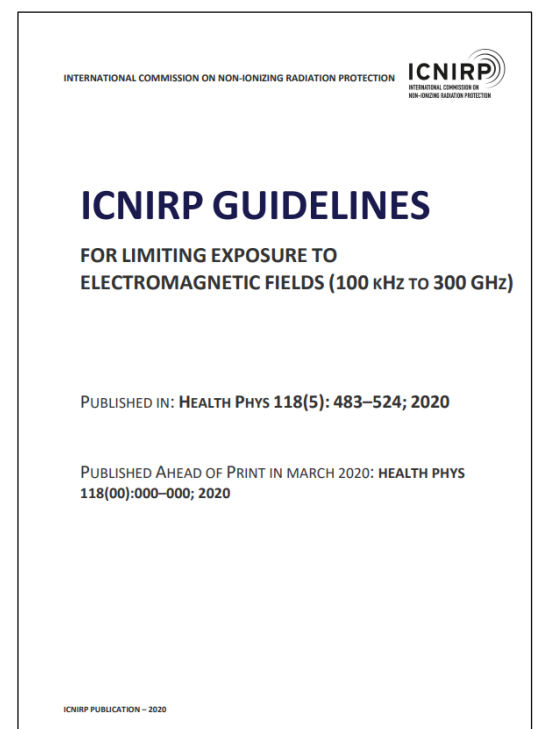
# Frequency bands for 6G

- All current frequency bands used for mobile networks
  - Frequency Range 1: “Sub-6 GHz”, 410 MHz - 7.125 GHz
  - Frequency Range 2: “Millimeter-wave”, 24.25 - 71 GHz
- New spectrum, currently not used by 3GPP systems
  - “Centimeter-wave” (“FR3”): 7.125 - 24.25 GHz – essential for 6G (main focus on lower part, 7.125 - 8.400 GHz)
  - “Sub-THz”: 92 - 300 GHz – possibly for later 6G releases (currently mainly academic interest)



International EMF assessment standards (e.g., IEC 62232:2025) cover the entire frequency range from 110 MHz to 300 GHz, i.e., all bands to be used by 6G networks.

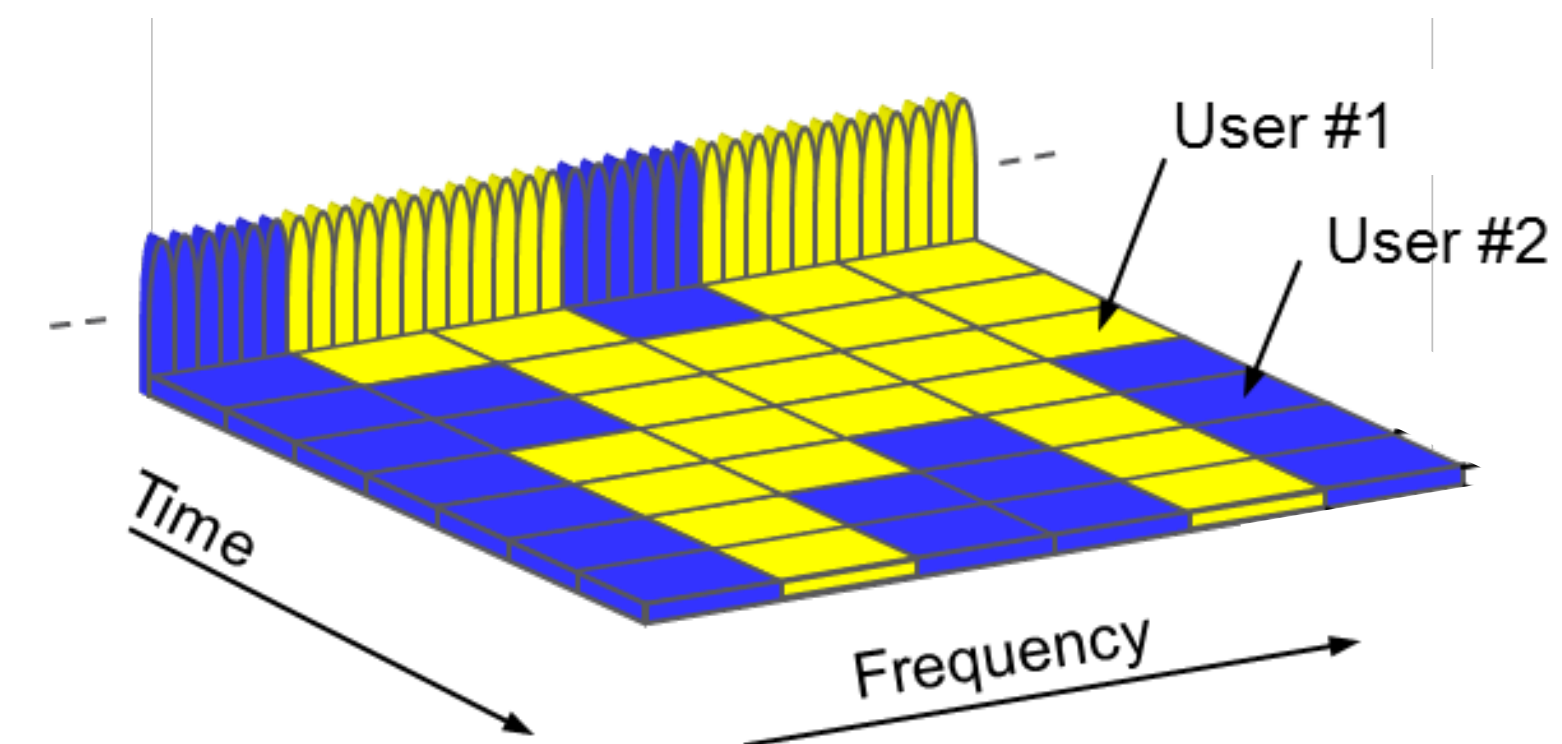
International EMF limits (ICNIRP, IEEE C95.1) are technology-neutral and cover all frequency bands.



# Waveform and modulation of radio signals



- The high spectral-efficiency modulation and multiplexing technique OFDM (Orthogonal Frequency Division Multiplexing) used in 5G (and 4G) will be the basis also for 6G
- The structure for transmitting and receiving signals in time and frequency (“numerology”) will probably be retained to allow efficient 5G/6G spectrum sharing
- The design of the periodically transmitted SSB (Synchronization Signal Block) used to extrapolate 5G EMF levels to the maximum may be evolved to further improve energy efficiency (SSB sent only when needed or with different periodicity during low traffic)

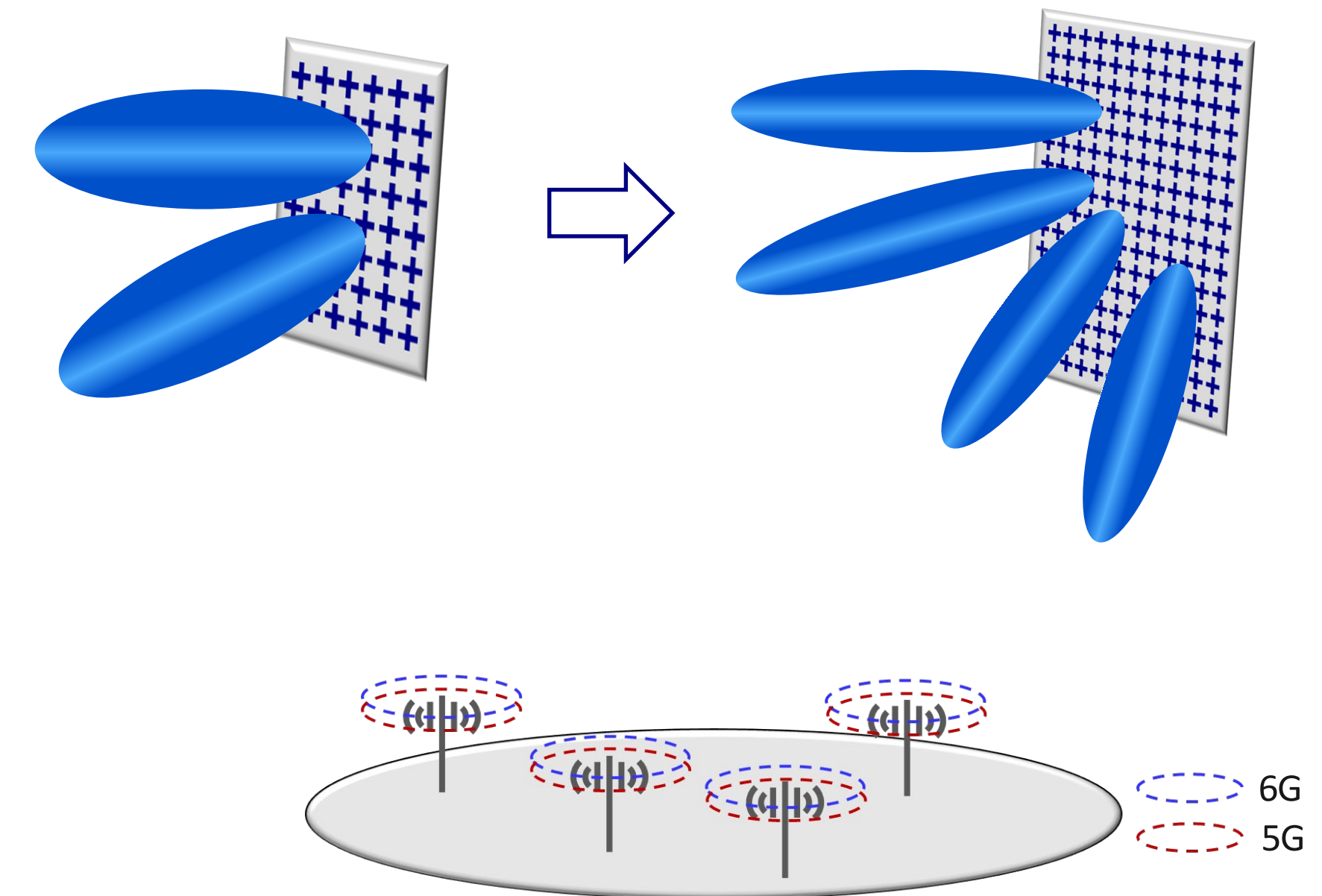


Expected minimal difference from 5G waveform means no expected EMF compliance methodology implications.  
New revision of IEC 62232 (edition 5) with any needed 6G considerations to be finalized before 2030.

# Multi-antenna transmission (massive MIMO)



- Large antenna arrays (larger area, more antenna elements) will be an essential component of 6G
- Will enable the use of centimeter-wave bands to boost capacity and data throughput
- Narrower beams with higher gain will allow centimeter-wave radio deployments on existing network sites



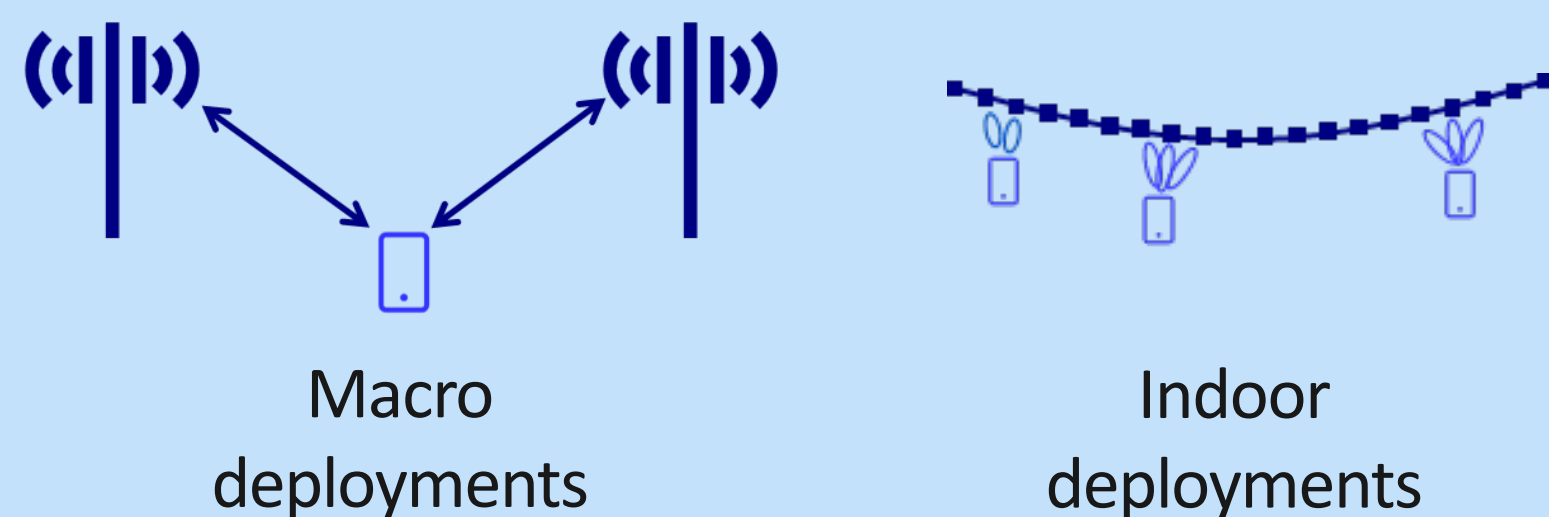
The maximum EMF exposure will be similar to that of 5G massive MIMO (midband) and with lower average levels.



# Other 6G capabilities

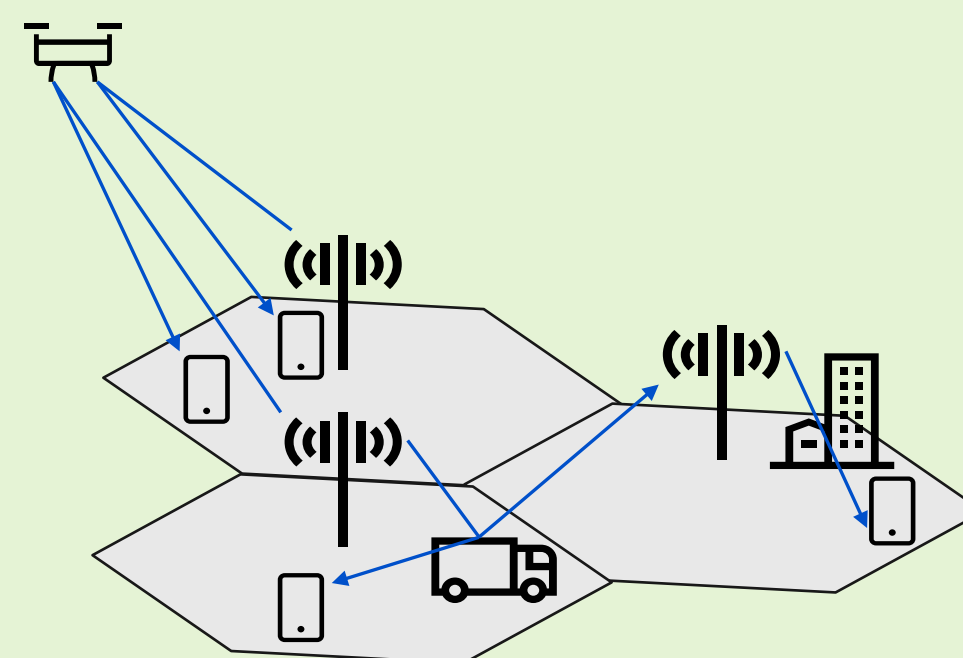


## Multi-point transmission (distributed MIMO)



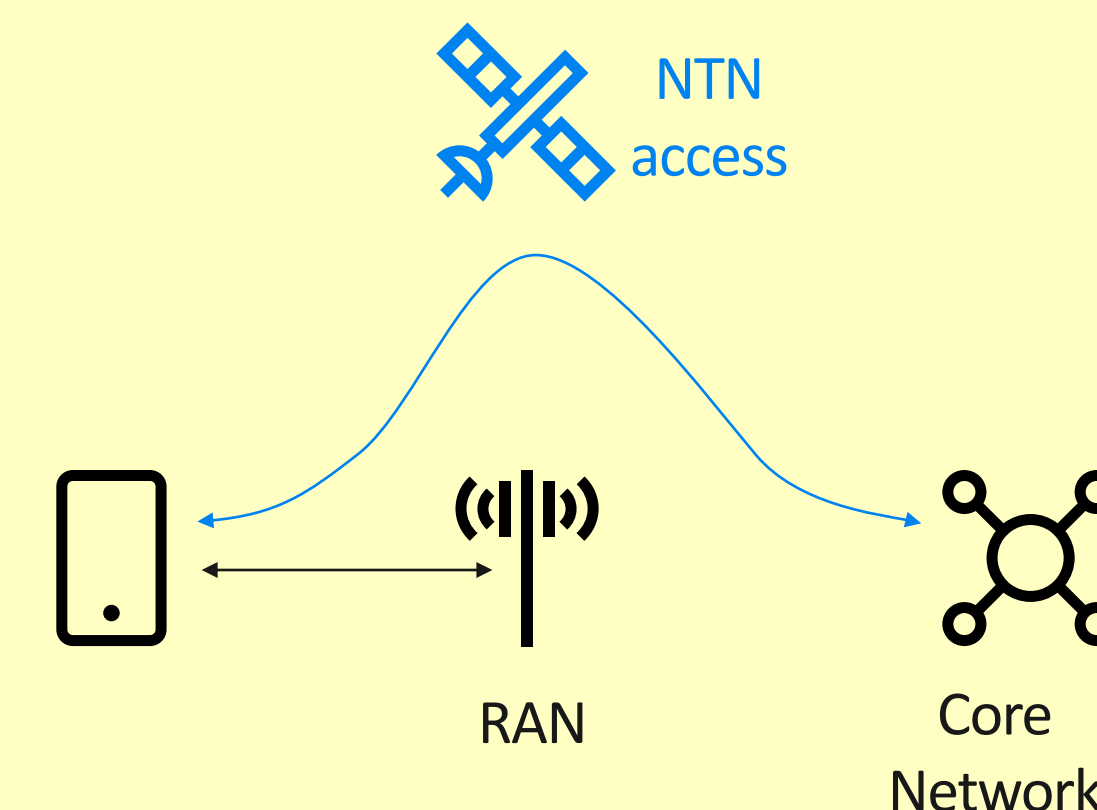
Coordinated and simultaneous transmission from multiple radio units

## Integrated Sensing and Communication (ISAC)



Spatial awareness also of unconnected objects

## Non-Terrestrial Networks (NTN)



Connectivity in remote regions (without GNSS) and resilience

No implication on EMF exposure due to low power (D-MIMO, ISAC) and large distance (NTN).  
Proactive and fact-based information may be needed to avoid misunderstandings and unnecessary concern.

# 6G performance potential – some early examples



## Energy efficiency

Up to **77%**

reduction in network energy consumption at low loads by reducing the transmission of always-on signals

Up to **35%**

reduction in modem energy consumption by wake-up signals and other power-saving mechanisms

## Capacity and throughput

Up to **+200%**

downlink capacity increase by adding cm-wave M-MIMO on the existing site grid

Up to **+25%**

uplink throughput by using AI native channel estimator

## Uplink performance

Up to **+56%**

experienced uplink data rates for small packets by redesigning and streamlining scheduling and control signaling

Up to **10X**

uplink throughput for cell-edge users at low load by selecting the frequency band independently for uplink and downlink

## New service opportunities

Up to **+23%**

positioning accuracy using AI-based positioning algorithms capable of learning and exploring the environment

**2-3m**

average error in ISAC drone tracking in horizontal location using a live test communication network

**5G-6G spectrum sharing with <3% overhead**



# Summary

- 6G standardization has started and commercial systems are expected around 2030
- 6G will be an evolution of 5G with much of the technology inherited
- Multi-antenna transmission (beamforming) will continue to be essential and will enable reusing the existing network grid for new centimeter wave frequency bands
- Technology neutral international EMF exposure guidelines (ICNIRP, IEEE C95.1) apply to 6G and cover all frequency bands
- International EMF compliance assessment standards (e.g., IEC 62232) largely apply to 6G and some additional considerations will be included in next edition
- Need for timely and fact-based information about 6G from national authorities and industry to address questions and avoid potential EMF concern







**ERICSSON**



# Summary and conclusions



**DI Manfred Ruttner**  
A1 Telekom Austria  
GSMA EMF and Health  
Deputy Chair



**Dr Jack Rowley**  
Senior Director,  
EMF & Deployment Policy  
GSMA